### NISTIR 7880-21

# NIST Micronutrients Measurement Quality Assurance Program Winter 2002 Comparability Studies

Results for Round Robin LI Fat-Soluble Vitamins and Carotenoids in Human Serum and Round Robin 16 Ascorbic Acid in Human Serum

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> > Lwpg 2013



""""U.S. Department of Commerce *Eco gt qp* "HOMgtt {. Acting Secretary

""National Institute of Standards and Technology ""Patrick D. Gallagher, Under Secretary of Commerce for Standards and Technology and Director (This page intentionally blank)

#### Abstract

The National Institute of Standards and Technology coordinates the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. This report describes the design of and results for the Winter 2002 MMQAP measurement comparability improvement studies: 1) Round Robin LI Fat-Soluble Vitamins and Carotenoids in Human Serum and 2) Round Robin 16 Total Ascorbic Acid in Human Serum. The materials for both studies were shipped to participants in January 2002; participants were requested to provide their measurement results by April 8, 2002.

#### **Keywords**

Human Serum Retinol, α-Tocopherol, γ-Tocopherol, Total and *Trans*-β-Carotene Total Ascorbic Acid

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#### Introduction

Beginning in 1988, the National Institute of Standards and Technology (NIST) has coordinated the Micronutrients Measurement Quality Assurance Program (MMQAP) for laboratories that measure fat- and water-soluble vitamins and carotenoids in human serum and plasma. The MMQAP provides participants with measurement comparability assessment through use of interlaboratory studies, Standard Reference Materials (SRMs) and control materials, and methods development and validation. Serum-based samples with assigned values for the target analytes (retinol, alpha-tocopherol, gamma/beta-tocopherol, *trans*- and total beta-carotene, and total ascorbic acid) and performance-evaluation standards are distributed by NIST to laboratories for analysis.

Participants use the methodology of their choice to determine analyte content in the control and study materials. Participants provide their data to NIST, where it is compiled and evaluated for trueness relative to the NIST value, within-laboratory precision, and concordance within the participant community. NIST provides the participants with a technical summary report concerning their performance for each exercise and suggestions for methods development and refinement. Participants who have concerns regarding their laboratory's performance are encouraged to consult with the MMQAP coordinators.

All MMQAP interlaboratory studies consist of individual units of batch-prepared samples that are distributed to each participant. For historical reasons these studies are referred to as "Round Robins". The MMQAP program and the nature of its studies are described elsewhere. [1,2]

#### Round Robin LI: Fat-Soluble Vitamins and Carotenoids in Human Serum

Participants in the MMQAP Fat-Soluble Vitamins and Carotenoids in Human Serum Round Robin LI comparability study (hereafter referred to as RR51) received four lyophilized and one liquid-frozen human serum test samples for analysis. Unless multiple vials were previously requested, participants received one vial of each serum. These sera were shipped on dry ice to participants in January 2002. The communication materials included in the sample shipment are provided in Appendix A.

Participants are requested to report values for all fat-soluble vitamin-related analytes that are of interest to their organizations. Not all participants report values for the target analytes, and many participants report values for non-target analytes.

The final report delivered to every participant in RR51 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of the overall results that may be of broad interest. This cover letter is reproduced as Appendix B.
- The "All-Lab Report" that lists all of the reported measurement results, a number of consensus statistics for analytes reported by more than one participant, and the mean median and pooled SD from any prior distributions of the serum. This report also provides a numerical "score card" for each participant's measurement comparability for the more commonly reported analytes. This report is reproduced as Appendix C.

• An "Individualized Report" that graphically analyzes each participant's results for all analytes reported by at least five participants. This report also provides a graphical summary of their measurement comparability. The graphical tools used in this report are described in detail elsewhere [3]. An example "Individualized Report" is reproduced as Appendix D.

#### Round Robin 16: Vitamin C in Human Serum

Participants in the MMQAP Vitamin C in Human Serum Round Robin 16 comparability study (hereafter referred to as RR16) received three frozen serum test samples and a solid ascorbic acid control material for analysis. Unless multiple vials were previously requested, participants received one vial of each material. These sample materials were shipped on dry ice to participants in January 2002. The communication materials included in the sample shipment are provided in Appendix E.

The test serum materials were prepared by adding equal volumes of 10 % metaphosphoric acid (MPA) to human serum that had been spiked with ascorbic acid. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, the participants report only total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid). Participants are also encouraged to prepare calibration solutions from the supplied solid control to enable calibrating their serum measurements to the same reference standard.

The final report delivered to every participant in RR16 consists of three documents:

- A cover letter for the current study, a brief description of the other two documents, and a discussion of our analysis of overall results that may be of broad interest. This cover letter is reproduced as Appendix F.
- The "All-Lab Report" that summarizes all of the reported measurement results and provides several consensus statistics. This report is reproduced as Appendix G.
- An "Individualized Report" that graphically analyzes each participant's results for TAA, including a graphical summary of their measurement comparability. The graphical tools used in this report are described in detail elsewhere [3]. An example "Individualized Report" is reproduced as Appendix H.

#### References

- 1 Duewer DL, Brown Thomas J, Kline MC, MacCrehan WA, Schaffer R, Sharpless KE, May WE, Crowell JA. NIST/NCI Micronutrients Measurement Quality Assurance Program: Measurement Repeatabilities and Reproducibilities for Fat-Soluble Vitamin-Related Compounds in Human Sera. Anal Chem 1997;69(7):1406-1413.
- 2 Margolis SA, Duewer DL. Measurement Of Ascorbic Acid in Human Plasma and Serum: Stability, Intralaboratory Repeatability, and Interlaboratory Reproducibility. Clin Chem 1996;42(8):1257-1262.
- 3 Duewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary KT, Sowell AL. Micronutrients Measurement Quality Assurance Program: Helping Participants Use Interlaboratory Comparison Exercise Results to Improve Their Long-Term Measurement Performance. Anal Chem 1999;71(9):1870-1878.

#### Appendix A. Shipping Package Inserts for RR51

The following three items were included in each package shipped to an RR51 participant:

- Cover letter
- Datasheet
- Packing List and Shipment Receipt Confirmation Form

The cover letter and datasheet were enclosed in a sealed waterproof bag along with the samples themselves. The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.



January 24, 2002



Dear Colleague:

Happy New Year! Enclosed is the set of samples for the first quality assurance round robin exercise (Round Robin LI) for 2002. You will find one vial of each of four lyophilized and one liquid-frozen serum samples for analysis along with a form for reporting your results. When reporting your results, please submit one value for each analyte for a given serum sample. If an obtained value is below your limit of quantitation, please indicate this result on the form by using NQ (*Not Quantified*). Results are due to NIST by **April 8, 2002**. Results received more than two weeks after the due date will not be included in the summary report for this round robin study. The feedback report concerning the study will be provided around mid-May.

Lyophilized samples should be reconstituted with 1.0 mL of HPLC-grade water or equivalent. We recommend that dissolution be facilitated with 3 to 5 min agitation in an ultrasonic bath or at least 30 min at room temperature with intermittent swirling. (CAUTION: Vigorous shaking will cause foaming and possibly interfere with accurate measurement. The rubber stopper contains phthalate esters that may leach into the sample upon intermittent contact of the liquid sample with the stopper. These esters absorb strongly in the UV region and elute near retinol in most LC systems creating analytical problems.) Pipette a known volume of serum from the vial for analysis. The final volume of the reconstituted sample is greater than 1.0 mL. Water should not be added to the liquid-frozen sample 279.

For consistency, we request that laboratories use the following absorptivities (E 1% cm): retinol, 1843 at 325 nm (ethanol); retinyl palmitate, 975 at 325 nm (ethanol);  $\alpha$ -tocopherol, 75.8 at 292 nm (ethanol);  $\gamma$ -tocopherol, 91.4 at 298 nm (ethanol);  $\alpha$ -carotene, 2800 at 444 nm (hexane);  $\beta$ -carotene, 2560 at 450 nm (ethanol), 2592 at 452 nm (hexane); lycopene, 3450 at 472 nm (hexane).

Please mail or fax your results for Round Robin LI to:

Micronutrients Measurement Quality Assurance Program NIST 100 Bureau Drive Stop 8392 Gaithersburg, MD 20899-8392 Fax: (301) 977-0685

To improve the efficiency of our program for next year, the **intent-to-participate forms for the 2003 QA Program will be mailed in May 2002**. Please return all forms by September 1, 2002. Laboratories will be invoiced for the 2003 program at the end of September 2002. Samples for the first fat-soluble vitamins/carotenoids and vitamin C in serum round robins will be shipped during the first week of November 2002. Please call me at (301) 975-3120; e-mail me at jbthomas@nist.gov; or mail/fax queries to the above address if you have any questions or comments.

Sincerely. 15 mas onnel

Jeanice Brown Thomas Research Chemist Analytical Chemistry Division Chemical Science and Technology Laboratory

Enclosures



Date:

#### Round Robin LI NIST Micronutrients Measurement Quality Assurance Program

Analyte	279	280	281	282	283	Units*
total retinol						
trans-retinol						
retinyl palmitate						
$\alpha$ -tocopherol						
γ/β-tocopherol						
δ-tocopherol						
total β-carotene						
trans-β-carotene						
total cis-β-carotene						
total $\alpha$ -carotene						
trans-α-carotene						
total lycopene						
trans-lycopene						
total β-cryptoxanthin						
total $\alpha$ -cryptoxanthin						
total lutein						
total zeaxanthin						
total lutein&zeaxanthin						
ubiquinone-10 (Q <sub>10</sub> )						
phylloquinone (K <sub>1</sub> )						
25-hydroxyvitamin D						
Other analytes?						

\* we prefer  $\mu$ g/mL

Was serum 279 frozen when received? Yes | No

Comments:

Fat-Soluble Vitamins Round Robin LI

NIST Micronutrients Measurement Quality Assurance Program

Packing List and Shipment Receipt Confirmation Form

This box contains (we hope) one vial each of the following **five** FSV M<sup>2</sup>QAP sera:

Serum	Form	Reconstitute?
#279	Liquid frozen	No
#280	Lyophilized	Yes (1 ml H <sub>2</sub> O)
#281	Lyophilized	Yes (1 ml H <sub>2</sub> O)
#282	Lyophilized	Yes (1 ml H <sub>2</sub> O)
#283	Lyophilized	Yes (1 ml $H_2O$ )

Please 1) Open the pack immediately

- 2) Check that it contains one vial each of the above samples
- 3) Check if serum #279 arrived frozen
- 4) Store the samples upright at -20 °C or below until analysis
- 5) Complete the following information
- 6) Fax the completed form to us at 301-977-0685 (or email requested information to david.duewer@nist.gov)

Date this shipment arrived: \_\_\_\_\_\_
 Are all five vials intact? Yes | No

- If "No", which one(s) were damaged?
- 3) Was there any dry-ice left in cooler? Yes | No
- 4) Did serum #279 arrive frozen? Yes | No
- 5) At what temperature are you storing the samples? \_\_\_\_\_°C
- 6) When do you anticipate analyzing these samples?

Your prompt return of this information will help control M<sup>2</sup>QAP expenses.

The M<sup>2</sup>QAP Gang

#### Appendix B. Final Report for RR51

The following three pages are the final report as provided to all participants:

- Cover letter.
- An information sheet that:
  - o describes the contents of the "All-Lab" report,
  - o describes the content of the "Individualized" report,
  - describes the nature of the test samples and details their previous distributions, if any, and
  - summarizes aspects of the study that we believe may be of interest to the participants.



May 21, 2002

Dear Colleague:

Enclosed is the summary report of the results for Round Robin LI (RR 51) for fat-soluble vitamins and carotenoids. Included in this report are: a summary of data for all laboratories; the measurement comparability summary for evaluating laboratory performance; lyophilized vs. fresh-frozen commutability data, a summary of individual laboratory performance and interlaboratory accuracy and precision; and a summary of the NIST assigned value (NAV) vs. your laboratory value for the analytes that you measured. As in previous reports, the NIST-assigned values are equally weighted means of the medians from this interlaboratory comparison exercise and the means from the analyses performed by NIST.

UNITED STATES DEPARTMENT OF COMMERCE National Institute of Standards and Technology

Gaithersburg, Maryland 20899-0001

Data for evaluating laboratory performance in RR 51 are provided in the comparability summary (Score Card) on page 5 of the "All Lab Report." Laboratory comparability is summarized as follows: results rated 1 to 3 are within 1 to 3 standard deviation(s) of the assigned value, respectively; those rated 4 are >3 standard deviations from the assigned value.

If you have concerns regarding your laboratory's performance, we suggest that you obtain and analyze a unit of SRM 968c, Fat-Soluble Vitamins, Carotenoids, and Cholesterol in Human Serum. If your measured values do not agree with the certified values, we suggest that you contact us for consultation.

Intent-to-participate forms for the 2003 QA program will be mailed in about two weeks. This form will provide us with formal notification of your intent to participate in the program for the upcoming year. The program will consist of two round robin studies for the fat-soluble vitamins and carotenoids and one study for vitamin C in serum. To participate in the fat-soluble vitamins and carotenoids in serum studies, the participation fee is \$1600 for U.S. laboratories and \$2000 for non-U.S. laboratories. To participate in the vitamin C in serum study, the participation fee is \$800 for U.S. laboratories and \$1000 for non-U.S. laboratories. We ask that you return the form to us by **no later than September 1, 2002.** 

Shipping has become more difficult post September 11, 2001. It is important that you carefully inspect all samples on arrival and that you **promptly** confirm that they have arrived and that they have remained frozen. While we can (and do) determine the date of receipt (and the signature of the signee) of shipments when we don't receive direct confirmation, this costs us significant time and effort. We will now replace lost or damaged samples *only* for participants who have **promptly** reported the difficulty.

Samples for the next round robin (RR52) will be distributed during the week of June 10, 2002. We will send you a reminder via e-mail or fax a week prior to shipment. Please notify us, preferably before the week of June 10, if you have special shipping instructions.

If you have any questions regarding this report, please contact David Duewer at 301/975-3935; e-mail: david.duewer@nist.gov, pr me at 301/975-3120; e-mail: jbthomas@nist.gov; fax: 301/977-0685.

Sincerely. MA/

Jeanice Brown Thomas Research Chemist Analytical Chemistry Division Chemical Science and Technology Laboratory

cc: L.C. Sander S.A. Wise



The NIST M<sup>2</sup>QAP Round Robin LI (RR51) report consists of:

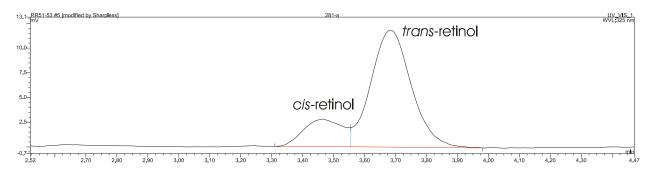
Page	"Individualized" Report
1	Your values, the number of labs reporting values, and our assigned values.
2 to n	"Four Plot" summaries of your current and past measurement performance, one page for each analyte you report that is also reported by at least 10 other participants.
n+1	The "target" plot version of your "Comparability Summary" scores.
Page	"All Lab" Report
	"All Lab" Report A listing of all results and statistics for analytes reported by at least two laboratories.

Samples. The five sera below were distributed in RR51.

Serum	Description	Prior Distributions
	Liquid-frozen native serum; partner to lyophilized serum 282.	#271 in RR49 (3/01), #275 in RR50 (9/01)
280	Lyophilized blended serum with native carotenoid levels, augmented with retinol and γ-tocopherol; SRM 968c level-I.	#248 in RR44 (9/98), #258 in RR46 (6/99), #263 in RR47 (5/00)
281	Lyophilized native serum apparently augmented with 13- <i>cis</i> - enriched "retinol".	#293 in RR30 (3/94), #254 in RR45 (3/99), #255 in RR46 (6/99), #269 in RR49 (3/01)
	Lyophilized native serum; partner to liquid- frozen serum 279.	#266 in RR48 (9/00), #277 in RR50 (9/01)
	Lyophilized native serum augmented with retinyl palmitate.	#181 in RR28 (6/93), #222 in RR37 (6/96), #243 in RR43 (6/98)

#### Observations

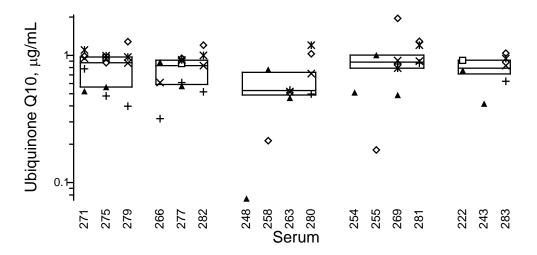
- 1) As in earlier distributions of these materials, several participants noted the presence an "insoluble stringy clot" in Serum 279 and/or 282. These solids do not appear to influence measurement performance.
- Sera Stability. There has been no significant change in the median level or in the variability of any measurand in any of the five sera. The oldest serum distributed in RR 51 was produced in early 1993. All of these materials have been continuously stored -80 °C.
- 3) <u>Total versus *trans*-retinol.</u> Serum 281 has an unusually high level of *cis*-retinol, roughly 20% of the total retinol. The following is the relevant section of one of Kathy Sharpless's recent chromatograms, using a Bakerbond<sup>TM</sup> C<sub>18</sub> column and method "B" described in the SRM 968c Certificate of Analysis (http://srmcatalog.nist.gov/srmcatalog/certificates/968c.pdf). Based upon the retention time of exemplar compounds, the leading peak appears to be entirely 13-*cis*-retinol.



We strongly urge all of you who report "retinol" to carefully evaluate the relevant sections of your chromatograms for serum #281. If you report *trans*-retinol and did not resolve the *cis*-retinol peak reasonably well, you should either confirm that your system is capable of identifying the *trans*-isomer in the presence of known 13-*cis* or you should consider reporting "total retinol." If you report "total retinol" and at least partially resolve the 13-*cis* peak but did not include its area, you should modify your integration parameters or consider reporting "*trans*-retinol."

We have prepared a series of sera with known high levels of 13-*cis*-retinol for future distribution. At least one of them will be distributed in the next round robin (RR 52).

4) <u>Ubiquinone (Coenzyme Q10)</u>. While too few participants routinely report "ubiquinone" to enable regular feedback on measurement performance, there are enough historical data for the sera distributed in RR 51 to address several issues. The following Figure presents all available participant data for all of the distributions of the sera and summarizes the expected distributions as box-plots. Each symbol type represents values reported by a particular participant.



Are participants reporting the same measurand? Probably not. Coenzyme Q10 (CoQ10) is the sum of reduced (ubiquinol, QH2) and oxidized forms (ubiquinone, Qox). There appear to be fairly consistent among-participants biases which may in part arise from differing definitions of what's being measured. Starting with RR 52, the Report form will list all three forms.

Are the "Ubiquinone" measurands stable in the M<sup>2</sup>QAP sera? Probably. The best evidence is provided by the {liquid frozen (271, 275, 279), lyophilized (266, 277, 282)} pairs: for most participants, the levels in these two materials have been nearly equal. Additionally, the values reported by about half of the participants reporting this measurand appear pretty consistent over time.

#### Appendix C. "All-Lab Report" for RR51

The following six pages are the "All-Lab Report" as provided to all participants, with two exceptions:

- the participant identifiers (Lab) have been altered.
- the order in which the participant results are listed has been altered.

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories. The only attributed results are those reported by NIST. The NIST results are not used in the assessment of the consensus summary results of the study.

Round Robin LI Laboratory Results All Results in µg/mL

	~								8						13			000	2		62				S C	9 <u>6</u> 8	97 46		5 tł	57	- I	20		0 8
	283		pu			pu Pu			§ 0.548						9 0.213			0.310			3 0.179					0.213 0.213			9 0.045	9 0.167		9 0.0167 9 0.010		9 0.190 2 0.103
2	282		pu			pu			0.966						0.229			0.120			0.148					0.148			0.129	0.129			0.032	
ñ-Toconhem	281	i	pu			0.233 0.237			0.993						0.586			0.350			0.565				7	0.380	0.209	6000	0.205	0.395	2 22	0.395	0.012	0.387 0.387 0.209
r k	280		pu			pu			0.790						0.215			0.140	5		0.180				0110	0.180	0.056	7	0.051	0.127	2 10	0.127	0.023	0.154
	279		pu			0.049 nd			0.739						0.193			0.120	2		0.160				9000	0.140	0.059	7	0.1.30	0.125	2 2	0.009	0.030	0.133
	283	2.36 2.16	2.50 2.20 2.51 2.51	2.17 2.51		1.75 1.74			1.61	2.31 2.20	2.29	00.2	2.68		2.33	2.30 2.33	2.23	2.08 2.36	2		2.17 1.93	2		1.80	25 1 61	2.29 2.29	0.15	53	2.31 0.28	2.62 2.23	5 5	2.43 0.08	0.28	0.30 0.30
Pro	282	1.87	1.60 1.80 1.93	1.87 1.88		1.30 1.42			1.43	1.64 1.7	1.88	70.1	2.14		1.91	1.70 1.74	2.17	1.76 1 89	2		1.78 2.08	2		1.40	25 1 20	1.80	0.14	27 27	0.13	2.13 1.80	4 0	1.96 0.10	0.13 0.23	0.20 1.88 0.31
v/R-Toconherol	281	6.16 5.64	6.70 5.60 6.59 6.58			4.45 4.75					6.94 5 75		6.38		6.02	7.00 6.37		5.97 6.23			6.21 7.06			4.70	25 1.15	6.16 7.06	0.70		0.53	6.40 5.66			0.10	
-//B		3.89 3.64	4.30 3.70 4.24 4.15			3.08 3.11					4.00		4.10		3.81		4.08	3.99			3.87 3.14			3.10	25 277		0.33		3.85 0.35	3.86 3.58			0.08	
		1.96	2.10 1.80 1.90 2.09			1.50 1.47					2.11	00.1	2.08		2.15		2.16	2.07			1.85			1.60		1.97	0.21		0.14	2.13 1.86	J	2.00	0.13	0.25 0.25
	283		6.20 7.40 6.90 7.46 7.25							7.98 7.64		-			6.42			7.37			7.51 8.18			7.90 6.50 7.68		7.29 8.50			cn.7	7.19 6.80		6.99 0.30	0.28	
Pro	282		5.50 6.30 6.77 6.77 6.86															7.46						7.10 6.10					o./o	7.29 6.82			0.17 0.33	
a-Toconherol	281	27.36 27.11	23.60 27.40 26.80 28.51 27.53	28.04 29.16	27.26 27.61 29.20	23.32 24.00	28.60 28.10	28.50 27.83	22.31	24.53 26.93	30.64	24.36	26.95 30.27	25.84	24.50	32.40 29.53	27.38 30.10	23.14 23.14 28.73	18.20		27.00	25.26	27.65	30.10 22.50	44 18 20	27.37	2.64	46	2.26	26.64 27.24	4	26.94 0.81	1.26 0.43	27.16 2.66
č	280	7.39	6.40 8.00 7.40 7.79 7.79	7.58 7.91 7.45	7.99	6.74 6.78 7.70	7.56	7.90 7.55	6.22	7.71 7.71	7.80	7.11	7.78 7.84	7.31 8.10	6.43	7.10 8.37	8.15 8.50	8.22 7.93	7.30		8.20 8.68	7.09	8.10 7.75	7.80 6.80	1.5 44 7 7	7.77	0.45 6	, 48 48	0.74 0.74	7.25 7.30	4 [	1.27 0.12	0.08	0.13 7.52 0.72
	279	7.15	6.50 7.40 6.95 7.25	7.34 7.52	6.80 8.01 7.20	6.05 5.70	6.40 6.56	7.30 6.80	5.61	6.48 7.28	7.71 6 70	7.03	7.32 7.62	6.61 7 00	0.66	7.20 8.71	7.59 8.30	7.38	5.80		7.55	7.15	2C.0	8.40 6.30	5 64 7 64	7.18 7.18	0.65	45	0.61	7.20 7.26	4 0	1.23 0.26	0.23	7.20 0.66
	283	0.106	0.087	0.122 0.147		0.059 0.080			0.102		0.115		0.100			0.110		0.140	0000		0.062				14	0.101	0.021	12	0.028 0.028					0.101 0.029
Ig/ITIL	282	0.057	0.058	<i>nd</i> 0.049		0.039 0.040			0.050		0.059		0.038			0.050		0.110			0.031				13	0.050	0.012	4 4 6	0.011					0.050
Results In µg/ Retinvl Palmitate	281	m 0	0.032	bu		0.008			0.017		0.030		0.010			0.030		0.050			0.007						0.015		0.035					0.024 0.017
All Kesults In µg/ml Retinvl Palmitate	80	0.040 (0.029 (	0.029 (	bu pu		0.024 0.026			0.018		0.035 (		0.031			0.040		0.082			0.019 (					0.029 0			0.012					0.029 (0.018 (
Z		0.060 0	0.063 0	nd 0.035		0.038 0			0.044 0		0.066 0		0.052 0			0.060 0		0.068 0			0.039 0					0.052 0			0 014 0					0.052 0 0.021 0
	F		0.0					0.493	0.0		0.0	0.5	0.480			0		0.0		0.447	0.369 0.1			000		0.480 0.1			00	0.474 0.464	2	0.469 0.013	0.007	
	2 283																							10				0 0 1	0.035 0.035					
pol	282							0 0.449			007.0		0 0.440					0 0 382		2 0.401	8 0.343			c			1 0.040 8			8 0.499 2 0.453			10007 10032	
trans-Retino	281	2						3 1.020			cr0 0		0.950					0.940		0.782	3 0.838			1 200			0.071		0.098	3 0.838 0.752		0.028		
f	280							0.878			100	0.00.0	0.840					0 779	5	0.700	0.808					0.835		10	0.046	0.858 0.847	4	0.019	0.010	
	279	i						0.466			0.460	0000	0.450					0390		0.477	0.394			010	7	0.450	0.037	0 0 0	0.031	0.481 0.477	4	0.479	0.008	0.0465 0.042
	283	0.494 0.447	0.506 0.530 0.450 0.558 0.434	0.480 0.437	0.4/4 0.460 0.488	0.479 0.477	0.390	0.506	0.500	0.502 0.532	0.475	0.431	~0.480 0.516	0.491	0.516	0.440 0.364	0 520	0.430	0.510	>0.447 0.446	×0.369	0.470	0.480	0.557	38 38 38	0.484	0.050	46	0.051	0.474 0.490	2	0.482	0.011	0.050
	282	452 419	0.469 0.410 0.440 0.480		423 490 475	416		0.486			0.443				0.506			0.460		>0.401 0.414				0.516 0.370				45	0.045	0.499 0.458	4	0.478	0.007	0.049
Setinol		32	983 220 000 923	140 046		1.028		1.235 ( >1.020 >(			0.853 (		>0.950 >( 1.218 (					0.920 20 20 20 20 20 20 20 20 20 20 20 20 2		>0.782 >(		1.070		0.850					0.104	1.065 ( 0.919 (		992 038		
Total Retino																								0.956 1. 0.720 0.					0.058 0.0	0.858 1. 0.878 0.			0.009 0.	
	280		11 0.871 10 0.980 30 0.810 58 0.897 50 0.807					0.929 0.929 56 >0.878			0.905				98 0.879			30 0.910 30 0.910		77 >0.700 27 0.819		70 0.840												
	279		0.511 0.510 0.510 0.430 0.458		0.520			0.509 0.509 x >0.466					0.496			0.354		0.530		0.427 0.427				0.553					t 0.0470 t 0.042	a 0.481 0.477			0.008	
	Lab	FSV-BA FSV-BB	FSV-BD FSV-BE FSV-BF FSV-BG FSV-BG	FSV-BI FSV-BJ	FSV-BL FSV-BL FSV-BM	FSV-BN -SV-BNa	FSV-BD	FSV-BQ FSV-BR	FSV-BS FSV-BT	FSV-BU FSV-BV	FSV-BW	FSV-CB	FSV-CC FSV-CD	FSV-CE	FSV-CG	FSV-CL	FSV-CP	FSV-CV	FSV-CZ	FSV-DD FSV-DF	FSV-DO	FSV-DR	FSV-DW	FSV-EC		Median	85	Npast	Medianpast SDpast	NISTa NISTb	NNIST	Nean Srep	Shet	
						-												_										2	≥́					

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	trans-α-Carotene 280 281 282 283				nd 0.016 0.006				0.015 0.032 0.013				1 2 2 0.016 0.006 0.015 0.024 0.010		0 0 0	0.008 0.026 0.009 2 2 1 0.008 0.026 0.009	0.001	0.002 0.002
	trans-α- 280 2				0.002				0.016 0.				0.002 0.009 0.009	91.0.1	0	0.013 0. 2 0.013 0.		0.003
	279 3				0.018 0				0.028 0				0.018 0 0.023 0		0			0.001 0
	283	0.011	0.010 0.016 0.016 0.012 0.013	0.010 0.009 0.013 <i>nd</i>	>0.006 0.014 0.014 0.011	<i>nd</i> 0.022 0.010	0.013	0.015 0.028 0.009	0.031	0.018	0.007	0.008	23 0.007 0.013	0.004 30	20 0.016 0.005	0.009 1 0.009	0.000	0.011 0.006
	ne 282	0.026	0.031 0.032 0.033 0.032 0.035	0.028 0.028 0.031 0.032		0.025 0.032 0.022	0.035	0.028 0.050 0.019	0.007 >0.032	0.028	0.020	0.021	25 0.007 0.028	0.006 0.006 20	28 0.030 0.008	0.030 2 0.030	0.001	0.002 0.029 0.009
	α-Carotene 281 28	0.010	0.015 0.021 0.014 0.018 0.018	0.008 0.007 0.022 <i>nd</i>	<i>nq</i> 0.011 0.012 0.010	<i>nd</i> 0.018 0.008	0.013	0.014 0.071 0.010	0.037 >0.015	0.054	0.008	0.006	23 0.006 0.013	0.006 45	25 0.013 0.005	0.012 2 0.012	0.004	0.004 0.013 0.006
	280 280	0.013	0.019 0.021 0.018 0.018 0.018	0.013 0.012 0.026 0.017	>0.002 0.012 0.015 0.014	0.009 0.019 0.010	0.016	0.015 0.036 0.013	0.019 >0.016	0.031	0.009	0.013	25 0.009 0.016	0.036 0.004 28	27 0.016 0.004	0.013 2 0.013	0.003	0.003 0.015 0.006
	279	0.028	0.035 0.030 0.038 0.038 0.034 0.033	0.030 0.028 0.032 0.033	>0.018 0.023 0.027 0.026	0.023 0.033 0.024	0.032	0.030 0.041 0.024	0.010 >0.028	0.083	0.023	0.026	25 0.010 0.030	0.083 0.005 18	26 0.030 0.009	0.029 2 0.029	0.001	0.004 0.030 0.010
_	283	0.004	nd	0.003	0.008			0.008	0.005		0.005	pu	0.001 0.004	0.008 39 39	7 0.006 0.004	pu		
	ne 282	0.018	0.029	0.024 0.032	0.021			0.026	0.024		0.010	0.040	10 0.010 0.024	0.006 0.006 26	10 0.023 0.009	0.029		0.024 0.008
in µg/mL	l otal cis-β-Carotene 30 281 28	0.026	0.042	0.038 0.055	0.028			0.046	0.033		0.031	0.048	10 0.026 0.036	0.011 32	10 0.036 0.022	0.049		0.036 0.013
All Results in µg/mL	1 otal cis 280	0.010	0.020	0.005 0.021	0.012			0.019	0.014		0.011	0.028	10 0.005 0.013	0.007 53	9 0.015 0.007	0.010		0.013 0.007
	279	0.018 0.018	0.027	0.025	0.021			0.026	0.018		0.020	0.037	10 0.015 0.021	0.006 0.006 27	10 0.024 0.006	0.028		0.021 0.007
		0.068	0.075	0.068 0.066	0.050 0.054	0.075		0.065 0.078	0.065	0.025	0.054 0.037	0.060	15 0.025 0.065		10 0.076 0.009		0.001	0.068
	282	0.293	0.332	0.303 0.320	0.293 0.225	0.316		0.275 0.327	0.313	0.254	0.290 0.154		15 0.154 0.294		15 0.294 0.032			0.012 0.319 0.047
	trans-b-Carotene 80 281 28	00	0.358	0.327 0.328	0.303	0.326		0.303 0.503	0.316	0.284	0.340 0.178		15 0.178 0.309		14 0.322 0.040	0.348 2 0.348		0.003 0.330 0.042
	0		0.184	0.169 0.165	0.143 0.105	0.162		0.142 0.182	0.163	0.139	0.170 0.089			0.184 0.018 12	15 0.164 0.017			0.009 0.164 0.020
	279	0.317	0.353	0.329 0.318	0.305	0.315		0.307 0.309	0.314	0.266	0.320 0.231		15 0.231 0.310		14 0.315 0.028			0.008 0.338 0.050
	283		0.080 0.066 0.075 0.075 0.075 0.075	0.069 0.069 0.075 0.156	>0.050 0.061 0.078 0.075	0.072 >0.075 0.070	0.056	0.074 >0.078 0.060	0.070 0.070 0.120	>0.025	0.130 >0.054 0.043 0.059	0.070 0.060	30 0.043 0.070	0.007 0.007 01	31 0.079 0.016	0.078 0.070 2 0.074	0.005	0.007 0.072 0.014
	sne 282	0.312 0.314	0.380 0.367 0.361 0.361 0.364 0.364 0.363	0.327 0.352 0.359 0.352	>0.293 0.246 0.336 0.323	0.305 >0.316 0.303	0.268 0.303	0.301 >0.327 0.252	0.300 0.337 0.300	>0.254 0.382	0.330 >0.290 0.164 0.272	0.310 0.334	30 0.164 0.325	0.382 0.034 11	32 0.319 0.056	0.388 0.373 4 0.380	0.014 0.015 0.011	0.023 0.353 0.061
	1 b-Carote 281	0.161 0.327 0.312 0.163 0.335 0.314	0.420 0.395 0.359 0.400 0.400 0.410	0.365 0.383 0.366 0.370	>0.303 0.253 0.357 0.373	0.371 >0.326 0.324	0.354 0.327	0.349 >0.503 0.311	0.410 0.349 0.300	>0.284 0.413	0.330 >0.340 0.209 0.290	0.330 0.357	30 0.209 0.357	0.420 0.039 11	34 0.368 0.043	0.389 0.397 4 0.393	0.016 0.008 0.006	0.019 0.375 0.057
	1 ota 280	0.161	0.210 0.171 0.186 0.204 0.201 0.192	0.174 0.186 0.167 0.166	>0.143 0.117 0.173 0.189	0.168 >0.162 0.153	0.153 0.167	0.161 >0.182 0.149	0.170 0.177 0.190	>0.139 0.197	0.170 >0.170 0.100 0.147	0.160 0.181	30 0.100 0.170	0.210 0.019 11	31 0.174 0.023	0.172 0.181 4 0.177	0.016 0.004 0.006	0.017 0.173 0.027
	279	0.335	0.410 0.402 0.335 0.380 0.401 0.401	0.354 0.333 0.347 0.338	>0.305 0.260 0.364 0.351	354 315 337	0.266 0.331	0.333 >0.309 0.263	0.390 0.332 0.290		0.380 >0.320 0.251 0.309				32 0.351 0.040	0.376 0.393 4 0.384	0.014 0.013 0.011	0.022 0.361 0.059
	Lab	FSV-BA FSV-BB	FSV-BE FSV-BE FSV-BE FSV-BE FSV-BU FSV-BK FSV-BK	FSV-BM FSV-BN FSV-BNa FSV-BNa FSV-BD FSV-BD	FSV-BS FSV-BS FSV-BU FSV-BU FSV-BU	FSV-BX FSV-BX FSV-CB	FSV-CE FSV-CE	FSV-CG FSV-CG FSV-CL	FSV-CP FSV-CR FSV-CV FSV-CW FSV-CZ FSV-CZ	FSV-DI FSV-DI FSV-DQ	FSV-DK FSV-DU FSV-DW FSV-EQ	FSV-ET FSV-FB	N Min Median	SD SD C	Npast Medianpast SDpast	NISTA NISTb NNIST Mean	Srep Shet Sanl	SNIST NAV NAU

Round Robin LI Laboratory Results All Results in ug/mL

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	283									0.058			1 0.058	0	0.070	1 0.070 0.009	,	
	282									0.071 0			1 0.071 0	0	0.084 0			0.002
	trans-Lutein 281									0.048 C			1 0.048 C	0	0.067 0			0.007 0
	tran: 280									0.048 0.048			0.048	0		0.042 0.011 0.011		0.013 0
	279									0.074 0			1 0.074 0	0	0.085 0	2 0.085 0.007 0		0.010
	283	0.079	0.099 0.065 0.091 0.080	0.062 0.072 0.058	0.062	0.083 0.089		0.099	0.003	>0.058	0.120 0.089	0.075	0.071 18 0.058 0.079 0.120 0.018	12 0.077 0.016	0.080	3 0.058 0.004		_
	282	9	0.101 0.078 0.103 0.088	0.078 0.078 0.074	0.063 0.095	0.089 0.084		0.099		>0.071 >	0.139 0.085	0.074	0.082 18 0.062 0.085 0.139 0.012 14	15 0.085 0.013	0.107 >0.084 >	4 0.096 0.004		
	I otal Lutein 281 2	63	0.086 0.086 0.051 0.051 0.071 0.072 0.077 0.072 0.077	0.054 (0.049 (0.046 (0.0	0.052 (0.069 (	0.058 (		0.079		>0.048 >0	0.117 0.064 0	0.074 (	0.060 18 0.046 0.063 0.012 0.012 0.012		0.075 (>>0.067 >(		0.003	
l		4	0.066 0 0.045 0 0.069 0 0.076 0	0.056 0 0.057 0 0.037 0	0.036 0 0.087 0	0.054 0 0.052 0		0.082 0		>0.048 >0	0.110 0 0.047 0	0.058 0	0.060 0 18 0.036 0 0.057 0 0.110 0 0.015 0		0.064 0 >0.042 >0	4 0.054 0 0.008 0		
	280		0.098 0.0 0.083 0.0 0.110 0.0	0.083 0. 0.091 0. 0.076 0.		0.088 0.		0.112 0.			0.137 0.0	0.079 0.						
	279		0.0	0.00	7 0.048	0.0		0.0		0 >0.074	0.0	0.0			0.105 >0.085	0.0	0.0	0.016
	ر 283	-		pu nd	8 0.037				4 0.026	0 0.020			0.02 0.03 0.03	6 7 5 0.035 5 0.007	5 nd	ر مر		
	l otal α-Cryptoxanthin 280 281 282	-		nd nd	4 0.028				3 0.024	0.020			0.02 0.02 0.02	5 6 9 0.025 0 0.005	0 0.035	0.002 0.002		
	a-Crypt 281	-		pu	9 0.024				0.013	0.015			0.01 0.02	5 5 0.019 5 0.010	8 0.020	0.003		
:	1 otal 280	-		pu	0.029				0.017	0.017			4 0.017 0.029	5 0.022 0.006	0.028	1 0.028		
g/mL	279	_		0.016 nd	0.034				0.028	0.022			5 0.016 0.023 0.034 0.004	5 0.026 0.005	0.029	1 0.029 0.000		9000
Results in µg/ml	283	0.052	0.040 0.078 0.088 0.051 0.045	0.032 0.037 0.050 0.063	0.040 0.080 0.051 0.043	0.054	0.055	0.052	0.051	0.054	0.053	0.078 0.059	0.047 25 0.032 0.052 0.088 0.088 0.009	19 0.066 0.016	0.061	2 0.058 0.003	0.003	0.005
Resul	anthin 282	0.059	0.044 0.063 0.070 0.053 0.053	0.030 0.035 0.048 0.059	0.035 0.067 0.042 0.039	0.048 0.047	0.047	0.045	0.047	0.049	0.048	0.046 0.050	0.045 25 0.030 0.047 0.047 0.004 0.004 0.004	27 0.053 0.011	0.068	4 0.062 0.003	0.009	0.009
All	otal 5-Cryptoxanthin 280 281 282	0.037	0.037 0.049 0.060 0.037 0.037	0.014 0.015 0.037 0.046	0.035 0.056 0.032 0.030	0.036 0.036	0.039	0.037	0.034	0.042	0.040	0.061 0.048	0.031 25 0.014 0.037 0.061 0.007	25 0.043 0.009	nq 0.039	2 0.039 0.003	0.001	0.003
	1 otal 5- 280	0 0	0.068 0.095 0.104 0.080 0.071	0.062 0.063 0.065 0.073	0.047 0.092 0.066 0.065	0.068 0.069	0.058	0.059	0.071	0.070	0.076	0.087 0.074	0.065 25 0.047 0.069 0.104 0.008	27 0.075 0.014	0.077 0.064	4 0.071 0.007	0.003	0.012
	279	m <del>-</del>	0.051 0.066 0.074 0.059 0.046	0.042 0.035 0.053 0.053	0.039 0.064 0.047 0.043	0.053 0.051	0.050	0.050	0.057	0.053	0.051	0.065 0.054	0.047 25 0.035 0.051 0.074 0.007	25 0.056 0.009	0.062	4 0.061 0.005	0.009	0.011
	283	0.223	0.254	0.290 0.285	0.295 0.195	0.251		0.291		0.217	0.304	0.151	0.362 13 0.151 0.271 0.362 0.051	8 0.302 0.071				0 262
	ene 282	0.175 0.152	0.174	0.168 0.186	0.253 0.134	0.157		0.190		0.153	0.232	0.104	0.244 13 0.104 0.174 0.253 0.027 16	12 0.163 0.038				0.171
	trans-Lycopene 30 281 28	0.244	0.293	0.257 0.260	0.304 0.196	0.219		0.284		0.206	0.358	0.161	0.367 13 0.161 0.257 0.367 0.064	13 0.253 0.058				0.051
	280	0.159 0.137	0.181	0.178 0.171	0.240 0.114	0.129		0.174		0.141	0.221	0.101	0.226 13 0.101 0.171 0.240 0.033 19	12 0.158 0.027				0.165
	279	0.190	0.178	0.197 0.171	0.266 0.146	0.142		0.212		0.157	0.240	0.136	0.251 13 0.136 0.178 0.178 0.266 0.041	12 0.187 0.045				0.024 0.311 0.500 0.171 0.155 0.351 0.1
	283	0.429	0.559 0.447 0.477 0.470 0.400 0.539	0.514 0.512 0.482 0.514	0.425 0.457 0.542 0.508	0.401	0.336	0.522	0.465	0.460 0.468	0.786	0.442	0.407 23 0.336 0.468 0.468 0.786 0.786	23 0.447 0.100	0.532	1 0.532 0.031		0.600
	ene 282	0.305	0.370 0.309 0.347 0.347 0.373	0.304 0.318 0.266 0.476	0.292 0.288 0.358 0.317	0.271	0.287	0.347	0.303	0.310 0.340	0.570	0.294	0.281 23 0.266 0.309 0.570 0.042 14	28 0.326 0.053	0.379	2 0.379 0.004	0.024	0.024
	I otal Lycopene	0.437	0.562 0.557 0.526 0.526 0.447 0.638	0.481 0.485 0.463 0.463 0.438	0.418 0.427 0.555 0.531	0.392	0.510	0.537	0.508	0.520 0.464	0.288	0.449	0.422 23 0.288 0.481 0.638 0.067 14	28 0.504 0.102	0.569	2 0.569 0.015	0.009	
I	1 ota 280	0.295	0.344 0.334 0.341 0.278 0.392	0.308 0.302 0.251 0.322	0.245 0.264 0.373 0.310	0.239	0.277	0.327	0.297	0.290 0.314	0.454	0.291	0.259 23 0.239 0.302 0.454 0.040	26 0.311 0.055	0.347	2 0.347 0.024	0.019	0.031 0.017
	279	0.323	0.397 0.350 0.377 0.379 0.399	0.345 0.304 0.336 0.386	0.310 0.317 0.390 0.341	0.301	0.287	0.382	0.343	0.310 0.337	0.387	0.324	0.289 23 0.287 0.337 0.337 0.337 0.337	27 0.351 0.044	0.403	2 0.403 0.012		0.012
	Lab	FSV-BA FSV-BB FSV-BD		FSV-BM FSV-BN FSV-BNa FSV-BP FSV-BP FSV-BP	FSV-BR FSV-BS FSV-BT FSV-BU FSV-BW FSV-BW	FSV-BX FSV-CB	FSV-CE	FSV-CF FSV-CG			FSV-DD FSV-DF FSV-DF FSV-DQ FSV-DQ		FSV-FB Nin Median Max SD	Npast Medianpast SDpast	NISTA NISTb	NNIST Mean Sren		SNIST

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0.058 0.004 0.035 0.032 0.048 0.048 0.069

0.096 0.004 0.005 0.016 0.017 0.090 0.090

0.071 0.005 0.003 0.006 0.008 0.008 0.067

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NAV 0.370 0.325 0.525 0.344 0.500 0.174 0.165 0.251 0.171 0.262 NAU 0.088 0.076 0.118 0.086 0.108 0.035 0.033 0.059 0.030 0.051

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		283	0.560					0.220		0.520			3 0.220 0.520 0.560	0			
	(K1)	282	0.520					0.180		0.410 0.520			3 0.180 0.410 0.520	0			
	Phylloquinone (K1)	281	0.410					0.170		0.480			3 0.170 0.410 0.480	0			
	Phyllo	280	0.800					0.320		0.670			3 0.320 0.670 0.800	0			
		279	0.530					0.180		0.590			3 0.180 0.530 0.590	0			
		283	0.743						1.040 0.830 0.940	0.626			5 0.626 0.830 1.040 0.146 0.146	0			
	210	282	0.883 0.635						1.200 0.830 1.000	0.515			5 0.515 0.830 1.200 0.271 33	10 0.858 0.241			
	Coenzyme Q10	281	0.883						1.290 0.900 1.200	0.868			5 0.868 0.900 1.290 0.235 26	8 0.855 0.089			
	Coel	280	0.587						1.030 0.720 1.200	0.495			5 0.495 0.720 1.200 0.329 46	0			
sults		279	0.748						1.280 0.870 0.970	0.398			5 0.398 0.870 1.280 0.165 0.165	6 0.912 0.234			
ry Re		283 0.099 0.127	0.115 0.111 0.104 <i>0.126</i>	0.077 0.088 0.097 0.108	0.086 0.127 0.142 0.108	0.113 0.121	0.100	0.119 <i>0.090</i> 0.091	0.120 >0.092	0.117	0.134 0.190	0.100	25 0.077 0.111 0.190 0.016 14	17 0.112 0.034	>0.1111 2 0.055 0.007 0.078	0.079	0.084 0.088
borato in µg/mL	thin	282 0.112 0.126	0.118 0.110 0.109 0.137	0.090 0.097 0.101 0.112	0.083 0.125 0.133 0.115	0.114 0.109	0.108	0.117 0.080 0.090	0.150 >0.101	0.109	0.110 0.177	0.105	25 0.080 0.110 0.177 0.010 9	26 0.118 0.018	<i>&gt;0.121</i> 2 0.121 0.003 0.002	0.004	0.116 0.024
bin Ll Laborato All Results in µg/mL	Total Lutein&Zeaxanthin	281 0.077 0.108	0.093 0.094 0.080 0.103	0.067 0.065 0.101 0.089	0.074 0.095 0.099 0.085	0.081 0.092	0.088	0.094 <i>0.093</i> 0.074	0.101 >0.076	0.094	<i>0.128</i> 0.120	0.082	25 0.065 0.093 0.128 0.013 14	22 0.087 0.019	<i>&gt;0.108</i> 2 0.108 0.004 0.004	0.006	0.101 0.022
Round Robin LI Laboratory Results All Results in µg/mL	Total Lute	280 0.084 <i>0.0</i> 94	0.086 0.075 0.083 0.105	0.072 0.079 0.097 0.098	<i>0.056</i> 0.127 0.113 0.098	0.086 0.086	0.094	0.104 0.076 0.079	0.102 >0.084	0.076	<i>0.105</i> 0.200	0.098	25 0.056 0.094 0.200 0.017 18	26 0.094 0.018	>0.075 2 0.075 0.017 0.011	0.020	0.085 0.024
Rou		279 0.117 0.131	0.123 0.110 0.117 0.146	0.100 0.108 0.103 0.103	<i>0.068</i> 0.129 0.138 0.122	0.115 0.120	0.122	0.133 <i>0.10</i> 3 0.098	0.160	0.121	0.119 0.198	0.109	25 0.068 0.119 0.198 0.015 12	23 0.120 0.025	>0.117 2 0.117 0.009 0.014	0.017	0.118 0.025
		283 0.048	0.018 0.039 0.035	0.015 0.016 0.039	0.024 0.033	0.030 0.032		0.020 0.027	0.034	0.028	0.059	0.029	17 0.015 0.030 0.059 0.008 27 27	14 0.035 0.013	>0.041 2 0.020 0.001 0.029	0.029	0.026 0.030
	e.	282 0.036	0.018 0.031 0.034	0.011 0.018 0.027	0.020 0.030	0.025 0.025		0.018 0.018	0.030	0.024	0.036	0.023	17 0.011 0.025 0.036 0.009 35	14 0.025 0.006	>0.036 0.036 0.001 0.002	0.002	0.031 0.012
	Total Zeaxanthin	281 0.045	0.013 0.029 0.032	0.013 0.017 0.055	0.022 0.026	0.023 0.026		0.031	0.028	0.030	0.055	0.022	17 0.013 0.026 0.055 0.007 25	12 0.025 0.007	>0.042 2 0.042 0.042 0.002 0.000	0.002	0.035 0.013
	Total	280 0.040	0.017 0.038 0.036	0.016 0.022 0.060	0.020 0.040	0.032 0.034		0.022 0.030	0.036	0.029	0.048	0.028	17 0.016 0.032 0.060 0.012 38	15 0.032 0.009	>0.034 2 0.034 0.008 0.003	0.009	0.033
		279 0.037	0.020 0.034 0.036	0.017 0.017 0.027	0.020 0.030	0.028 0.027		0.021 0.028	0.031	0.027	0.041	0.023	17 0.017 0.027 0.008 0.008 28	14 0.025 0.006	>0.032 0.032 0.002 0.007	0.007	0.030 0.008
		Lab FSV-BA FSV-BB	FSV-BD FSV-BE FSV-BE FSV-BG FSV-BG FSV-BG FSV-BU FSV-BK FSV-BK	FSV-BM FSV-BN FSV-BNa FSV-BNa FSV-BO FSV-BQ	FSV-BR FSV-BS FSV-BT FSV-BU FSV-BU FSV-BU	FSV-BX FSV-BX FSV-CB	FSV-CC FSV-CD FSV-CE	FSV-CF FSV-CG FSV-CI FSV-CL FSV-CL	FSV-CR FSV-CV FSV-CW FSV-CZ FSV-CZ	FSV-DF FSV-DI FSV-DQ FSV-DR	FSV-DU FSV-EQ FSV-EQ	FSV-FB	N Min Median Max SD CV	Npast Medianpast SDpast		SNIST	NAV NAU

/ Results	
Ind Robin LI Laboratory	All Results in µg/mL

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#### Round Robin LI Laboratory Results All Results in µg/mL

#### Analytes Reported By One Laboratory

Analyte	Code	279	280	281	282	283
trans-β-Cryptoxanthin	NISTb	0.051	0.061	0.033	0.050	0.073
trans-Zeaxanthin						
Phytofluene	FSV-CL	0.027	0.028	0.042	0.029	0.041
Phytoene	FSV-CL	0.051	0.052	0.060	0.051	0.048

#### Legend

Term	Definition
N	Number of (non-NIST) quantitative values reported for this analyte
Min	Minimum (non-NIST) quantitative value reported
Median <sub>part</sub>	Median (non-NIST) quantitative value reported
Max	Maximum (non-NIST) quantitative value reported
SD	Standard deviation for (non-NIST) results: 0.741*(3rd Quartile - 1st Quartile)
CV	Coefficient of Variation for (non-NIST) results: 100*SD/Median
Npast	Mean of N(s) from past RR(s)
Medianpast	Mean of Median(s) from past RR(s)
SDpast	Pooled SD from past RR(s)
CDpuot	
NNIST	Number of vials analyzed in duplicate by NIST analyst(s)
<b>Mean</b> NIST	Mean of the NIST-analyzed vial means
Srep	Within-vial pooled standard deviation
	Among-vial pooled standard deviation
	Between NIST analyst standard deviation
SNIST	Total standard deviation for NIST analyses: $(S_{rep}^2 + S_{het}^2 + S_{anl}^2)^{0.5}$
NAV	NIST Assigned Value
INAV	= (Median <sub>part</sub> + Mean <sub>NIST</sub> )/2 for analytes reported by NIST analyst(s)
	= Median <sub>part</sub> for analytes reported by $\geq$ 10 labs but not NIST
NAU	NIST Assigned Uncertainty: $(S^2 + S_{btw}^2)^{0.5}$
11/10	S is the maximum of $(0.05*NAV, SD, S_{NIST}, eSD)$ and S <sub>btw</sub> is the standard
	deviation between Median <sub>part</sub> and Mean <sub>NIST</sub> . The expected long-term SD, eSD,
	is defined in: Duewer, et al. Anal Chem 1997;69(7):1406-1413.
nd	Not detected (i.e., no detectable peak for analyte)
nq	Detected but not quantitatively determined
<x< td=""><td>Concentration at or below the limit of quantification, x</td></x<>	Concentration at or below the limit of quantification, x
italics	Not explicitly reported but calculated by NIST from reported values
nanoo	

### Round Robin LI Laboratory Results

### Comparability Summary

Lab	TR	tR	RP	аT	g/bT	bC	tbC	aC	TLy	tLy	TbX	TLu	ΤZ	L&Z	Label	
FSV-BA	1		2	1	1	1	1	1		1	1	1	1	1	Lab	Participant code
FSV-BB	1		1	1	1	1	1	1	1	1	1	1	2	1	TR	Total Retinol
FSV-BD	1			2											tR	trans-Retinol
FSV-BE	2			1	1	2								1	RP	Retinyl palmitate
FSV-BF	1			1	1	1		1	1		1				aT	α-Tocopherol
FSV-BG	1		1	1	1	1		1	1	1	2			1	g/bT	γ/β-Tocopherol
FSV-BH	1			1	1	1	2	1	1		3	1	2	1	bC	Total β-Carotene
FSV-BI	1			1	1	1		1	1		1	1	1	1	tbC	trans-β-Carotene
FSV-BJ	1		2	1	1	1		1	1		1	1	1	1	aC	Total α-Carotene
FSV-BK	1			1											TLy	Total Lycopene
FSV-BL	2			2								1			tLy	
FSV-BM	1			2											TbX	
FSV-BN	1		1	2	2	1	1	1	1	1	2			2	TLu	Total Lutein
FSV-BNa	1		1	2	2	1	1	1	1	1	2				TZ	Total Zeaxanthin
FSV-BO	2		•	1	-	1	•	2	1	•	1			1	L&Z	Total Lutein&Zeaxanthin
FSV-BP	1			1		4		1	2		1	1	1	1	202	
FSV-BQ	1			1		т		•	2		•		•	1	n	number of participants providing quantitative data
FSV-BQ	1	1		1								1	1	1	% 1	Percent of $CS = 1$ (within 1 SD of medians)
FSV-BR	1		1	3	3	2	2	1	1	2	2	1	2	1	% 2	
FSV-BU	1		1	1	1	2	2			2			2	1	% 3	
FSV-BU FSV-BV				1				1 1	1		1 1	1 1	2 1	1		
	1		4	1	1	1			1		I	I	I	I	% 4	Percent of CS = 4 (3 or more SD from medians)
FSV-BW	1	4	1	1	1	1	4	1	1	4	4					
FSV-BX	~	1		1	1		1	1		1	1	~	4			
FSV-CB	2			1		1		1	1		1	2	1	1		"Comparability Score"
FSV-CC		1		1												omparability Score (CS) summarizes your measurement
FSV-CD	1		1	1	1	1		1	1		1					mance for a given analyte relative to the consensus ons in this study. CS is the average distance (in units of
FSV-CE	1			1		1								1		ard deviation) of your measurement performance
FSV-CF	2			1										1	charad	cteristics from the consensus performance. CS is
FSV-CG	1			2	1	1	1	1	1	1	1			1		ated when the number of quantitative values you reported,
FSV-CI			1	2	1		3	4								s at least two and at least six participants reported itative values for the analyte.
FSV-CL	3			2	1	1		1	1		1				quanti	
FSV-CP				1	1										We de	efine CS as follows:
FSV-CR	1			2											CS	$S = MINIMUM \left( 4, INTEGER \left( 1 + \sqrt{C^2 + AP^2} \right) \right)$
FSV-CV	2		3	2	1	1		3	1							Nyou X Martin
FSV-CW		2	1	1	1	1	1		1	1	1	1	1	1		$\sum_{i=1}^{N_{you}} \frac{You_i - Median_i}{NAU}$
FSV-CZ	1			2		2						1	1	1	С	= Concordance = $\frac{\sum_{i=1}^{n} NAU_i}{N}$
FSV-DD		2														
FSV-DF	1															$\sum_{i=1}^{N_{you}} (You_i - Median_i)^2$
FSV-DI		2	1	1	1		2			2		1	2	1	۸ <b>г</b>	$\sum_{i=1}^{n} \left( \frac{\sum_{i=1}^{n} \left( \frac{NAU_i}{NAU_i} \right) \right)$
FSV-DQ				2	2	2		4	3		1			3	AF	P = Apparent Precision = $1 \frac{1}{N_{you} - 1}$
FSV-DR	1			1		3									NA	AU = NIST Assigned Uncertainty
FSV-DU	1			1			1					3				
FSV-DW	4			1		3	3			2	2		1			rther details, please see Jewer DL, Kline MC, Sharpless KE, Brown Thomas J, Gary
FSV-EQ	2			2		1		1	1		1	1	1	1		Γ. Micronutrients Measurement Quality Assurance
FSV-ET	2			2	2	1									Pr	ogram: Helping participants use interlaboratory comparison
FSV-FB	2	2		1		1	1	1	1	2	1					ercise results to improve their long-term measurement
NISTa	1	1		1	1	1					1	1			pe	erformance. Anal Chem 1999;71(9):1870-8.
NISTb	1	1		1	1	1	1	1	1		1					
	40	9	13	46	27	32	15	26	24	12	26	18	16	24	J	
		-														
					g/bT										1	
% 1	70	56	77	67	81	78	67	85	92	67	77	89	69	92		
% 2		44		30	15	13	20	4	4	33	19	6	31	4		
% 3		0	8	2	4	6	13	4	4	0	4	6	0	4		
% 4	3	0	0	0	0	3	0	8	0	0	0	0	0	0	]	

#### Appendix D. Representative "Individualized Report" for RR51

Each participant in RR51 received an "Individualized Report" reflecting their reported results. Each report included a detailed analysis for analytes that were assayed by at least five participants. The following analytes met this criterion in RR51:

- Total Retinol
- trans-Retinol
- Retinyl Palmitate
- α-Tocopherol
- $\gamma/\beta$ -Tocopherol
- δ-Tocopherol
- Total β-Carotene
- *trans*- $\beta$ -Carotene
- Total *cis*-β-Carotene
- Total α-Carotene
- Total Lycopene
- *trans*-Lycopene
- Total β-Cryptoxanthin
- Total Lutein
- Total Zeaxanthin
- Total Lutein & Zeaxanthin
- Coenzyme Q10

The following 12 pages are the "Individualized Report" for the analytes evaluated by participant FSV-BA.

Set 1 of 49

Individualized Round Robin LI Report: FSV-BA

Summary

				+	+		~		~	~	~		
	~	c	38	14	4	25		15				25	••
	Serum 283	NAV	0.483	0.10	7.14	2.358	0.072	0.068		0.011	0.271	0.055	0.083
	Ser	You	0.494	0.11	7.21	2.357	0.072		0.004	0.011	0.271	0.064	0.099
		c	38	13	44	25	30	15	10	25	13	25	25
	Serum 282	NAV	0.463	0.05	6.91	1.882	0.353	0.319	0.024	0.029	0.174	0.055	0.116
	Seru	You	0.452	0.06	6.77	1.869	0.312	0.293	0.018	0.026	0.175	0.059	0.112
		c	38	12	4	25	30	15	10	23	13	25	25
	m 281	NAV	1.031	.1 0.0 12	27.16	6.097	0.375	0.328	0.036	0.013	0.257	0.038	0.101
	Seru	You	1.132	0.1	27.36	6.161	0.327	0.301	0.026	0.010	0.244	0.044	0.077
5		c	38	12	44	25	30	15	10	25	13	25	25
5	im 280	NAV	0.868	0.0 0.0	7.52	3.789	0.173	0.162	0.013	0.015	0.171	0.070	0.085
•	Seru	You	0.858	0.0	7.39	3.885	0.161	0.151	0.010	0.013	0.159	0.080	0.084
		c	38	13	44	25	30	15	10	25	13	25	25
	um 279	NAV	0.470	0.05	7.20	1.983	0.361	0.337	0.021	0.030	0.178	0.056	0.118
	Seru		0.470	90.0	7.15	1.964	0.335	0.317	0.018	0.028	0.190	0.063	0.117
		Analyte You	Total Retinol	Retinyl Palmitate	a-Tocopherol	γ/β-Tocopherol	Total β-Carotene	trans-β-Carotene	Total cis-β-Carotene	Total α-Carotene	trans-Lycopene	Total β-Cryptoxanthin	Total Lutein&Zeaxanthin

You : Your reported values for the listed analytes (micrograms/milliliter)

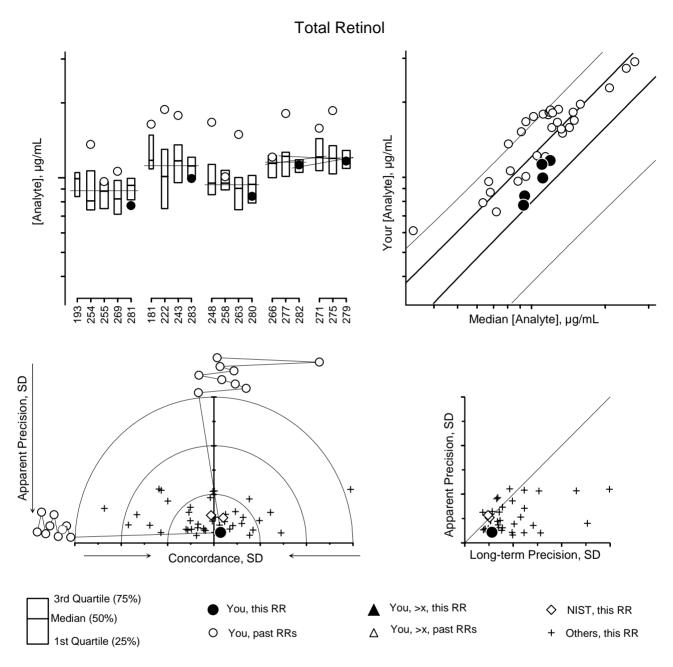
NAV : NIST Assigned Values, equal to (NIST's average-of-averages + this RR's median) / 2

n : Number of non-NIST laboratories reporting quantitative values for this analyte in this serum

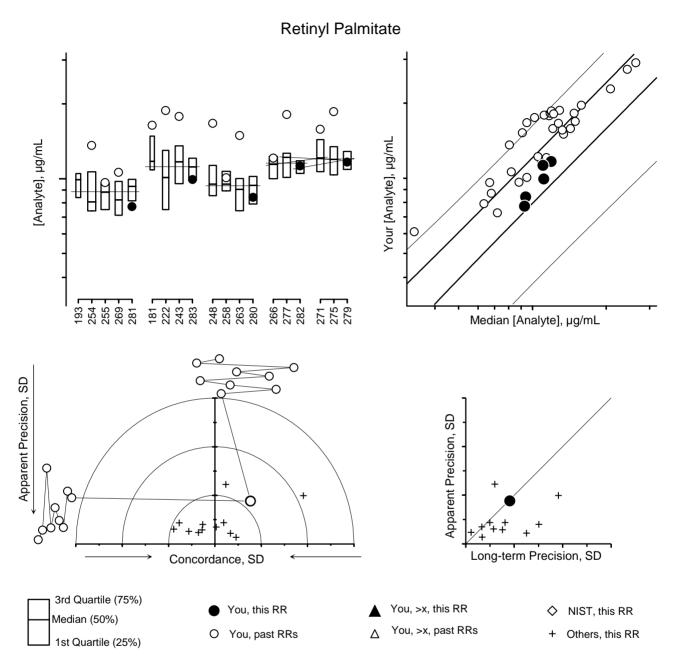
Micronutrients Measurement Quality Assurance Program National Institute of Standards and Technology Gaithersburg, MD 20899-8392 USA 100 Bureau Drive Stop 8392

Please check our records against your records. Send corrections and/or updates to...

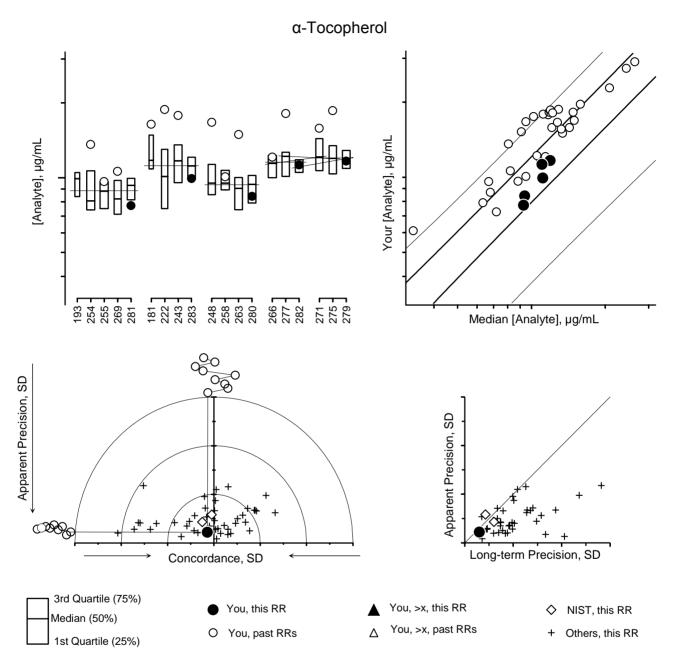
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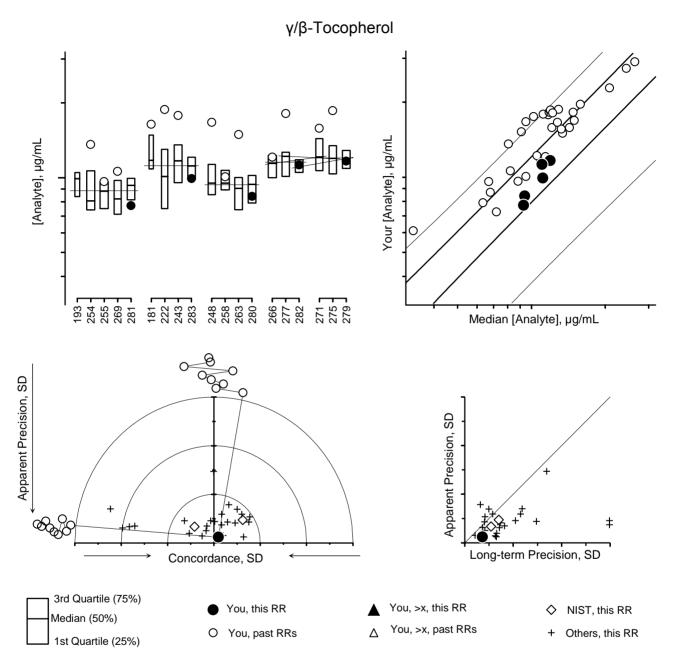
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



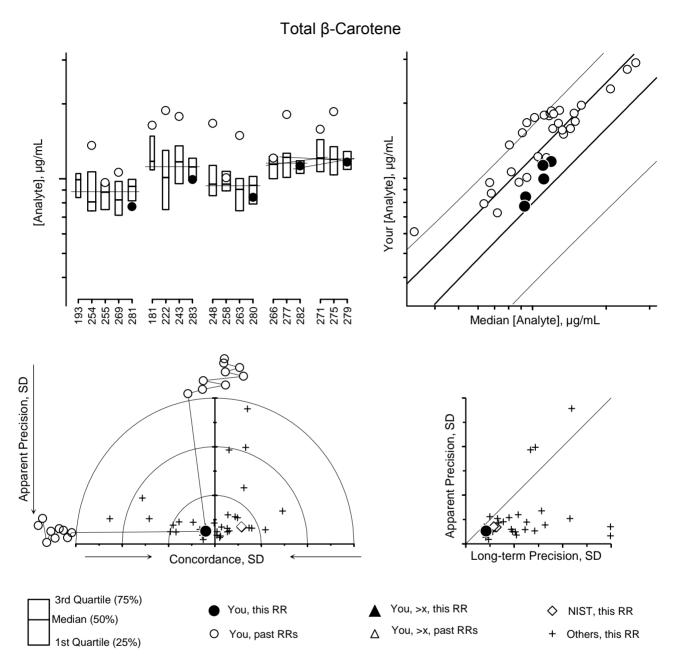
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



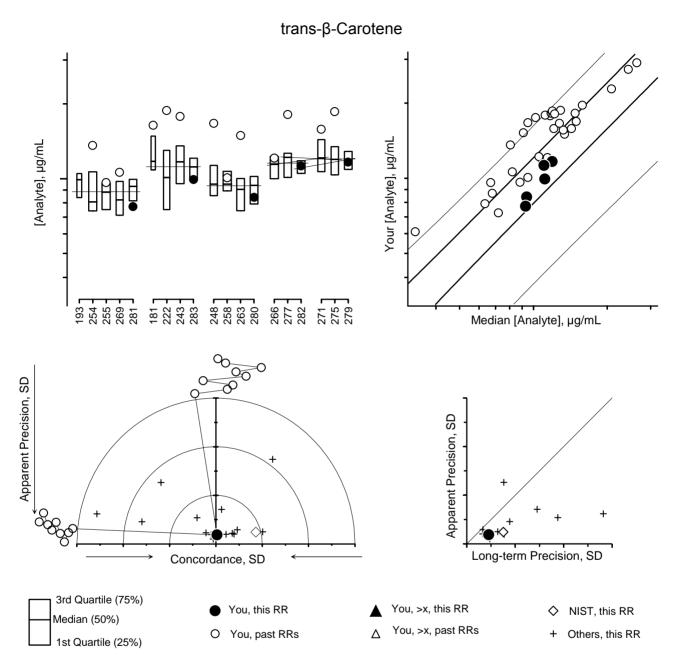
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



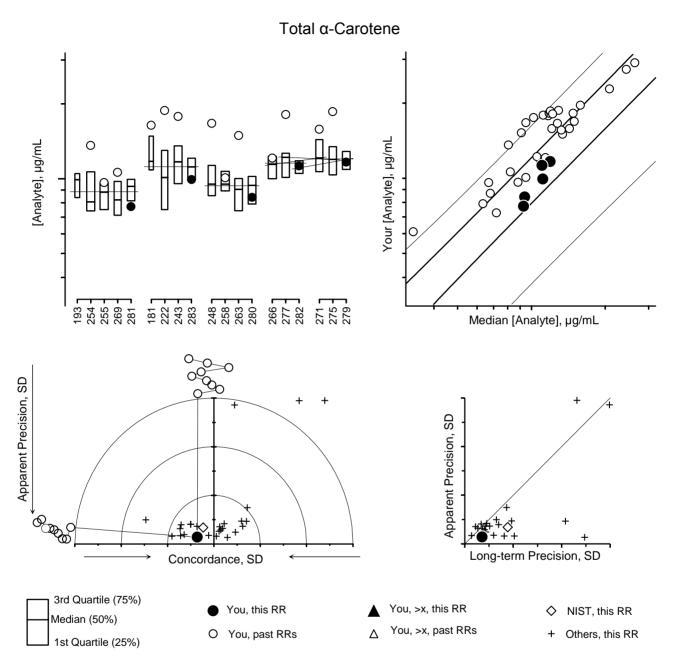
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



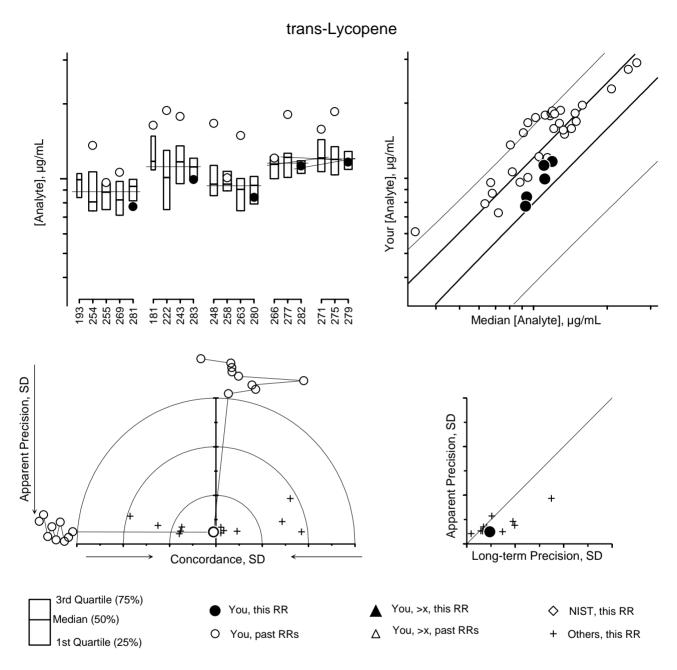
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



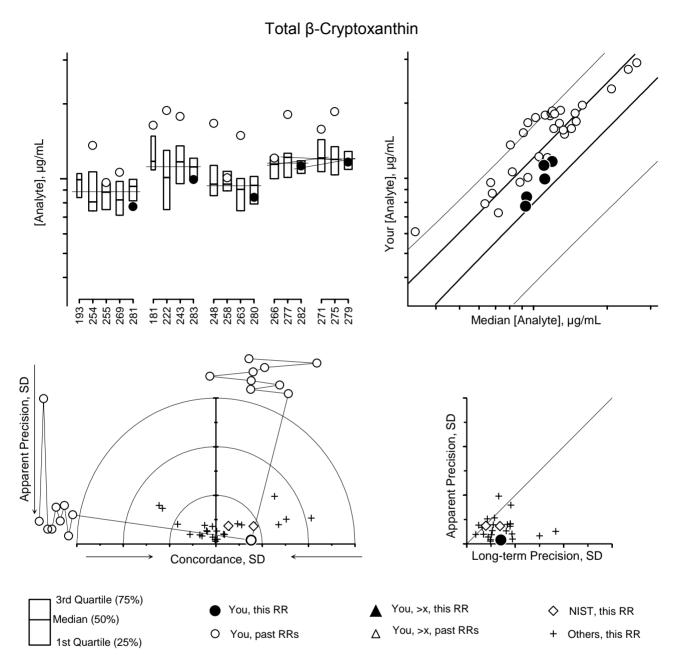
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



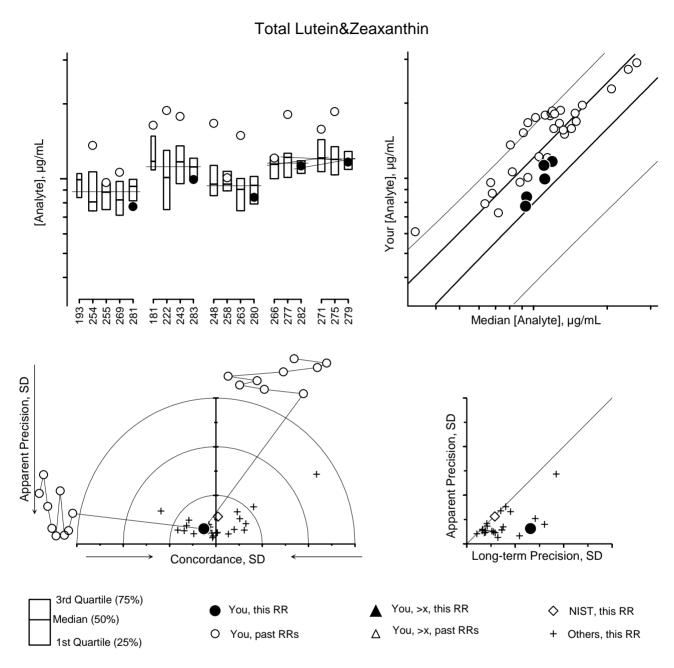
<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	



<u>Serum</u>	<u>History</u>	<u>Comments</u>
#279	#271 RR49, #275 RR50	Fresh frozen pair of #282
#280	#248 RR44, #258 RR46, #263 RR47	SRM 968c Lv I
#281	#193 RR30, #254 RR45, #255 RR46, #269 RR49	~30% of retinol as 13-cis isomer
#282	#266 RR48, #277 RR50	Lyophilized pair of #279
#283	#181 RR28, #222 RR37, #243 RR43	

• • Total Lutein&Zeaxanthin Total Zeaxanthin Coenzyme Q10 - (3) = (2) = (4) -Ŷ Total Lutein • Individualized Round Robin LI Report: FSV-BA **Graphical Comparability Summary** Total cis-β-Carotene Total β-Carotene trans-β-Carotene Total α-Carotene ڑ ک e 3 • • Total β-Cryptoxanthin γ/β-Tocopherol α-Tocopherol **ð-Tocopherol** •, ð ŝ • **Retinyl Palmitate** Total Lycopene trans-Lycopene **Total Retinol** ( ••• ••• ••• • te • •

Set 1 of 49

## Appendix E. Shipping Package Inserts for RR16

The following five items were included in each package shipped to an RR16 participant:

- Cover letter
- Protocol for Preparation and Analysis of the Ascorbic Acid Solid Control Material
- Preparation and Validation of Ascorbic Acid Solid Control Material Datasheet
- Analysis of Control Materials and Test Samples Datasheet
- Packing List and Shipment Receipt Confirmation Form

The cover letter, preparation protocol, and the two datasheets were enclosed in a sealed waterproof bag along with the samples themselves. The packing list was placed at the top of the shipping box, between the cardboard covering and the foam insulation.



January 25, 2002



Dear Colleague:

The enclosed group of samples constitutes Vitamin C Round Robin 16 of the 2002 Micronutrients Measurement Quality Assurance Program. Three vials of frozen serum (*test samples*) and a vial of solid ascorbic acid (*control sample*) are enclosed. Please follow the attached protocol when you analyze these samples.

In RR15 we noted that several of the laboratories reported high blank values. We also noted that by correcting for the discrepancy between the assay values and the calculated values for the calibration solutions we were able to reduce the CV for the entire group by a factor of three. This would suggest that some laboratories need to examine their assay methods for errors due to high solvent blanks and that the standards should be prepared by weight as the calibration solutions are prepared. We hope that by drawing attention to these techniques we can improve the overall laboratory performance.

We recommend that you obtain **Standard Reference Material (SRM) 970, Ascorbic Acid in Serum** to validate your methodology and value assign in-house control materials. This SRM may be purchased from the Standard Materials Reference Program at NIST (Tel: 301-975-6776, Fax: 301-948-3730, or e-mail: srminfo@nist.gov)

Return your results using the attached form by April 8, 2002. We also request that you send us a representative chromatogram from the analysis of each sample and indicate whether peak height or peak area was used in the calculation of the ascorbic acid concentration. Your results will be kept confidential.

Please send your results to:

Micronutrients Measurement Quality Assurance Program NIST 100 Bureau Drive, Stop 8392 Gaithersburg, MD 20899-8392

If you have any questions or concerns please call me at 301-975-3137, or contact me by Fax: 301-977-0685 or e-mail: <u>sam.margolis@nist.gov</u>.

Thank you for your participation. We look forward to receiving your results.

Sincerely,

Sam Margolis, Ph.D. Research Chemist Analytical Chemistry Division Chemical Science and Technology Laboratory

Enclosure



#### **Protocol for analyzing samples**

The *control sample* consists of a sample of solid ascorbic acid in an amber vial and should be used in the following manner (please record your mass on the attached report form):

- 1. Prepare 250 mL of 5% metaphosphoric acid (MPA) in distilled water.
- Weigh 180-220 mg of the solid ascorbic acid sample to 0.1 mg (if possible), dissolve it in 5% MPA in a 100 mL volumetric flask, and dilute to the 100 mL mark. Weigh the amount of MPA solution that was added. This will be referred to as the Stock Solution.
- 3. Prepare three dilute solutions of the Stock Solution as follows:

<u>Dilute Solution 1:</u> Weigh 0.500 mL of the stock solution into a 100 mL volumetric flask. Then dilute with 5% MPA solution to 100 mL mark and weigh the amount of **MPA solution that was added**.

<u>Dilute Solution 2:</u> Weigh 0.250 mL of the stock solution into a 100 mL volumetric flask. Then dilute with 5% MPA solution to 100 mL mark and weigh the amount of **MPA solution that was added**.

<u>Dilute Solution 3:</u> Weigh 0.125 mL of the stock solution into a 100 mL volumetric flask. Then dilute with 5% MPA solution to 100 mL mark and weigh the amount of MPA solution that was added.

- 4. Record the ultraviolet absorbance spectrum of *Dilute Solution 1* against 5% MPA solution as the blank using paired cuvettes. Record the wavelength in the region of 240-245 nm at which you observe the maximum absorbance and record the absorbance at that wavelength.
- 5. Record the absorbance of the sample at 242, 243 and 244 nm.
- Measure the concentration of the ascorbic acid in <u>all three dilute solutions and the 5%</u> <u>MPA diluent</u> in duplicate along with the ampouled *test samples* using your usual methods.

The purpose of measuring the absorbance at the wavelength maximum is to check the concentration of your sample. If your spectrophotometer is properly calibrated, the maximum absorbance should be between 243 and 244 nm. If the concentration is correct, the molar extinction coefficient  $(E_1^{\%})$  of ascorbic acid at this wavelength (using a cell with a 1 cm path length) should be close to  $550 \pm 30$  nm. The extinction coefficient of your solution can be calculated using the following equation:

 $E1\% \ dl/g \cdot cm = \underbrace{Observed \ Absorbance_{Amax}}_{(g \ AA/100 \ mL \ stock)(g \ stock \ in \ 100 \ mL \ dilute \ solution)}_{(g \ AA \ stock \ solution) + (g \ MPA \ solution \ in \ 100 \ mL \ dilute \ solution \ 1)}$ 

The *test samples* are in sealed ampoules and were prepared by adding equal volumes of 10% metaphosphoric acid to spiked human serum. We have checked the samples for stability and homogeneity. Only the total ascorbic acid is stable. While these samples contain some dehydroascorbic acid, its content is variable. Therefore, only total AA should be reported. The *test samples* sho\_uld be defrosted by warming at 20 °C for not more than 10 min otherwise some irreversible degradation may occur.

Each *test sample* should contain between **0** and **100**  $\mu$ mol of ascorbic acid/L of solution. The total ascorbic acid in each ampoule should be measured in duplicate by the method(s) used in your laboratory. Please report your results in  $\mu$ g/L of sample.

# **REPORT OF ANALYSIS**

### NAME: ADDRESS:

### Method of Analysis:

 Please note the type of method that you use.

 Please attach representative chromatograms.

 Method used for calculating ascorbic acid concentration.

Was SRM 970 used to validate your method or value-assign your in-house controls?							
Peak height	Peak area						
Manufacturer of ascorbic acid used to make in-house standards							
Were samples frozen upon receipt?	Yes	No					
Date of Analysis:							

## PREPARATION OF STOCK SOLUTION AND DILUTED SOLUTION

#### **STOCK SOLUTION**

Mass of ascorbic acid in the Stock Solution	mg
Mass of 5% MPA added to the 100 mL volumetric flask	g
DILUTE SOLUTION 1	
Mass of added stock solution (0.5 mL)	mg
Mass of 5% MPA added to the 100 mL volumetric flask	g
Absorbance of Dilute Solution 1 at 242 nm	AU
Absorbance of Dilute Solution 1 at 243 nm	AU
Absorbance of Dilute Solution 1 at 244 nm	AU
Wavelength of maximum absorbance	nm
Calculated molar absorptivity	dL/g·cm
DILUTE SOLUTION 2	
Mass of added stock solution (0.250 mL)	mg
Mass of 5% MPA added to the 100 mL volumetric flask	g
DILUTE SOLUTION 3	
Mass of added stock solution (0.125 mL)	mg
Mass of 5% MPA added to the 100 mL volumetric flask	g

COMMENTS: (use other side if necessary)

## **REPORT OF ANALYSIS**

## **RESULTS** (µmol/L of Sample)

DILUTE SOLUTION 1	
REPLICATE 1	µmol/L of dilute solution 1
REPLICATE 2	µmol/L of dilute solution 1
DILUTE SOLUTION 2	
REPLICATE 1	µmol/L of dilute solution 2
REPLICATE 2	µmol/L of dilute solution 2
DILUTE SOLUTION 3	
REPLICATE 1	µmol/L of dilute solution 3
REPLICATE 2	µmol/L of dilute solution 3
5% MPA SOLUTION (DILUENT)	
REPLICATE 1	µmol/L of diluent
REPLICATE 2	µmol/L of diluent
TEST SAMPLE #1	
REPLICATE 1	µmol/L of Sample 1
REPLICATE 2	µmol/L of Sample 1
TEST SAMPLE #14	
REPLICATE 1	µmol/L of Sample 14
REPLICATE 2	µmol/L of Sample 14
TEST SAMPLE #53	
REPLICATE 1	µmol/L of Sample 53
REPLICATE 2	µmol/L of Sample 53

Return by <u>April 8, 2002</u> to: Micronutrients Measurement Quality Assurance Program NIST, 100 Bureau Drive, Stop 8392 Gaithersburg, MD 20899-8392

Fax: 301-977-0685 Micronutrients E-mail: sam.margolis@nist.gov Vitamin C Round Robin 16

NIST Micronutrients Measurement Quality Assurance Program

Packing List and Shipment Receipt Confirmation Form

This box contains (we hope) one vial each of the following **four** VitC M<sup>2</sup>QAP samples:

Sample	Form
VitC:1	Liquid frozen (1:1 serum:10% MPA)
VitC:11	Liquid frozen (1:1 serum:10% MPA)
VitC:51	Liquid frozen (1:1 serum:10% MPA)
Control	Solid AA

Please 1) Open the pack immediately

- 2) Check that it contains one vial each of the above samples
- 3) Check if samples VitC:1, VitC:11, and VitC:51 arrived frozen
- 4) Store the samples upright at -20 °C or below until analysis
- 5) Complete the following information
- 6) Fax the completed form to us at 301-977-0685 (or email requested information to david.duewer@nist.gov)

1) Date this shipment arrived: \_\_\_\_\_

2) Are all four vials intact? Yes | No

- If "No", which one(s) were damaged?
- 3) Was there any dry-ice left in cooler? Yes | No
- 4) Did samples VitC:1, VitC:11, and VitC:51 arrive frozen? Yes | No
- 5) At what temperature are you storing the samples? \_\_\_\_\_°C

6) When do you anticipate analyzing these samples? \_\_\_\_\_

Your prompt return of this information will help control M<sup>2</sup>QAP expenses.

The M<sup>2</sup>QAP Gang

## **Appendix F. Final Report for RR16**

The following two pages are the final report as provided to all participants:

- Cover letter.
- An information sheet that:
  - o describes the contents of the "All-Lab" report,
  - describes the content of the "Individualized" report,
  - describes the nature of the test samples and details their previous distributions, if any, and
  - summarizes aspects of the study that we believe may be of interest to the participants.



June 19, 2002

Dear Colleague:

Enclosed is the summary report of the results for Round Robin 16 (RR16) for the measurement of total ascorbic acid (TAA, ascorbic acid plus dehydroascorbic acid) in human serum. Included in this report are: a summary of data for all laboratories and a summary of individual laboratory performance and interlaboratory accuracy and repeatability. As in previous reports, the estimated standard deviations (eSD) for the measurements are defined as 0.74x interquartile range and the estimate coefficients of variation (eCV) are defined as 100x eSD/median.

RR16 consists of three unknowns (*test samples*) and one solid reference ascorbic acid for preparation of control solutions. Details regarding the samples can be found in the enclosed report.

If you have concerns regarding your laboratory's performance, we suggest that you obtain and analyze a unit of **Standard Reference Material (SRM) 970, Vitamin C in Frozen Human Serum.** SRM 970 can be purchased from the NIST SRM Program at phone: 301-975-6776; fax: 301-948-3730. If your measured values do not agree with the certified values, we suggest that you contact us for consultation.

As a reminder, please return the intent-to-participate forms for the 2003 QA program to us by **no** later than September 1, 2002. The program will consist of two round robin studies for the fatsoluble vitamins and carotenoids and one study for vitamin C in serum. To participate in the fatsoluble vitamins and carotenoids in serum studies, the participation fee is \$1600 for U.S. laboratories and \$2000 for non-U.S. laboratories. To participate in the vitamin C in serum study, the participation fee is \$800 for U.S. laboratories and \$1000 for non-U.S. laboratories.

Please contact us if you have questions.

Sincerely,

(Jeanice Brown Thomas Research Chemist Analytical Chemistry Division Chemical Science and Technology Laboratory Phone: 301-975-3120 E-mail: jbthomas@nist.gov Fax: 301-977-0685

for J. Margolis

Sam A. Margolis, Ph.D. Research Chemist Analytical Chemistry Division Chemical Science and Technology Laboratory Phone: 301-975-3137 E-mail: sam.margolis@nist.gov Fax: 301-977-0685

Enclosures



The NIST M<sup>2</sup>QAP Vitamin C Round Robin 16 (RR16) report consists of

Page	"Individualized" Report				
1	Summarizes your reported values for the nominal 55 mmol/L solution you prepared from the solid ascorbic acid control sample, the SRM 970 Level 1 test samples distributed in RR11 through RR16, and for two recently prepared test samples.				
2	Graphical summary of your RR 16 sample measurements.				
3	Graphical summary of your RR 16 control solution measurements.				
Page	"All Lab" Report				
1	A listing of all results and statistics for Total Ascorbic Acid [TAA] in the RR16 samples and control solutions, the density of the 5% metaphosphoric acid (MPA) used to prepare the control solutions, the maximum absorbance reported between 243 nm and 245 nm for control solution #1, and the molar extinction coefficient.				

Test Samples. Three unknowns were distributed in RR16.

- S16:1 SRM 970 Level 1
- S16:2 Serum 11, a "blank" prepared from an unaugmented serum pool.
- S16:3 Serum 51, prepared by augmentation with solid, high-purity ascorbic acid from a serum pool.

#### **Qualitative Observations**.

- Nearly all participants successfully prepared the four (three "Dilute Solutions" and the 5% MPA "Diluent") control solutions. The criteria used to evaluate this success are: the weight of 100 mL of 5% MPA (it should be about 103 gm), the observed wavelength maximum, the observed absorbance at that maximum, and the calculated E<sup>1%</sup> of "Dilute Solution #1" (they should be: 243 to 244 nm, 0.5 to 0.6 OD, and 530 to 590 dL/g·cm), and the extent of correlation between the expected and observed [TAA] for the four materials (R<sup>2</sup> as close to 1.0 as possible).
- 2) Two participants initially reported results for the three Dilute Solutions that differed significantly from those expected from the material weights. Starting with RR17, we are asking that you calculate the expected [TAA] for all control solutions and compare them to your measured results. We ask that you analyze the test samples only *after* you are satisfied that your measurement system is performing properly.
- 3) There has been a general improvement in measurement system calibration, as judged by the Calibration Parameters (intercepts close to 0.0 and slopes close to 1.0) calculated from the control samples. For the first time, the overall among-participant agreement (concordance) was *not* improved by "correcting" the reported test sample results with the observed Calibration Parameters.

#### **Quantitative Results**

1) There is no sign of degradation (change in median [TAA] or increase in estimated standard deviation) in SRM 970 Level 1 since their Certification in 1998. We will continue to periodically monitor these materials.

### Appendix G. "All-Lab Report" for RR16

The following single page is the "All-Lab Report" as provided to all participants, with two exceptions:

- the participant identifiers (Lab) have been altered.
- the order in which the participant results are listed has been altered.

The data summary in the "All-Lab Report" has been altered to ensure confidentiality of identification codes assigned to laboratories. The only attributed results are those reported by NIST. The NIST results are not used in the assessment of the consensus summary results of the study.

NIST Micronutrients Measurement Quality Assurance Program for Total Ascorbic Acid Round Robin" 16 - March 2002

51.6 43.6 12.6<sup>a</sup> 53.1 47.5 44.6 36.6<sup>b</sup> 44.7 59.9 47.6 44.3 44.7 51.2 59.9 44.5 31.8<sup>b</sup> 37.4 40.7 46.9 37.4 51.1 <u>.</u> S16:1 S16:2 S16:3 Corrected, µmol/L 4. 1.8 1.2 0.8 1.4 1.8 0.9 4.0 1.9 0.1 0.4 4. 5.7 0.1 0.1 13.8 7.6 7.8 11.7 10.0 13.8 8.6 7.6 5.2<sup>b</sup> 4.4<sup>5</sup> 8.5 8.8 6.8 8.9 2.0 6.8 7.6 8.5 8.4 9.1 7.1 Samples 55.0 43.6 52.0 38.5 48.3 48.3 44.3 12.4<sup>a</sup> 48.2 47.0 47.8 33.2<sup>b</sup> 38.0<sup>b</sup> 42.1 44.2 185.7 47.4 57.9 42.1 44.3 47.4 185.7 S16:3 рп Measured. umol/L *nq* 0.1 0.7 0.7 0.0 0.1 0.6 1.3 1.7 0.8 ω 1.3 0.8 0.0 4. S16:2 4.0 1.7 0.5 <0.4 bu bu bu bu bu bu 12.4 7.6 7.5 7.1<sup>b</sup> 6.4<sup>b</sup> 8.0 9.4 11.6 S16:1 9.4 9.0 10.6 7.7 8.8 9.4 12.4 8.8 8.6 1.7 20 6.7 13 9.0 1.7 6.7 7.7 ğ 589.0 575.0 172.6 551.0 567.6 577.6 1226 16.3 576.5 578.6 543.3 567.6 531.0 558.6 594.8 1226 564.4 606.9 561.3 542.7 15 560.7 518.7 518.7 Е<sup>1</sup>% Spectrophotometry Dilute Solution 1 0.5648 0.6023 0.5715 0.5648 0.5907 0.6015 0.1730 0.5200 0.5320 0.5767 1.2200 0.0384 0.5754 0.5269 0.5231 S 0.5381 0.533 0.578 1.220 0.520 0.557 A<sub>max</sub> 0.553 0.531 243.6 245.0 243.2 242.0 242.5 243.0 243.9 0.9 243.7 242. 243.4 244. 244. 243. ^max 242. 245. 243. 243. 242. 244. 243. 243 .033 1.032 0.003 1.038 .032 .032 .033 .033 1.034 1.038 1.032 1.031 1.032 0.001 1.107<sup>°</sup> 1.023 023 .032 032 .033 1.031 1.031 832 MPA Densit/ g/mL Average SD %25 %75 Max eSD Z Min Median 0.9 2.0 0.8 2.9 0.3 0.6 SEE 0.3 0.3 0.0 1.0 4.6 0.3 0.1 1.2 4.1 Calibration Parameters 0.995 0.999 1.000 1.000 1.000 0.999 0.982 0.983 0.998 0.991 1.000 1.000 0.999 0.999 0.998 22 1.00 0.98 1.04 0.97 0.86 0.99 0.94 1.03 0.91 0.99 0.76 Slope 1.09 1.09 1.18 6 -0.35 -0.03 -0.56 -0.28 -0.24 0.05 1.93 2.23 0.08 0.45 0.20 -0.77 2.00 -2.07 Inter Control / Calibration Samples 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 2.1 83.5<sup>°</sup> 0.0 0.0 13 0.3 0.0 0.0 0.0 0.0 2.1 0.0 4.4 0.0 Ctrl:4 0.7 Measured, umol/L 14.6 13.2 14.3 13.8 12.7 13.8 13.9 15.9 17.0 12.9 75.0° 12.9 12.6 14.7 12.2 12.9 13.8 14.6 17.0 15.3 12.2 14.0 1.3 Ctrl:3 4. 4 28.2 25.5 27.5 29.5 35.9 35.0 23.7 74.1<sup>c</sup> 25.0 26.5 5.62 27.50 28.86 35.90 2.89 28.9 25.1 27.7 26.0 26.0 25.27 5.6 5 6.7 25.7 Ctrl:2 55.5 55.5 59.9 60.9 57.7 55.4 50.7 55.4 61.5 59.0 44.0 83.9<sup>c</sup> 51.2 47.9 52.5 14.9 51.0 67.1 54.6 ß 2.7 57.7 67.1 2 Ctrl:1 Average SD %25 %75 eSD CV 0 Min MPA  $\sim$ 0 0 0 C 0 0 0 C z Max Median Gravimetric, umol/L 14.0 13.5 13.5 13.8 13.9 14.8 14.0 14.0 14.2 14.4 14.3 1.2 13.1 ... 8.0 14.7 14.1 [Dil3] 28.6 29.5 26.2 28.3 29.1 28.1 28.4 28.5 27.8 28.4 28.9 27.1 27.8 27.3 [Dil2] 5.6 27.7 56.0 55.2 52.6 [Dil1] 58.1 56.4 55.4 55.7 56.7 59.1 56.3 2.8 56.6 56.5 55.6 54.4 56. 10/06/02 04/04/02 04/02/02 26/03/02 26/03/02 23/04/02 26/02/02 05/04/02 08/04/02 19/02/02 18/11/02 08/02/02 05/04/02 11/03/02 10/06/02 08/04/02 27/02/02 Date VC-ME VC-MG VC-MH VC-MM VC-MR VC-NH VC-MB VC-MC VC-MO VC-MY VC-MI VC-ML VC-N NIST VC-MQ VC-MT VC-MA Lab

c Contol sample preparation error; data not included in statistical summaries Samples thawed in shipment; data not included in statistical summaries. a Suspect sample; data not included in statistical summaries.

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All LAb Report

5.0 ÷

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9

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7.0

# Appendix H. Representative "Individualized Report" for RR16

Each participant in RR16 received an "Individualized Report" reflecting their reported results. The following two pages are the "Individualized Report" for participant "VC-MA".

Vitamin C 'Round Robin' 16 Report: Participant VC-MA

				AA	MPA	Stock	MPA	[AA] mn	nol/L	A242	A243	A244	A245	E1%max
Date	Method	RR	Control	mg	g	mg	g	Calc	Obs	OD	OD	OD	OD	dL/gcm
09/23/98	HPLC-EC (Height)	11	55 mmol/L	200.0	103.09	526.0	102.45	57.8	6.1		0.0525	0.0527		
04/02/99	HPLC-EC (Height)	12	55 mmol/L	215.0	103.10	517.1	102.52	61.1	53.1		0.0721	0.0721		
09/17/01	HPLC-EC (Height)	13	55 mmol/L	200.8	103.16	508.0	102.58	56.0	55.4		0.5650	0.5232		572
09/27/01	HPLC-EC (Height)	14	55 mmol/L, Crtl:1	200.3	103.23	510.0	102.31	56.1	57.1		0.5409	0.5193		548
09/18/01	HPLC-EC (Height)	15	55 mmol/L, Crtl:1	200.5	103.12	506.0	102.19	55.8	57.9	0.5461	0.5465	0.5461		557
11/18/02	HPLC-EC (Height)	16	55 mmol/L, Crtl:1	200.0	103.00	515.0	102.65	56.7	60.9	0.5754	0.5449	0.5465		577
														EC2 . 14

563 ±14

		[TAA] mmol/Lsample				
RR	Sample	Rep1	Rep2	Factor	Mean	SDdup
11	SRM Lv 1, A	15.5	13.9	0.5	7.4	0.6
11	SRM Lv 1, B	14.0	14.5	0.5	7.1	0.2
12	SRM Lv 1, A	14.5	15.8	0.5	7.6	0.5
12	SRM Lv 1, B	16.1	15.1	0.5	7.8	0.3
13	SRM Lv 1, S13-1	8.4	8.5	1.0	8.5	0.1
14	SRM Lv 1, S14-3	8.0	7.7	1.0	7.8	0.2
15	SRM Lv 1, S15:1	8.9	8.7	1.0	8.8	0.1
16	SRM Lv 1, S16:1	8.8	8.8	1.0	8.8	0.0
16	S16:2, Serum 11	0.0	0.1	1.0	0.0	0.0
16	S16:3, Serum 51	49.9	44.9	1.0	47.4	3.5

Grand Average					
Mean	SDrepeat	SDreprod			

0.3

0.6

8.1

Please check our records against your records. Send corrections and/or updates to...

Micronutrients Measurement Quality Assurance Program

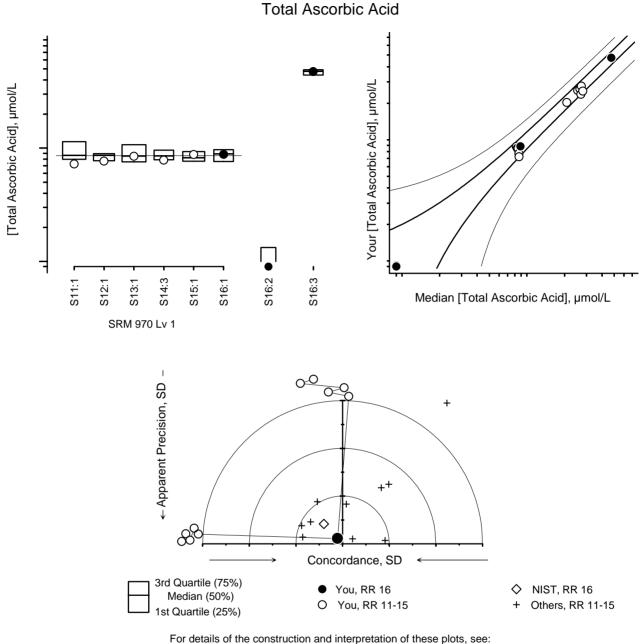
National Institute of Standards and Technology

100 Bureau Drive Stop 8392

Gaithersburg, MD 20899-8392 USA

Individualized Report

# Vitamin C 'Round Robin' 16 Report: Participant VC-MA



For details of the construction and interpretation of these plots, see: Duewer, Kline, Sharpless, Brown Thomas, Gary, Sowell. Anal Chem 1999;71(9):1870-8.

Comments

#### Sample

S16:1 SRM 970 Level 1

S16:2 Serum 11, no augmentation

S16:3 Serum 51, augmented to 47.92 µmol/L sample