

# fissea

FEDERAL

CYBERSECURITY | INNOVATION | AWARENESS | TRAINING

LOOKING FORWARD | CYBERSECURITY TRAINING TO MEET THE NEW CHALLENGES

FEDERAL INFORMATION  
SECURITY EDUCATORS

# SPRING FORUM

MAY 17, 2022  
1:00PM - 4:00PM ET



#FISSEA2022 | [NIST.GOV/FISSEA](https://nist.gov/fissea)

# WELCOME AND OPENING REMARKS

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***Susan Hansche***

FISSEA Co-Chair

Cybersecurity & Infrastructure Security  
Agency

Department of Homeland Security

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# FISSEA SPRING FORUM

LOOKING  
FORWARD

Cybersecurity Training to  
Meet the New Challenges



# GET INVOLVED



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Email [FISSEA@nist.gov](mailto:FISSEA@nist.gov)



Serve on the Contest or Award Committees for 2022

# FISSEA FALL FORUM THEME: ROLE BASED TRAINING

*Submit your proposals now for the Ignite Presentations*  
(7–8minute lightning rounds)

<https://www.surveymonkey.com/r/fisseacallforpresentations>

**Priority Consideration: September 1, 2022, 11:59 PM ET**

**Do you manage a Role Based Training Program?**

The NIST SP 800-50 Co-Author team would like to interview you.

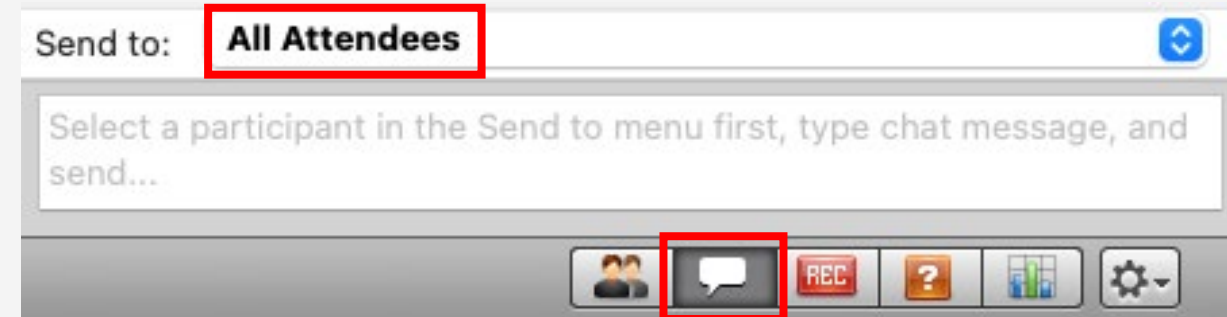
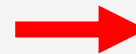
Please email [Marian.Merritt@nist.gov](mailto:Marian.Merritt@nist.gov) to learn more.

# ENGAGE DURING THE EVENT

- **Please use the Q&A to send questions for the speakers.** Be sure to click the “send” button after typing your question. We will do our best to answer all questions.



- **Please use the CHAT to make comments and share information** with other attendees. Please remember to not use the chat space for promoting any commercial products or services.





# **KEYNOTE:** *A Whole Lotta BS (Behavioral Science) About Cybersecurity*

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***Lisa Plaggemier***

Executive Director

National Cyber Security Alliance



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**NATIONAL  
CYBERSECURITY  
ALLIANCE**



Reach

**Millions of people turn  
to the National  
Cybersecurity Alliance  
for information**

- 2+ million pageviews  
StaySafeOnline.org
- 370,000+ social media  
followers
- 150+ free resources
- Thousands of webinar  
attendees

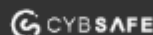


**NATIONAL  
CYBERSECURITY  
ALLIANCE**

**84 MILLION**

# Oh, Behave!

## The Annual Cybersecurity Attitudes and Behaviors Report 2021



Oh, Behave!

The Annual Cybersecurity Attitudes and Behaviors Report 2021

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OH, BEHAVE! THE ANNUAL CYBERSECURITY ATTITUDES AND BEHAVIORS REPORT 2021

### OUR FINDINGS

#### Victims of cybercrime and identity theft

Overall, 34% of the participants had experienced harmful cyber activity at least once in their life. 19% reported having been victims of identity theft.

Younger generations (52% of "Gen Z" and 49% of "Millennials") were more likely to be victims of harmful cyber activity (e.g. phishing attempts or data leaks) (9%), resulting in the loss of money or data compared to older generations (21% of "Baby Boomers", and 12% of "Silent Gen").

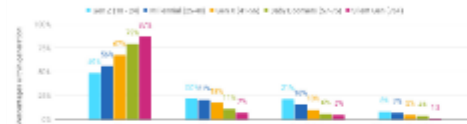


Figure 10. "Have you ever been a victim of harmful cyber activities online that have resulted in the loss of money or data?"

Data: UK & US based participants, total number: 2000, aged 18+, data collection: August 10, 2021 - August 18, 2021.

A similar trend of vulnerability was visible in victims of identity theft. Here, 24% of "Gen Z" and 35% of "Millennials" reported having their identity stolen at least once. 84% of "Baby Boomers" reported that they're never had their identity stolen.

– Why don't you update your devices?  
"I feel my devices are secure and don't think it's necessary to update them often"

## Perceptions of cybersecurity practices

### OUR FINDINGS

#### Reporting cybercrime and identity theft

More than half of the cybersecurity victims (52%) chose not to report the incident with only 33% reporting it. "Baby Boomers" (60%) were most likely to report cybercrime while "Gen Z" (21%) were least likely to do so. The main reason given for non-reporting were not knowing how or who to report the crime to. The majority of participants who said they did report the crime did so to the police and the bank.



Figure 12. Percentage of participants reporting cybercrime by age group.

Data: UK & US based participants, total number: 2000, aged 18+, data collection: August 10, 2021 - August 18, 2021.

Overall, 63% of identity theft victims reported the incident, and 37% of participants chose not to report it. "Baby Boomers" were again most likely to report identity theft (59%) when compared to other generations. The group that seemed to report the least was "Gen Z" (32%).



reporting identity theft

Data: UK & US based participants, total number: 2000, aged 18+, data collection: August 10, 2021 - August 18, 2021.

### DESCRIPTIONS OF CYBERSECURITY PRACTICES

This section provides a snapshot of people's attitudes and confidence when it comes to cybersecurity practices. We've examined their views on perceived responsibility and reliance on other people (e.g. family members) when undertaking actions online (e.g. resetting the Netflix password... again).

#### Attitudes to cybersecurity

Overall, participants reported staying secure online is important to them (83%), and they prioritize online security (76%).

Less than half of the participants (45%) stated they find staying secure online frustrating and another 41% reported feelings of intimidation concerning cybersecurity matters.

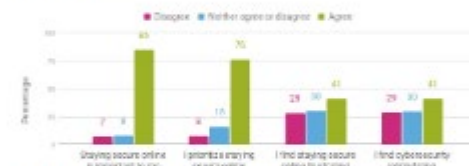
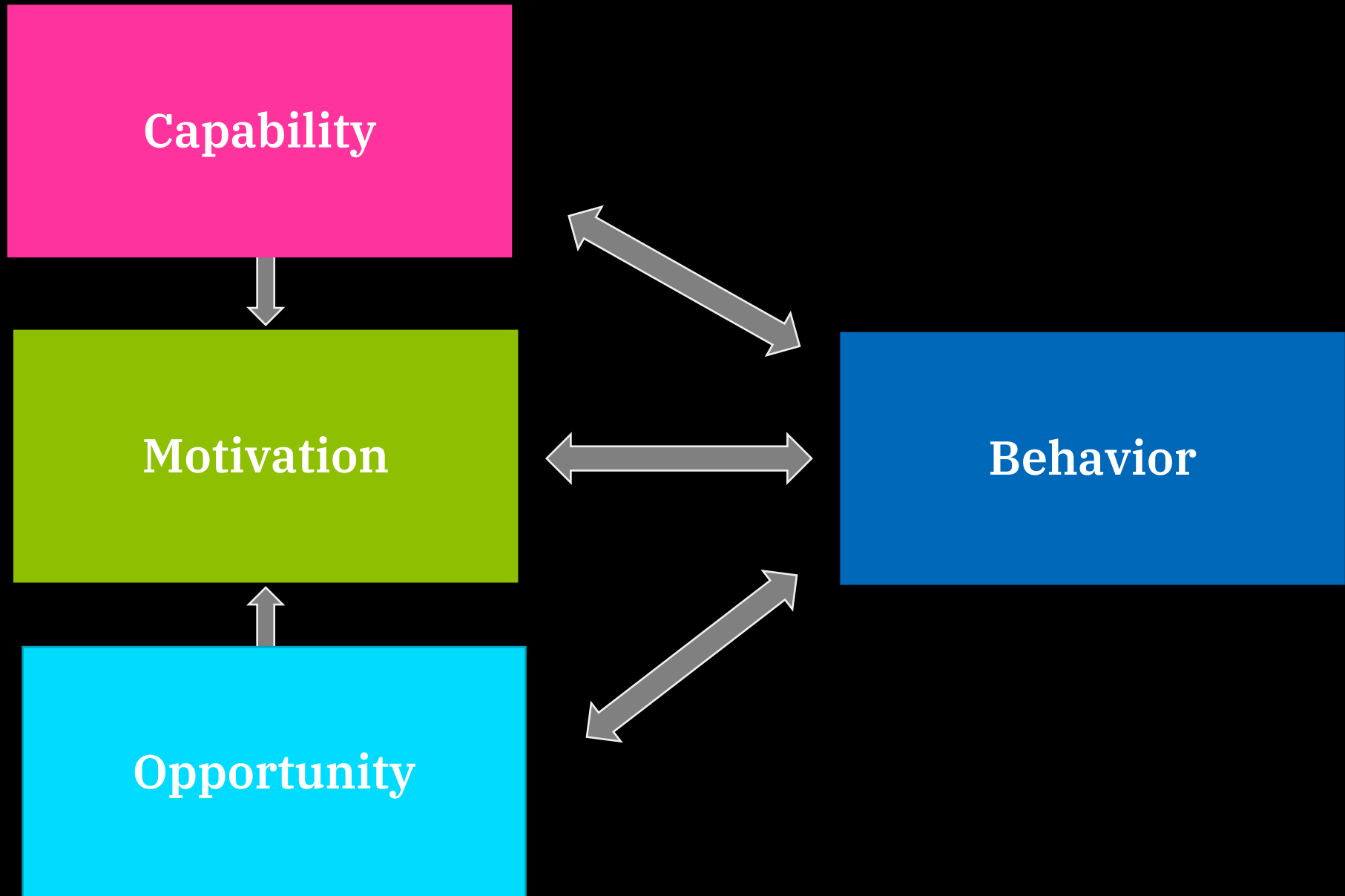


Figure 14. Participants' levels of agreement to four cybersecurity statements.

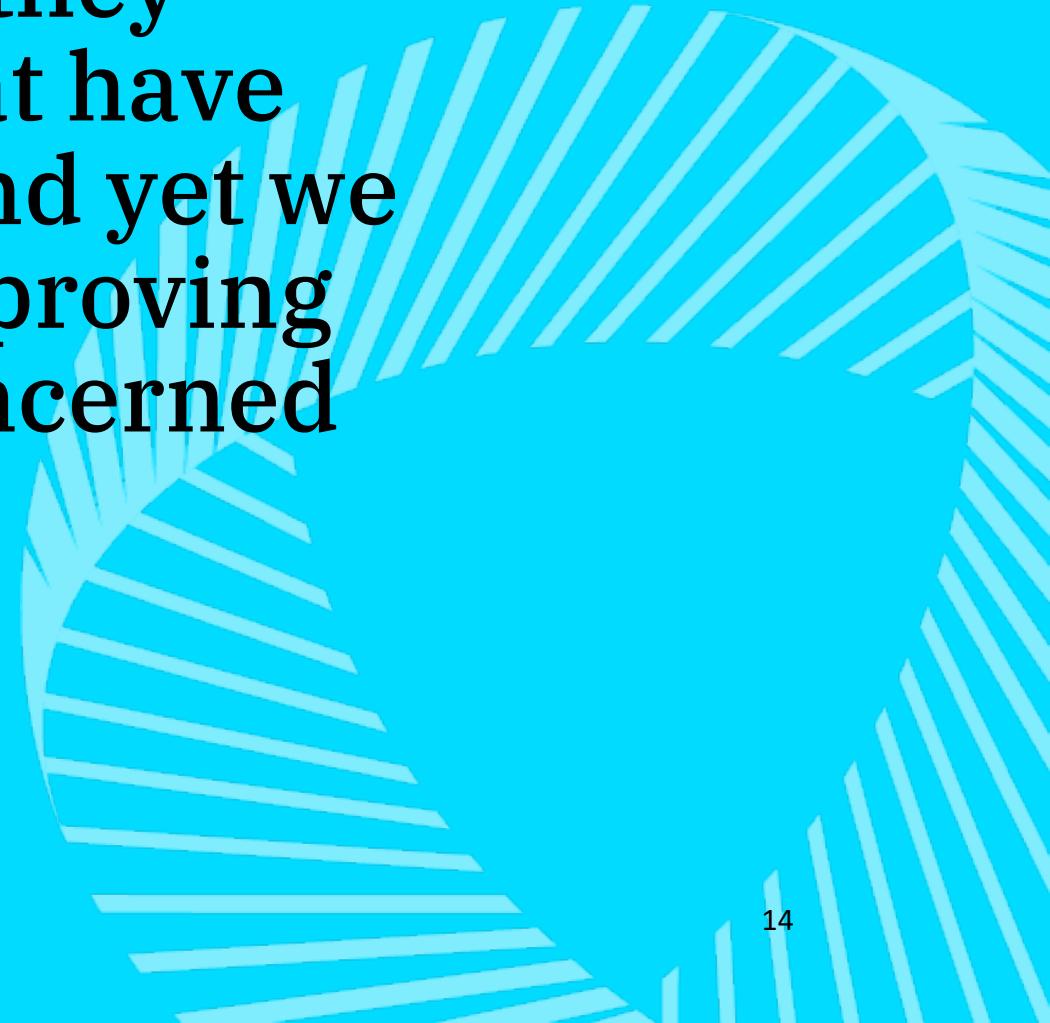
Data: UK & US based participants, total number: 2000, aged 18+, data collection: August 10, 2021 - August 18, 2021.

41% of participants felt intimidated by cybersecurity matters



## Security Behaviors

- i) creating and managing passwords;**
- ii) applying Multi-Factor Authentication (MFA);**
- iii) installing the latest updates;**
- iv) checking message legitimacy (phishing);**
- v) recognizing and reporting phishing, and**
- vi) backing up data.**



**“People are irrational and they usually make decisions that have nothing to do with facts. And yet we spend most of our time improving our facts and very little concerned with the rest.”**

*Seth Godin*



# Feelings

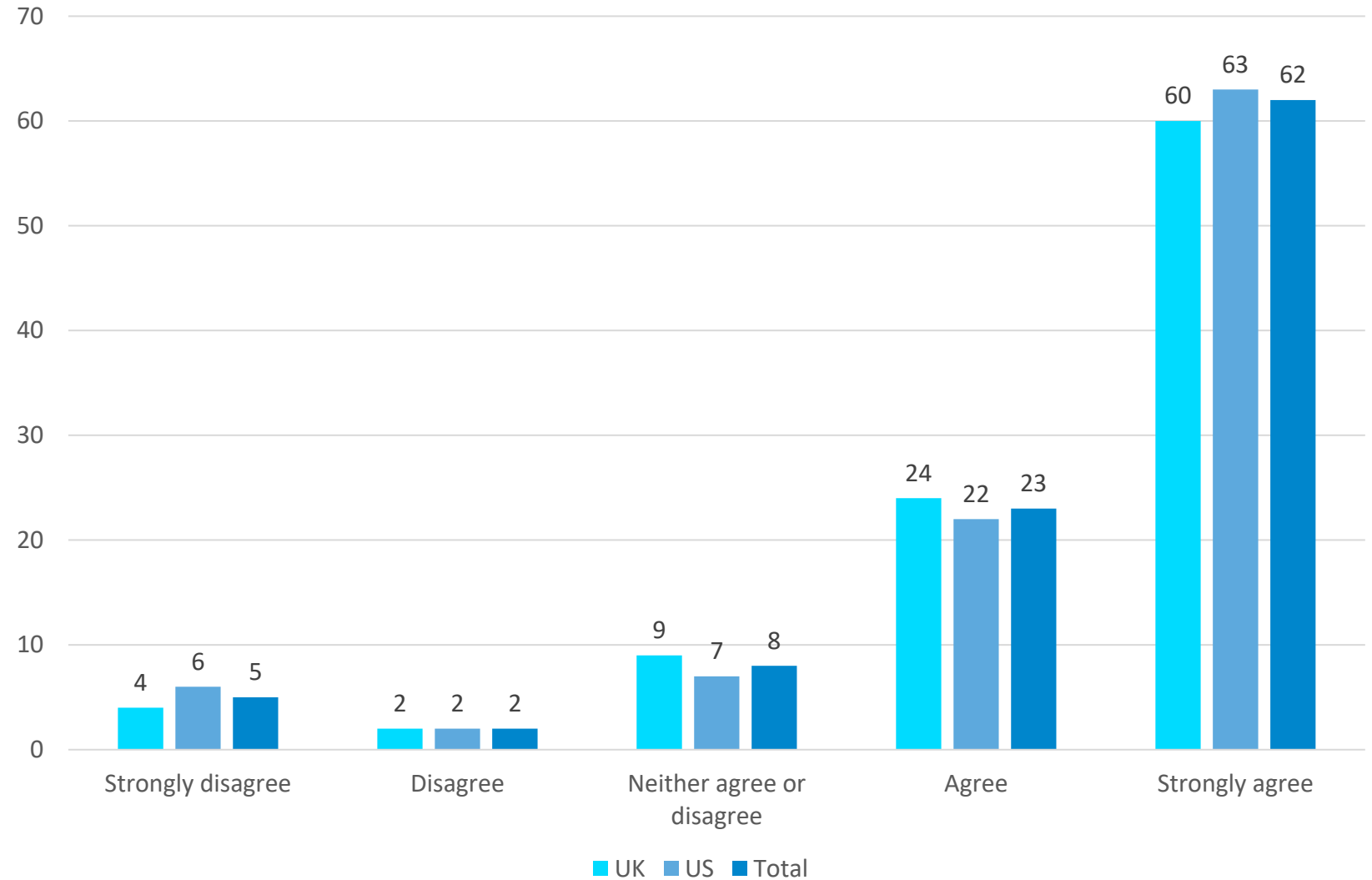
# Importance of staying secure online

**Q: How do you feel about cyber security?**

Statement:

***“Staying secure online is important to me.”***

**63%** of US and **60%** of UK citizens find staying secure online **very important**.



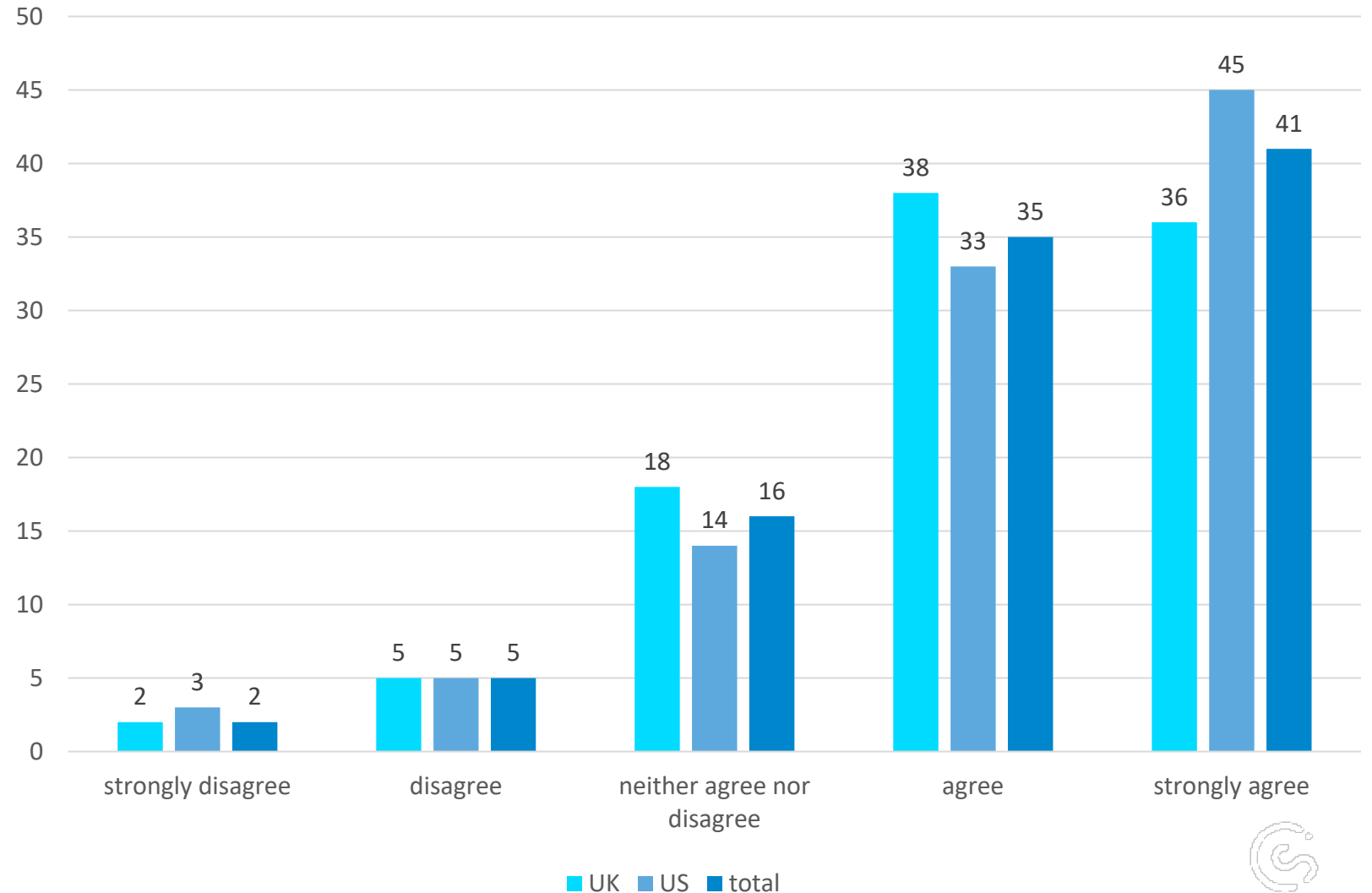
# Prioritising online security

**Q: How do you feel about cyber security?**

Statement:

***“I prioritise staying secure online.”***

**45%** of US citizens  
**36%** of UK citizens  
rated cyber security a  
**high priority** for them.



# Behaviors

# Passwords

**Q. What is your preferred method of remembering multiple passwords?**

- a. I write them down in a notebook **31%**
- b. I store them in my phone or in my email **20%**
- c. I just remember them (without writing them down) **26%**
- d. I save passwords in the browser **11%**
- e. I use a password manager application **12%**



## Q. How often do you use different passwords for your important online accounts (e.g. emails, social media)?

- a. Never > 47%
- b. Rarely
- c. Sometimes
- d. Very often > 20%
- e. Always

## Q. I would use a password manager but...

- a. I have heard that using the same password is risky, but never fully understood what the problem is **8%**
- b. I understand what people are saying about the risks of using the same passwords for multiple accounts, but I don't believe or care about it **7%**
- c. I think it is worth using a password manager, but it is not a priority for me at the moment **18%**
- d. I don't think I can use a password manager because I don't think it is easy to use **7%**
- e. I think using a password manager would get in the way of my productivity **6%**
- f. I don't trust any single provider with managing all my passwords **37%**
- g. I don't know how to do it, even if I wanted to **14%**



# Multi- Factor Authentication

## Use of Multi-Factor Authentication (MFA)

**48% of the participants had never heard of MFA.**

**Out of the 52% of the participants who had heard about it:**

**81% applied it at least once**

**90% of them reporting that they were still using MFA**



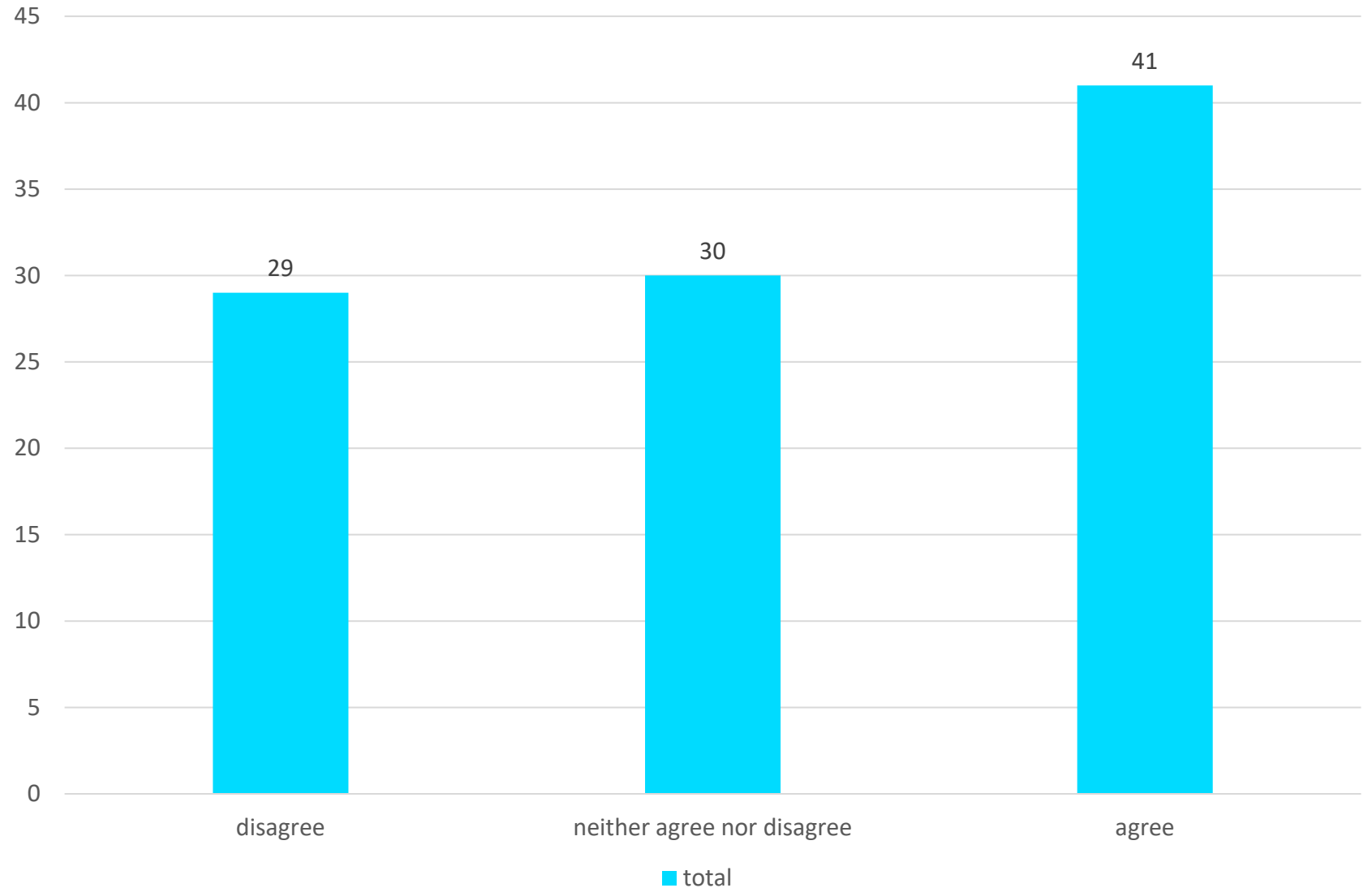
# Feelings

# Feelings of frustration

**Q: How do you feel about cyber security?**

Statement:

***“I find staying secure frustrating.”***





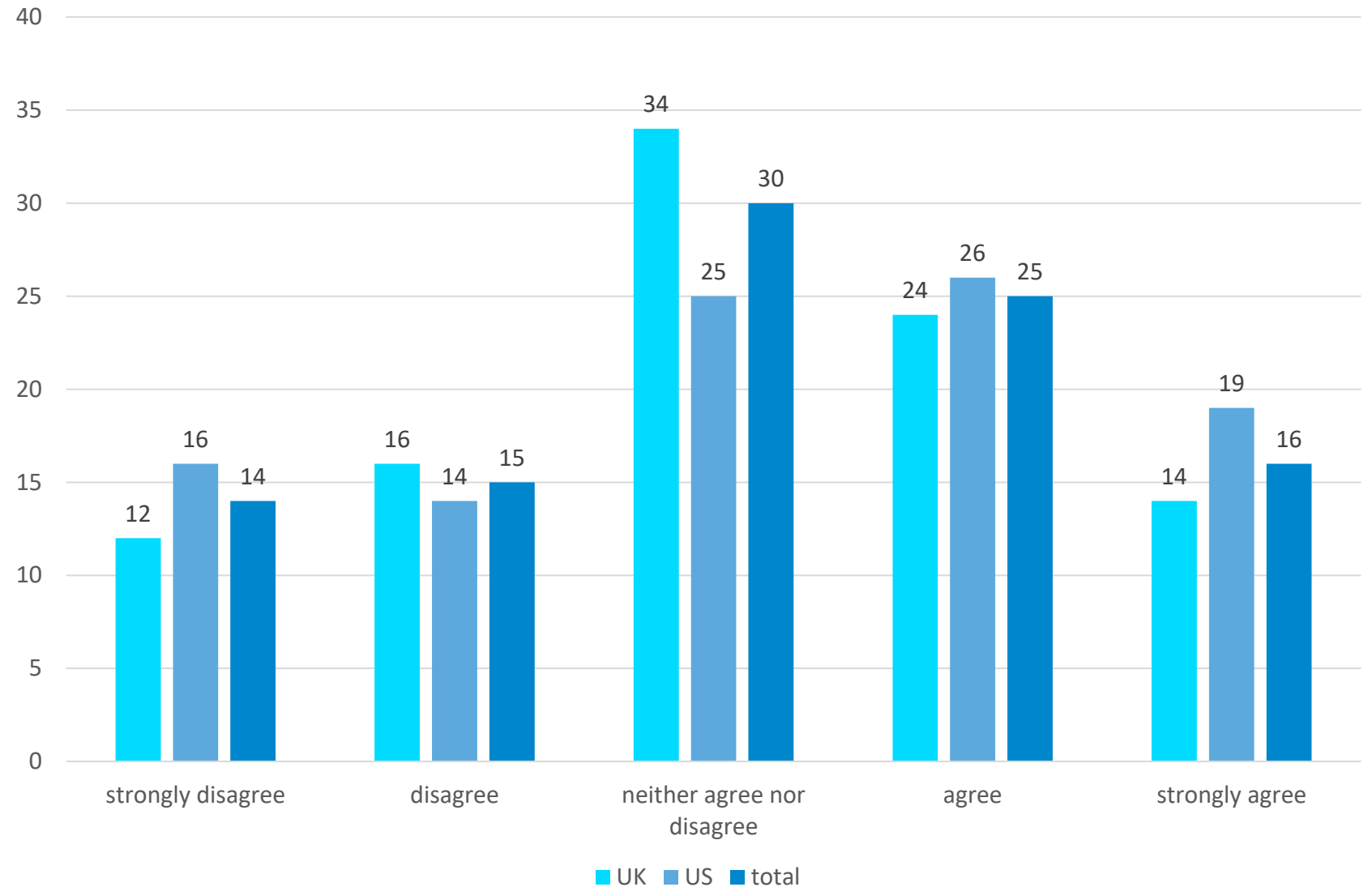


# Feelings of intimidation

**Q: How do you feel about cyber security?**

Statement:

***“I find cyber security intimidating.”***















```
1 0 0 1 0 1 0 1 0 1
0 1 0 1 1 0 1 0 1 0 0
1 0 1 0 0 1 0 1 0 1 1 1
0 1 0 1 1 0 1 0 1 0 0 1
```

# HACKING DETECTED



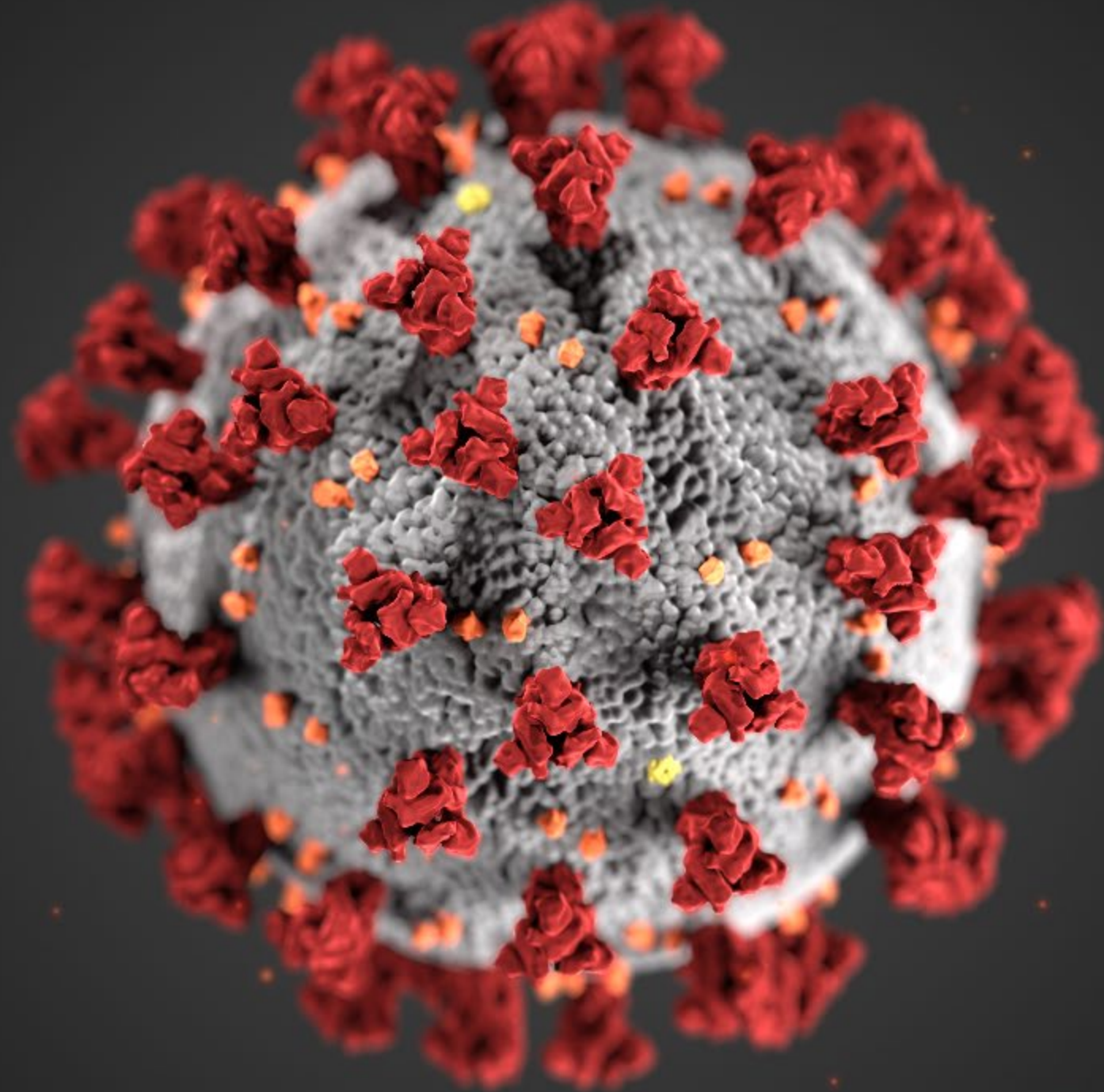
**RISK ALERT**





























#NoMoreHackersInHoodies





# Peace of Mind

Focus on Behaviors

Phishing

Updates

Passwords

MFA

# Risk-based approach

Cybersecurity Awareness Month

## **Themes**

It's easy to stay safe online.

Empowering  
a more secure,  
interconnected  
world.

How can we help you stay safe online?



## Why 2022 Is the Year of the Password Manager

By Jack Willshire • 3.14.22 • 2 min read

## Identity Management Day

By Jack Willshire • 3.14.22 • 4 min read

## Safe Online Shopping

By Jack Willshire • 3.14.22 • 4 min read

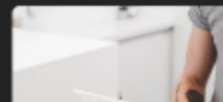
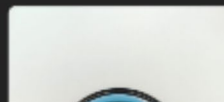
### DISCOVER RESOURCES

Online Safety +  
Privacy Basics

Career +  
Education

Theft, Fraud +  
Cybercrime

Cybersecurity  
for Business



**FEATURED  
PRESENTATION:**

*Review and Updates to NIST  
Cybersecurity Framework*

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***Kevin Stine***

Chief, Applied Cybersecurity Division  
National Institute of Standards and  
Technology

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# **FISSEA Spring Forum NIST Cybersecurity Framework**

**Kevin Stine, NIST  
May 17, 2022**



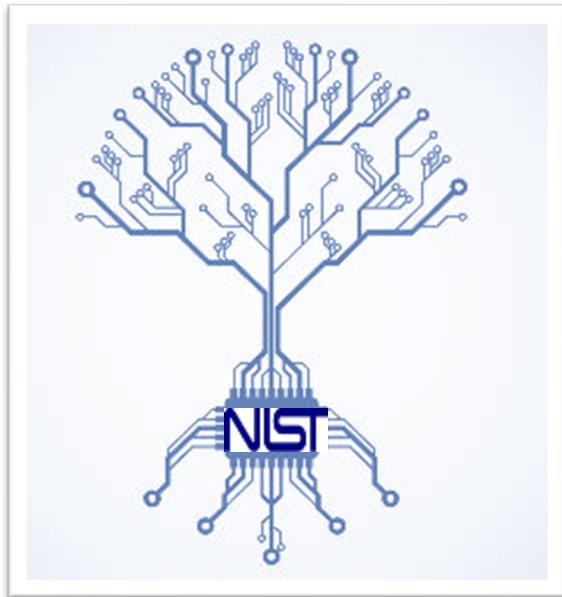
# Celebrating our 50<sup>th</sup> Anniversary

The year 2022 marks **50 years** of NIST's cybersecurity research and the development of cybersecurity and privacy guidance.

Our work has helped better secure the state of technology that exists today—while providing the platform for the secure technology development of tomorrow.

## Celebrate with us all year long!

- Website: [nist.gov/cybersecurity/50th-anniversary-cybersecurity-nist](https://nist.gov/cybersecurity/50th-anniversary-cybersecurity-nist) (events, resources, and blogs all in one place!)
- Follow @NISTcyber on Twitter and use #NISTCyber50th
- Subscribe for our GovDelivery updates (use URL above)



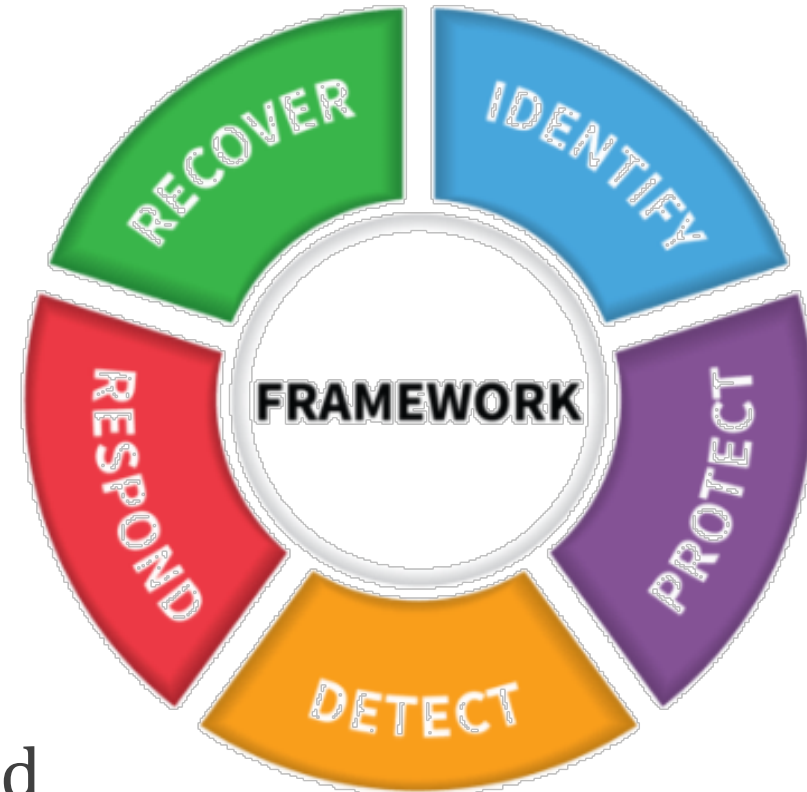
# Cybersecurity Framework (CSF) History

- February 2013 – Executive Order 13636: Improving Critical Infrastructure Cybersecurity
- **February 2014 – CSF 1.0**
- December 2014 – Cybersecurity Enhancement Act of 2014 (P.L. 113-274)
- May 2017 – Executive Order 13800: Strengthening the Cybersecurity of Federal Networks and Critical Infrastructure
- **April 2018 – CSF 1.1**
- April 2022 – NIST RFI on CSF Update Closed
- **Future – CSF 2.0**



# Cybersecurity Framework (CSF)

- Common and accessible language
- Adaptable to many technologies, lifecycle phases, sectors and uses
- Risk-based
- Based on international standards
- Guided by many perspectives – private sector, academia, public sector
- Align legal/regulatory requirements and organizational and risk management priorities





# CSF Core

Function (5)	Category (23)	Subcategories (108)	Informative References		
Identify (ID)	Asset Management				
	Business Environment				
	Governance				
	Risk Assessment				
	Risk Management Strategy				
Protect (PR)	Supply Chain Risk Management				
	Identity Management & Access Control	<b>PROTECT (PR)</b> <b>Identity Management, Authentication and Access Control (PR.AC):</b> Access to physical and logical assets and associated facilities is limited to authorized users, processes, and devices, and is managed consistent with the assessed risk of unauthorized access to authorized activities and transactions.	<b>PR.AC-6:</b> Identities are proofed and bound to credentials and asserted in interactions  <b>PR.AC-7:</b> Users, devices, and other assets are authenticated (e.g., single-factor, multi-factor) commensurate with the risk of the transaction (e.g., individuals' security and privacy risks and other organizational risks)		
	Awareness and Training			<b>CIS CSC, 16</b> <b>COBIT 5</b> DSS05.04, DSS05.05, DSS05.07, DSS06.03 <b>ISA 62443-2-1:2009</b> 4.3.3.2.2, 4.3.3.5.2, 4.3.3.7.2, 4.3.3.7.4 <b>ISA 62443-3-3:2013</b> SR 1.1, SR 1.2, SR 1.4, SR 1.5, SR 1.9, SR 2.1 <b>ISO/IEC 27001:2013</b> , A.7.1.1, A.9.2.1 <b>NIST SP 800-53 Rev. 4</b> AC-1, AC-2, AC-3, AC-16, AC-19, AC-24, IA-1, IA-2, IA-4, IA-5, IA-8, PE-2, PS-3	
	Data Security				<b>CIS CSC</b> 1, 12, 15, 16 <b>COBIT 5</b> DSS05.04, DSS05.10, DSS06.10 <b>ISA 62443-2-1:2009</b> 4.3.3.6.1, 4.3.3.6.2, 4.3.3.6.3, 4.3.3.6.4, 4.3.3.6.5, 4.3.3.6.6, 4.3.3.6.7, 4.3.3.6.8, 4.3.3.6.9 <b>ISA 62443-3-3:2013</b> SR 1.1, SR 1.2, SR 1.5, SR 1.7, SR 1.8, SR 1.9, SR 1.10 <b>ISO/IEC 27001:2013</b> A.9.2.1, A.9.2.4, A.9.3.1, A.9.4.2, A.9.4.3, A.18.1.4 <b>NIST SP 800-53 Rev. 4</b> AC-7, AC-8, AC-9, AC-11, AC-12, AC-14, IA-1, IA-2, IA-3, IA-4, IA-5, IA-8, IA-9, IA-10, IA-11
	Information Protection Processes and Procedures				
Maintenance					
Protective Technology					
Anomalies and Events					
Detect (DE)	Security Continuous Monitoring				
	Detection Processes				
Respond (RS)	Response Planning				
	Communications				
	Analysis				
Recover (RC)	Mitigation				
	Improvements				
	Recovery Planning				
	Improvements				
	Communications				

# International Use

- Translated into Japanese, Spanish, Portuguese, Arabic, Bulgarian, Polish, Indonesian, French, Ukrainian
- Adapted into national cybersecurity policies, strategies, and requirements
- Use cases identified in all regions



# Cybersecurity RFI on CSF 2.0

NIST is actively engaging stakeholders to solicit input on its cybersecurity resources

## Cybersecurity Framework

Use of and potential updates to the NIST Cybersecurity Framework (CSF)

## Cybersecurity Resources

Feedback on NIST cybersecurity resources, including relationship of the CSF with other NIST and other resources

## Supply Chain Cybersecurity

The National Initiative for Improving Cybersecurity in Supply Chains

More info: <https://www.nist.gov/cyberframework>

# Ways to Engage on CSF 2.0

**Submit comments on our draft publications:**

<https://www.nist.gov/cyberframework/framework>

**Join our CSF workshops – stay tuned for that!**

<https://www.nist.gov/cybersecurity/cybersecurity-privacy-events>

**See us at other events/conferences:**

<https://www.nist.gov/cyberframework/events-and-presentations>



# STAY IN TOUCH

## CONTACT US



[NIST.gov/cybersecurity](https://www.nist.gov/cybersecurity)



[Cybersecurity-  
Privacy@NIST.gov](mailto:Cybersecurity-Privacy@NIST.gov)



[@NISTcyber](https://twitter.com/NISTcyber)



**FEATURED  
PRESENTATION:**

*Guide to Control Systems  
Cybersecurity*

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***Keith Stouffer***

Networked Control Systems Group Leader  
Smart Connected Systems Division  
Communications Technology Laboratory  
National Institute of Standards and  
Technology

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# NIST Operational Technology (OT) Cybersecurity

**FISSEA Spring Forum:  
May 17, 2022**

**Keith Stouffer  
Networked Control Systems Group Leader  
Smart Connected Systems Division  
Communications Technology Laboratory**

# Operational Technology (OT) Definition

Operational technology (OT) encompasses a broad range of programmable systems or devices that **interact with the physical environment** (or manage devices that interact with the physical environment). These systems/devices detect or cause a direct change through the monitoring and/or control of devices, processes, and events. Examples include industrial control systems (ICS), building automation systems, transportation systems, physical access control systems, physical environment monitoring systems, and physical environment measurement systems.





# NIST OT Cybersecurity Program



Cybersecurity risk management is an important factor to ensure the safe and reliable delivery of the goods and services provided and supported by OT. The NIST OT Security Program includes multiple collaborative projects from across the NIST Communications Technology Laboratory and Information Technology Laboratory.

<https://csrc.nist.gov/projects/operational-technology-security>



**TIPS & TACTICS CONTROL SYSTEM CYBERSECURITY**

Quick steps you can take now to **PROTECT** your control system:

- 1 PUT SOMEONE IN CHARGE**  
Designate one or more people to lead your control system cybersecurity efforts.
- 2 KNOW WHAT YOU HAVE**  
Document which types of sensors and control systems assets you have. Turn each asset on and determine the data it generates. Check for and remove outdated assets.
- 3 ESTABLISH CYBERSECURITY RELATIONSHIPS**  
Join your sector-specific cybersecurity consortiums and establish relationships with vendors and other organizations that you rely on for cybersecurity services or data.
- 4 CHANGE DEFAULT PASSWORDS**  
Check your assets for default passwords and change any you find to better suit your needs. Do not change passwords to plain text.
- 5 PROTECT ASSETS FROM TAMPERING**  
Keep critical assets physically secured and under the care of one or more security staff. Implement tamper-resistant physical and safety systems to the "best" control of all those available for the facility's security program.

Additional steps to **MANAGE** your control system cybersecurity risk:

- 1 TRAINING & AWARENESS**  
Train control system operators and cybersecurity staff on the role of cybersecurity in the safe and reliable operation of your control system.
- 2 MANAGE USER CREDENTIALS & ACCESS**  
Implement policies to create, store, and manage user credentials. Immediately disable accounts associated to control system assets that are no longer needed.
- 3 RESTRICT ACCESS TO THE CONTROL SYSTEM NETWORK & NETWORK ACTIVITY**  
Implement a fire wall network topology with a demilitarized zone (DMZ) to restrict access to control system assets. Restrict control system access to any assets that require it. Consider restricting your data and information for security events and responses.
- 4 MANAGE CYBERSECURITY VULNERABILITIES**  
Make your assets up to date with the patches. Prioritize the patching of OT assets that could be impacted by critical vulnerabilities. Implement asset hardening and configuration management. Conduct regular vulnerability scans and regularly review and update security monitoring processes.
- 5 IMPLEMENT APPLICATION CONTROL**  
The implementation of application control measures, such as software whitelisting, and enabling applications, can reduce the risk of unauthorized control system activity.
- 6 PREPARE TO RECOVER FROM A CYBERSECURITY INCIDENT**  
Develop and implement an incident response plan. Plan, test, and lead exercises and data backup and restoration strategy.
- 7 IMPLEMENT & PERFORM CONTINUOUS MONITORING**  
Conduct security monitoring based on control system configuration. Build the ability to respond to cyber threats by detecting and responding to security events. Review the status of control system assets for threats and vulnerabilities by using the National Cyber Security Center (NCSS) and the Cybersecurity Information and Reporting System (CIRS).

**NIST** National Institute of Standards and Technology  
U.S. Department of Commerce

# Example OT Cybersecurity Resources



## **Manufacturing Extension Partnership Cybersecurity Resources**

<https://www.nist.gov/mep/cybersecurity-resources-manufacturers>

## **Cybersecurity Framework Manufacturing Profile Low Impact Level Example Implementations Guide**

<https://csrc.nist.gov/news/2019/nistir-8183a-csf-mfg-profile-low-impact-level>

## **National Cybersecurity Center of Excellence (NCCOE): Energy Sector, Healthcare Sector, Manufacturing Sector and Transportation Sector Projects**

<https://www.nccoe.nist.gov/>

## **Cybersecurity & Infrastructure Security Agency (CISA) ICS Cybersecurity Recommended Practices**

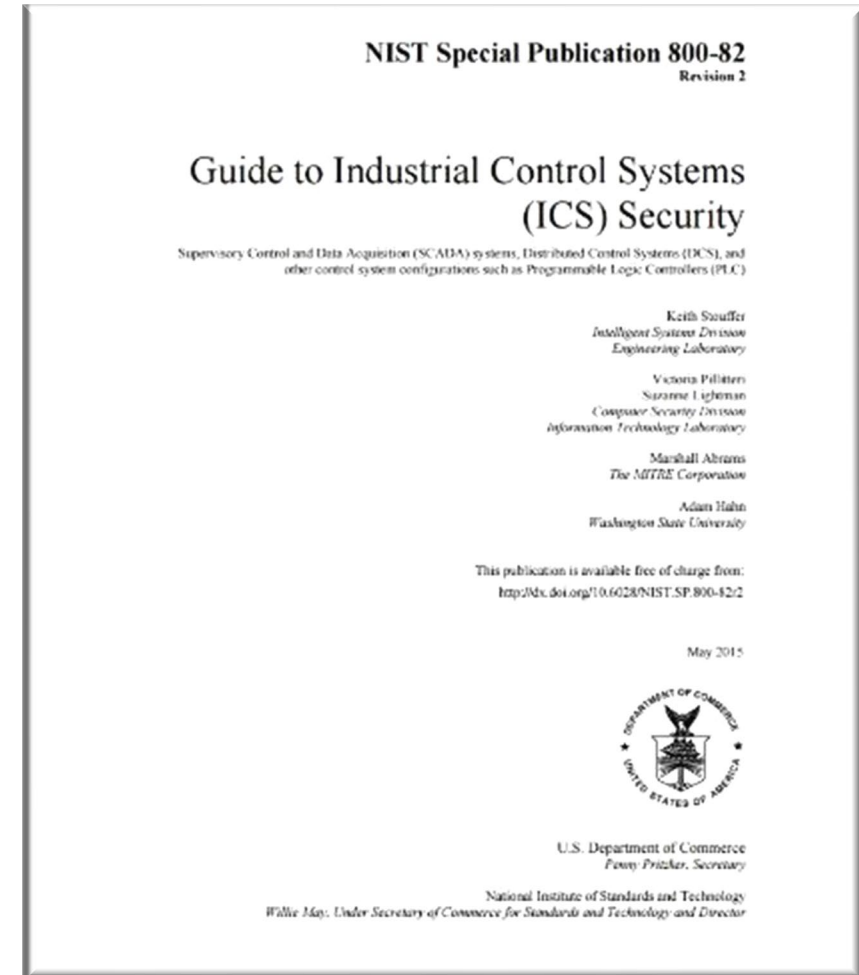
<https://us-cert.cisa.gov/ics/Recommended-Practices>

# NIST Special Publication (SP) 800-82



## Guide to Industrial Control Systems Security

- Provides a comprehensive cybersecurity approach for securing ICS, while addressing unique performance, reliability, and safety requirements, including implementation guidance for NIST SP 800-53 controls
- Initial draft - September 2006
- Revision 1 - May 2013
- Revision 2 - May 2015
- 3,000,000+ downloads, 1700+ citations, worldwide standard/guideline for industrial control system cybersecurity





NIST has initiated an update of SP 800-82 to incorporate lessons learned over the past several years, to provide alignment to relevant NIST guidance, to provide alignment to other relevant control system cybersecurity standards and recommended practices, and to address changes in the threat landscape.

The initial public draft, which was published as SP 800-82, Revision 3, *Guide to Operational Technology (OT) Security* was released on April 26, 2022 and is open for public comment until July 1, 2022.

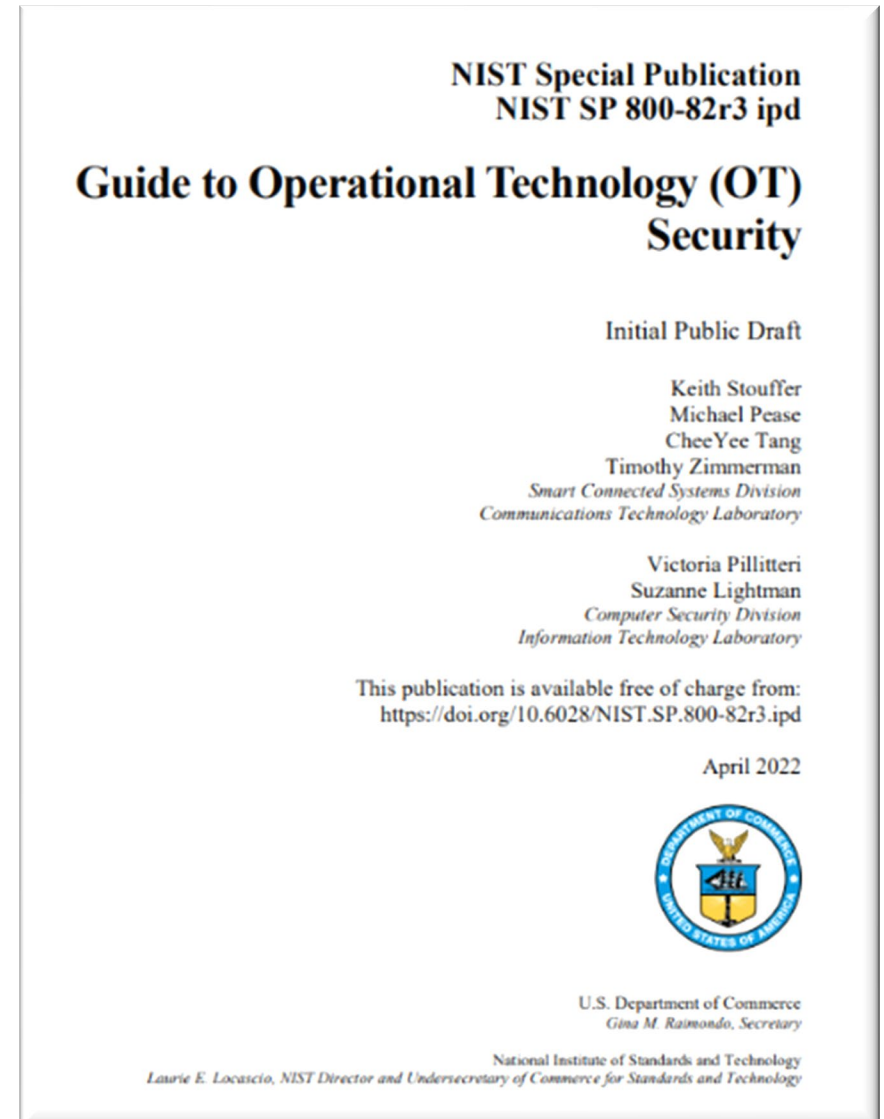
This initial public draft provides guidance on how to improve the security of OT systems while addressing their unique performance, reliability, and safety requirements.

# NIST SP 800-82 Updates



- Expansion in scope from ICS to OT
- Updates to OT threats and vulnerabilities
- Updates to OT risk management, recommended practices, and architectures
- Updates to current activities in OT security
- Updates to security capabilities and tools for OT
- Additional alignment with other OT security standards and guidelines, including the Cybersecurity Framework (CSF)
- New tailoring guidance for NIST SP 800-53, Rev. 5 security controls
- An OT overlay for NIST SP 800-53, Rev. 5 security controls that provides tailored security control baselines for low-impact, moderate-impact, and high-impact OT systems.

<https://csrc.nist.gov/publications/detail/sp/800-82/rev-3/draft>



# Example OT Cybersecurity Training and Certifications

**CISA - Some courses available at no cost**

<https://us-cert.cisa.gov/ics/Training-Available-Through-ICS-CERT>

**International Society of Automation and International Electrotechnical Commission (ISA/IEC)**

<https://isaeurope.com/certification/>

**SANS**

<https://www.sans.org/cyber-security-courses/?focus-area=industrial-control-systems-security>

**Global Information Assurance Certification (GIAC)**

<https://www.giac.org/certifications/industrial-control-systems>

**SCADAhacker**

<https://scadahacker.com/training.html>

**FEATURED  
PRESENTATION:**

***Federal Training Opportunities for  
Control Systems Cybersecurity***

oooo

***Greg Bastien***

Institutes Section Chief

Cyber Defense Education and Training

Cybersecurity and Infrastructure Security  
Agency

oooo



# CYBERSECURITY DEFENSE EDUCATION AND TRAINING (CDET)

INDUSTRIAL CONTROL SYSTEMS (ICS) CYBERSECURITY TRAINING



**Greg Bastien**  
[greg.bastien@cisa.dhs.gov](mailto:greg.bastien@cisa.dhs.gov)

# ICS Cybersecurity Training

## ICS Cybersecurity Training falls into one of four categories:

1. The Virtual Learning Portal
2. ICS301V and ICS401V Online Training
3. Instructor-led, in-class Training
4. Regional Training

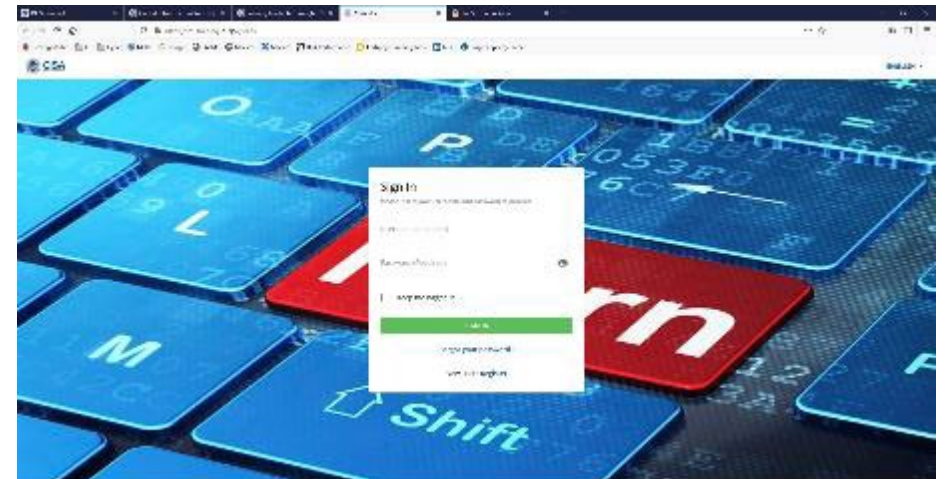
<https://www.cisa.gov/uscert/ics/Training-Available-Through-CISA>



# ICS Cybersecurity Training

## 1. The Virtual Learning Portal (VLP) <https://ics-training.inl.gov/learn>

- Students register for their own VLP Account
- Students can take the training at their leisure
- There are currently 13 courses available
  - Operational Security (OPSEC) for Control Systems (100W) - 1 hour
  - Differences in Deployments of ICS (210W-1) – 1.5 hours
  - Influence of Common IT Components on ICS (210W-2) – 1.5 hours
  - Common ICS Components (210W-3) – 1.5 hours
  - Cybersecurity within IT & ICS Domains (210W-4) – 1.5 hours
  - Cybersecurity Risk (210W-5) – 1.5 hours
  - Current Trends (Threat) (210W-6) – 1.5 hours
  - Current Trends (Vulnerabilities) (210W-7) – 1.5 hours
  - Determining the Impacts of a Cybersecurity Incident (210W-8) – 1.5 hours
  - Attack Methodologies in IT & ICS (210W-9) – 1.5 hours
  - Mapping IT Defense-in-Depth Security Solutions to ICS - Part 1 (210W-10) – 1.5 hours
  - Mapping IT Defense-in-Depth Security Solutions to ICS - Part 2 (210W-11) – 1.5 hours
  - ICS Cybersecurity Landscape for Managers (FRE2115)



# ICS Cybersecurity Training

## 2. ICS301V and ICS401V Online Training

- Courses start every other Monday (alternating)
- Students must register for each individual course
- Students must complete the training within the allotted timeline
- The 301V and 401V courses are a prerequisite for attending the 301L and 401L in-class training

### **ICS Cybersecurity (301V)**

This course provides an online virtual training based on understanding, protecting, and securing Industrial Control Systems (ICS) from cyber-attacks. In order to understand how to defend IT and OT systems, trainees will learn about common cyber vulnerabilities and the importance of understanding the environment they are tasked to protect. Learning the weaknesses of systems will enable trainees to identify mitigation strategies, policies, and programs that will provide the defense-in-depth needed to ensure a more secure ICS environment.

### **ICS Evaluation (401V)**

This course provides online training on how to analyze, evaluate, and document the cybersecurity posture of an organization's Industrial Control Systems (ICS) for the purpose of identifying recommended changes. Specifically, the course will utilize a multi-step repeatable process, within a simulated ICS environment, that teaches how to analyze cybersecurity weaknesses and threats, evaluate and map findings, document potential mitigations, and provide ongoing resolutions to strengthen the cybersecurity posture.

# ICS Cybersecurity Training

## 2. ICS301V and ICS401V Online Training

How do I register? <https://www.cisa.gov/uscert/ics/Calendar>

### June 2021

Industrial Control Systems Cybersecurity (301v) Online Virtual Training  
June 7-18

Course information and registration



Industrial Control Systems Evaluation (401v) Online Virtual Training  
June 14-25

Course information and registration

Industrial Control Systems Cybersecurity (301v) Online Virtual Training  
June 21-July 2

Course information and registration

Industrial Control Systems Evaluation (401v) Online Virtual Training  
June 28-July 9

Course information and registration

### July 2021

Industrial Control Systems Cybersecurity (301v) Online Virtual Training  
July 5-16

Course information



Industrial Control Systems Evaluation (401v) Online Virtual Training  
July 12-23

Course information

Industrial Control Systems Cybersecurity (301v) Online Virtual Training  
July 19-30

Course information

Industrial Control Systems Evaluation (401v) Online Virtual Training  
July 26-Aug 6

Course information

# ICS Cybersecurity Training

## 3. Instructor-led, in-class Training (301L and 401L)

- a. Courses taught at the Idaho National Laboratory [INL] (Idaho Falls, ID)
- b. These facilities are currently closed due to COVID19
- c. The course schedule will be posted 90 days prior <https://www.cisa.gov/uscert/ics/Calendar>
- d. Students must register and be approved for the training. (seating is very limited)
- e. The 301V and 401V courses are a prerequisite for the 301L and 401L course

### ICS Cybersecurity Lab (301L) - 5 days

This is the companion and follow-on course to the 301V. This course provides hands-on training on understanding, protecting, and securing Industrial Control Systems (ICS) from cyber-attacks and includes a Red versus Blue team exercise conducted within an actual Control Systems environment. Attendees will get an instructor-led hands-on experience with opensource operating systems and security tools such as Kali Linux and Security Onion. In addition, the training provides the opportunity to network and collaborate with other colleagues involved in operating and protecting Control System networks.

### ICS Evaluation (401) - 5 days

This instructor-led 5-day course provides hands-on training on how to analyze, evaluate, and document the cybersecurity posture of an organization's Industrial Control Systems (ICS) for the purpose of identifying recommended changes. Specifically, the course will utilize a multi-step repeatable process, within a simulated ICS environment, that teaches how to analyze cybersecurity weaknesses and threats, evaluate and map findings, document potential mitigations, and provide ongoing resolutions to strengthen the cybersecurity posture.

# ICS Cybersecurity Training

## 4. Regional Training

- Training provided virtually or in-person by INL personnel
- Training consists to 100 and 200 level courses, CyberStrike and CyberCHAMP
- Regional events are scheduled through the Regional CSA or PSA
- We are working to virtualize the 100 and 200 level training

### **Introduction to Control Systems Cybersecurity (101)**

This course introduces students to the basics of Industrial Control Systems (ICS) cybersecurity. This includes a comparative analysis of IT and ICS architectures, understanding risk in terms of consequence, security vulnerabilities within ICS environments, and effective cyber risk mitigation strategies for the Control System domain.

### **Intermediate Cybersecurity for Industrial Control Systems (201) Part 1**

This course builds on the concepts learned in the Introduction to ICS Cybersecurity (101) course. This course provides technical instruction on the protection of Industrial Control Systems using offensive and defensive methods. Attendees will recognize how cyber attacks are launched, why they work, and mitigation strategies to increase the cybersecurity posture of their Control System networks. In addition, this course acts as a prerequisite for the next course, Intermediate Cybersecurity for Industrial Control Systems (202), which offers hands-on application of concepts presented.

### **Intermediate Cybersecurity for Industrial Control Systems (202) Part 2**

This hands-on course is structured to help students recognize how attacks against Process Control Systems can be launched, why they work, and provides mitigation strategies to increase the cyber security posture of their Control Systems networks.





# ***BREAK***

## **Federal Information Security Educators (FISSEA) Spring Forum**

The Forum will resume at 2:30pm ET

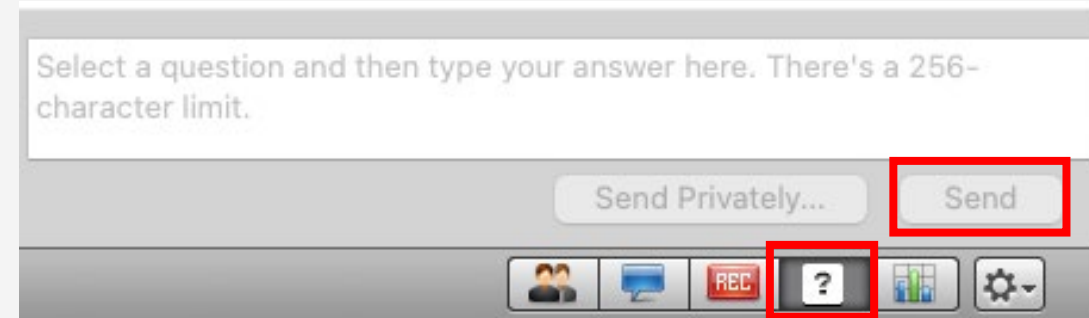
**fissea**  
FEDERAL  
CYP-SECURITY | INNOVATION | AWARENESS | TRAINING

#FISSEA2022  
[NIST.GOV/FISSEA](https://www.nist.gov/fissea)

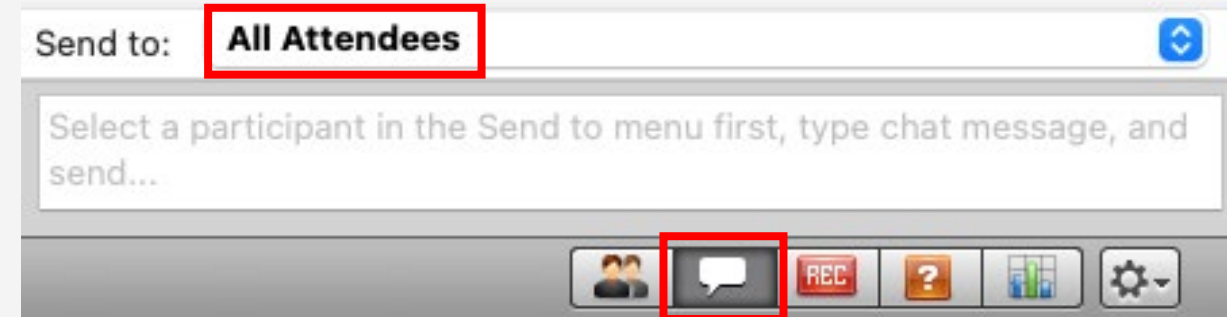
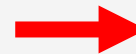
LOOKING  
FORWARD

# ENGAGE DURING THE EVENT

- **Please use the Q&A to send questions for the speakers.** Be sure to click the “send” button after typing your question. We will do our best to answer all questions.



- **Please use the CHAT to make comments and share information** with other attendees. Please remember to not use the chat space for promoting any commercial products or services.



# INNOVATOR OF THE YEAR AWARD RECOGNITION AND FIRESIDE CHAT



***Menachem Goldstein***

*Moderator*  
Cybersecurity Specialist  
Enterprise Cybersecurity Department  
Pension Benefit Guaranty Corporation



***Deborah Coleman***

*2020 Award Recipient*  
Cybersecurity Awareness and Training  
Program Manager  
U.S. Department of Education

The background is a dark blue gradient with several light blue lines forming a stylized circuit or network pattern. The lines are of varying thickness and are arranged in a way that suggests a complex, interconnected system. The text is centered and rendered in a clean, white, sans-serif font.

# FISSEA

Innovator of the Year  
Award

The image features a dark blue background with decorative teal lines in the corners. On the left side, there are several parallel lines forming a corner shape. On the bottom right, there are several parallel lines forming a diagonal shape. The text is centered in the upper half of the image.

# Honorable Mention

Dr. Loyce Pailen




The image features a dark blue background with decorative teal lines in the corners. On the left side, there are several parallel lines forming a corner shape. On the bottom left, there are more parallel lines extending horizontally and then diagonally. On the bottom right, there are several parallel lines extending diagonally upwards towards the right.

Congratulations!

# Dr. Loyce Pailen


- Director, UMGC Center for Security Studies
- Teaching all ages: K-12, university & beyond.
- Some Accomplishments:
  - Doctoral degree
  - CISSP
  - 6 Children's Books



The image features a dark blue background with several decorative teal lines. On the left side, there are three vertical lines that curve inward at the bottom. On the right side, there are three diagonal lines sloping upwards from the bottom. At the bottom, there are several horizontal lines that curve upwards at the right end.

# Prior Innovator of the Year

Deborah Coleman



# Current Innovator of the Year

Kimberly Mentzell

# Kimberly Mentzell

- Director of Cybersecurity and Aerospace, Maryland Department of Commerce
- Professor, Community Volunteer
- Some Accomplishments:
  - Established Maryland's K-12 Cyber Range
  - Co-led the UMGC 2022 Gen Cyber Teacher Camp






# Fireside Chat



or maybe



The background is a dark blue gradient. On the left side, there are several parallel teal lines that form a vertical border. At the bottom, there are several parallel teal lines that form a horizontal base, with some lines extending upwards and outwards in a stepped fashion. The text is centered in the upper half of the image.


A little about  
yourself.



Favorite part of  
your job?

The background is a dark blue gradient. On the left side, there are several parallel teal lines that form a corner-like shape, extending from the top-left towards the bottom. On the bottom right, there are several parallel teal lines that form a diagonal shape, extending from the bottom-left towards the top-right. The text is centered in the middle of the frame.

Tailoring training  
for children.

The background is a dark blue gradient. On the left side, there are several parallel teal lines that form a vertical border. At the bottom, there are several teal lines that create a stepped, geometric pattern, resembling a stylized base or a series of steps. The text is centered in the upper half of the image.

New times: new  
approaches?






# Current Events: Training Changes



# Training for non-techies

The background is a dark blue gradient. On the left side, there are several parallel teal lines that form a vertical border. At the bottom, there are several teal lines that form a horizontal base with some diagonal segments extending upwards. The text is centered in the upper half of the image.

# Beyond the Annual Training

The background is a dark blue gradient. On the left side, there are several vertical teal lines of varying thicknesses, some of which are slightly curved. At the bottom, there are several horizontal teal lines that also vary in thickness and have some slight curves, creating a sense of depth and structure.

Our biggest  
challenge?



# Message for the Audience



The image features a dark blue background with decorative teal lines in the corners. On the left side, there are several parallel lines forming a corner shape. On the bottom left, there are more parallel lines extending horizontally and then diagonally. On the bottom right, there are several parallel lines extending diagonally upwards towards the right.

Congratulations!

# INDIVIDUALIZED AWARENESS WHILE ENSURING COMPLIANCE

oooo

***Carolyn Schmidt***

Team Lead

Office of Information Systems Management

National Institute of Standards and  
Technology

oooo



# **Individualized Awareness While Ensuring Compliance**

Carolyn Schmidt, Team Lead

FISSEA Spring Forum

May 17, 2022

# IT Security and Privacy General Awareness training

- Infrastructure
- Content \*\*
- Compliance

infrastructure

Transcript data is merged from Onboarding to Primary, and thereafter deactivated

Commerce Learning Center

Onboarding

Primary

New staff (incoming)

Accounts are self-registration

Existing staff (federal and associates)

Accounts are based on issuance of IT access



content

New Users

Static

Introductory

Existing  
Users

Dynamic

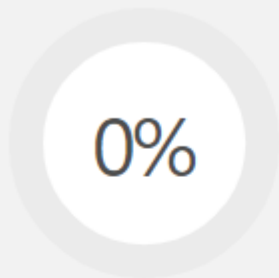
Customized based on  
routine requirements,  
threat environment, and  
current issues

(e.g., CUI, PII, privacy,  
Insider Threat, etc.)



## Problem Space (content challenges)

- Maintenance
- Cost
- Relevance
- Interest



CURRICULUM PROGRESS

## NIST IT Security and Privacy Learning Plan (2022) (CSAT)

Options ▾

Required annual compliance training for security and privacy. Launch to either (1) take a 45 question PreCheck, which will result in minimizing the number of training videos to successfully complete the learning plan, or (2) go directly to the training to complete all of the training videos.

**Note: Once you start the PreCheck, exiting before completion will require starting over.**



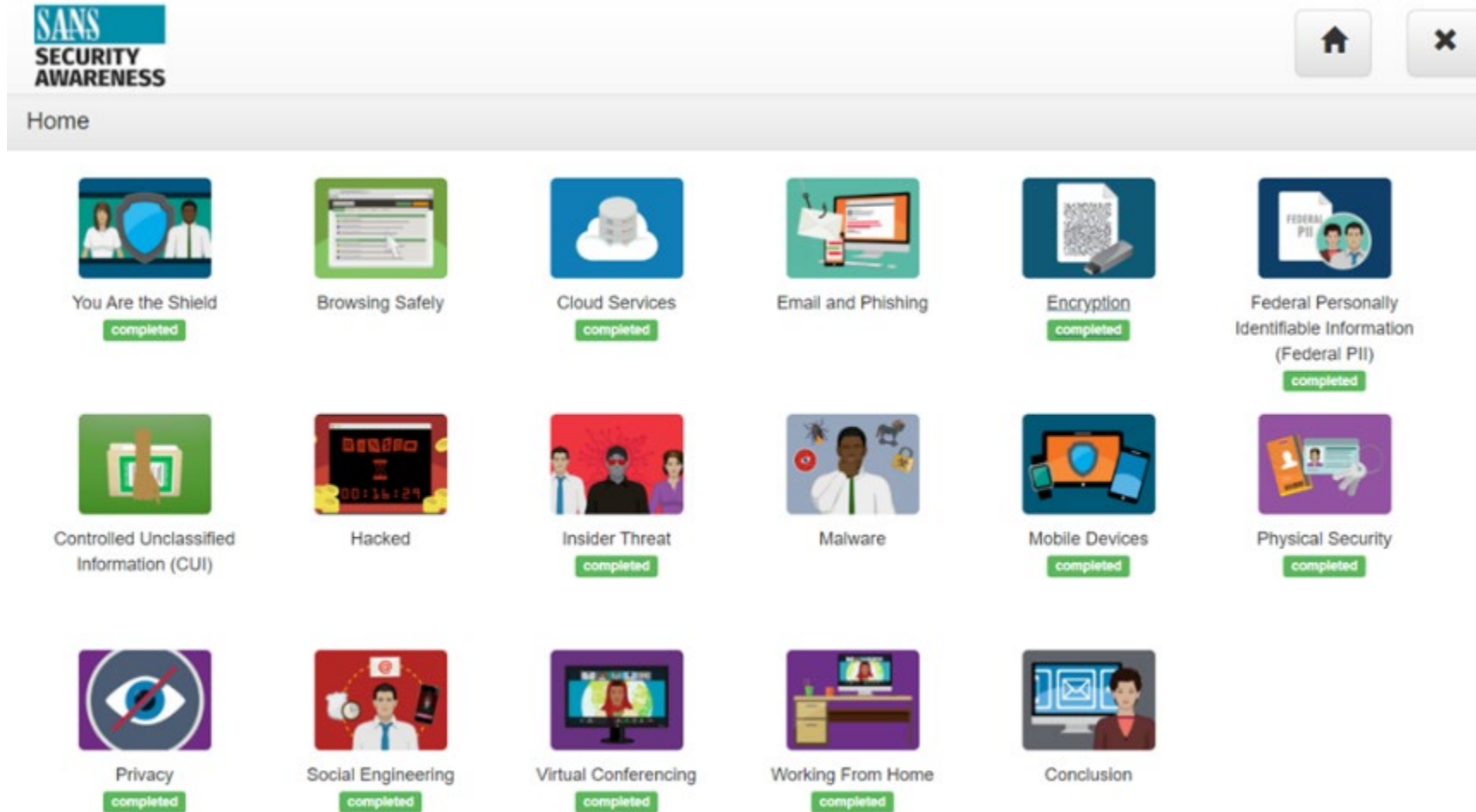
### NIST IT Security and Privacy

Status : In Progress Due : No Due Date

Launch



# Individualized Learning

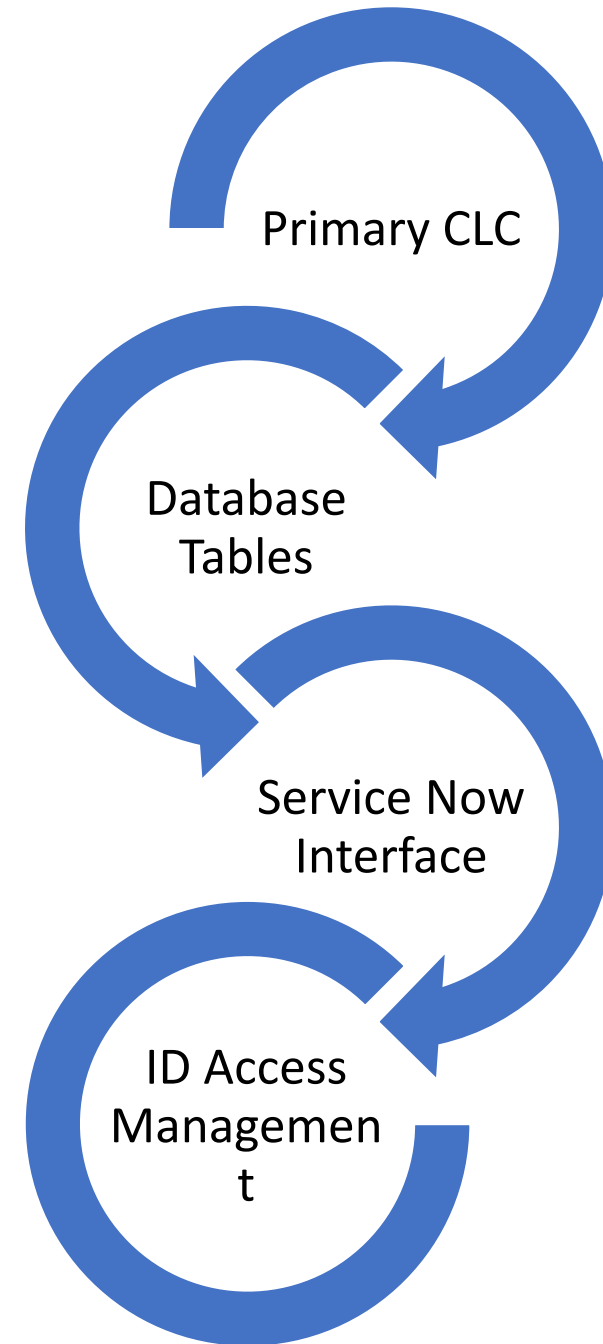


45-question  
PreCheck assessment

3 questions per video  
(excludes intro/conclusion)

*The example shows a user was only required to view 6 of the 17 videos (as indicated by the Completed status below each) based on their knowledge in the various topic areas.*

# Compliance







(e) Carolyn.Schmidt@nist.gov  
(o) 301-975-3243

# FEDERAL CYBERSECURITY ROLE-BASED TRAINING STUDY



***Julie Haney***

Usable Cybersecurity Program Lead  
Visualization & Usability Group  
National Institute of Standards and Technology



***Jody Jacobs***

Usable Cybersecurity  
Visualization & Usability Group  
National Institute of Standards and Technology



# NIST Cybersecurity Role-Based Training Study

Jody Jacobs, Julie Haney, and Susanne Furman  
*National Institute of Standards and Technology*  
May 2022

# Disclaimer

*Any mention of commercial products or reference to commercial organizations is for information only; it does not imply recommendation or endorsement by the National Institute of Standards and Technology, nor does it imply that the products mentioned are necessarily the best available for the purpose.*

# Study Overview

**Purpose:** To better understand the needs, challenges, and approaches of federal cybersecurity role-based training (RBT) activities

## Focus Groups

8 focus groups of feds (**n=29**) working in departments, sub-component agencies in departments, and independent agencies



## Online, Anonymous Survey

Survey of a broader population (**n=82**) of feds who are responsible for implementing or overseeing RBT activities



Study results are informing the revision of NIST SP 800-50 and 800-16 and can serve as a resource for those implementing or overseeing RBT activities.

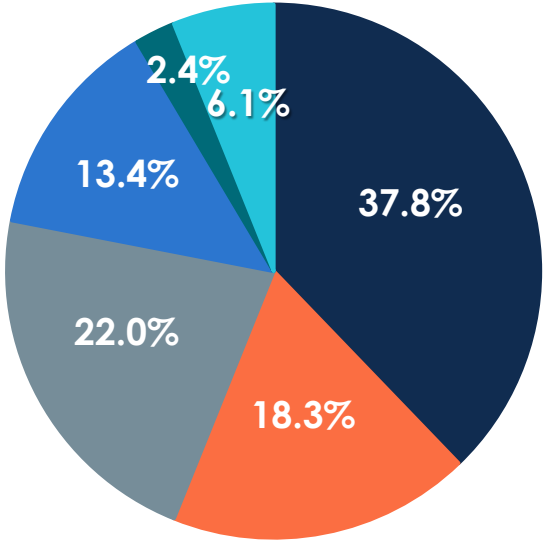


## Who took the survey



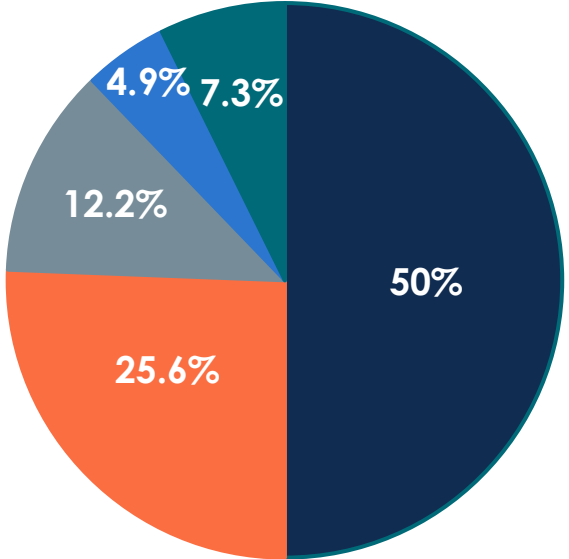
# RBT Involvement

RBT Roles



- Lead only
- Manager only
- Team member and manager
- Team member only
- Lead and manager
- Other

% of Time Spent on RBT

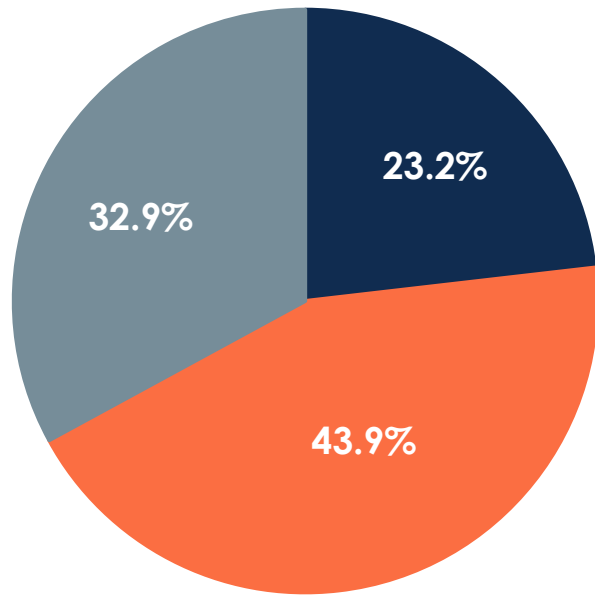


- Less than 25%
- 25%
- 50%
- Full-time
- 75%

60% had more than 5 years of experience with RBT

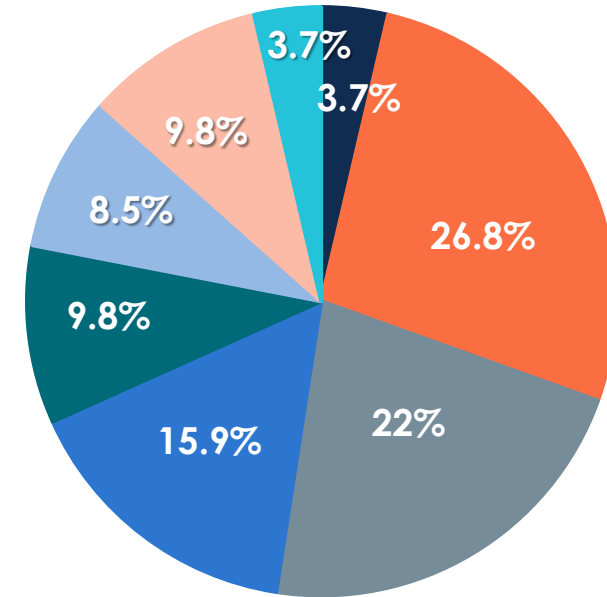
# Represented Organizations

## Organization Type



- Department-level
- Sub-component agency
- Independent agency

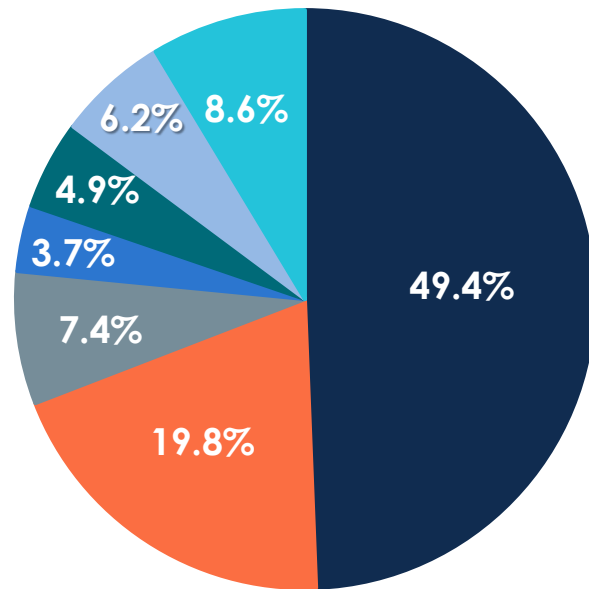
## Organization Size (# federal employees)



- Less than 100
- 100 - 999
- 1,000 - 4,999
- 5,000 - 9,999
- 10,000 - 29,999
- 30,000 - 49,999
- 50,000+
- I don't know

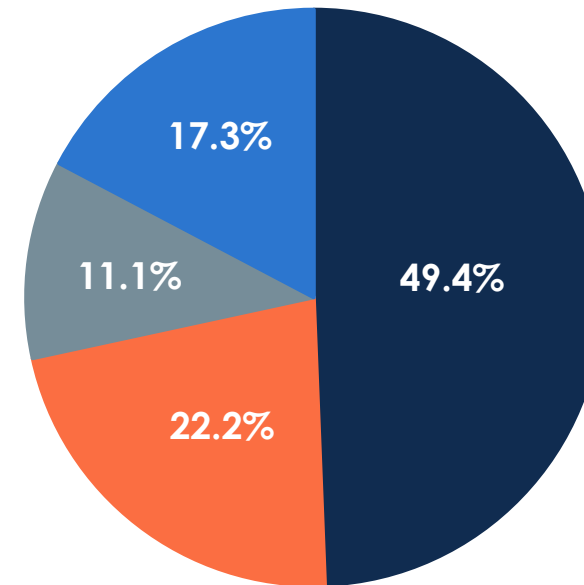
# Represented RBT Activities

## # Employees Required to Take RBT



- Less than 1,000
- 1,000 – 4,999
- 5,000 – 9,999
- 10,000 – 29,999
- 30,000+
- Not required
- I don't know

## RBT Team Size

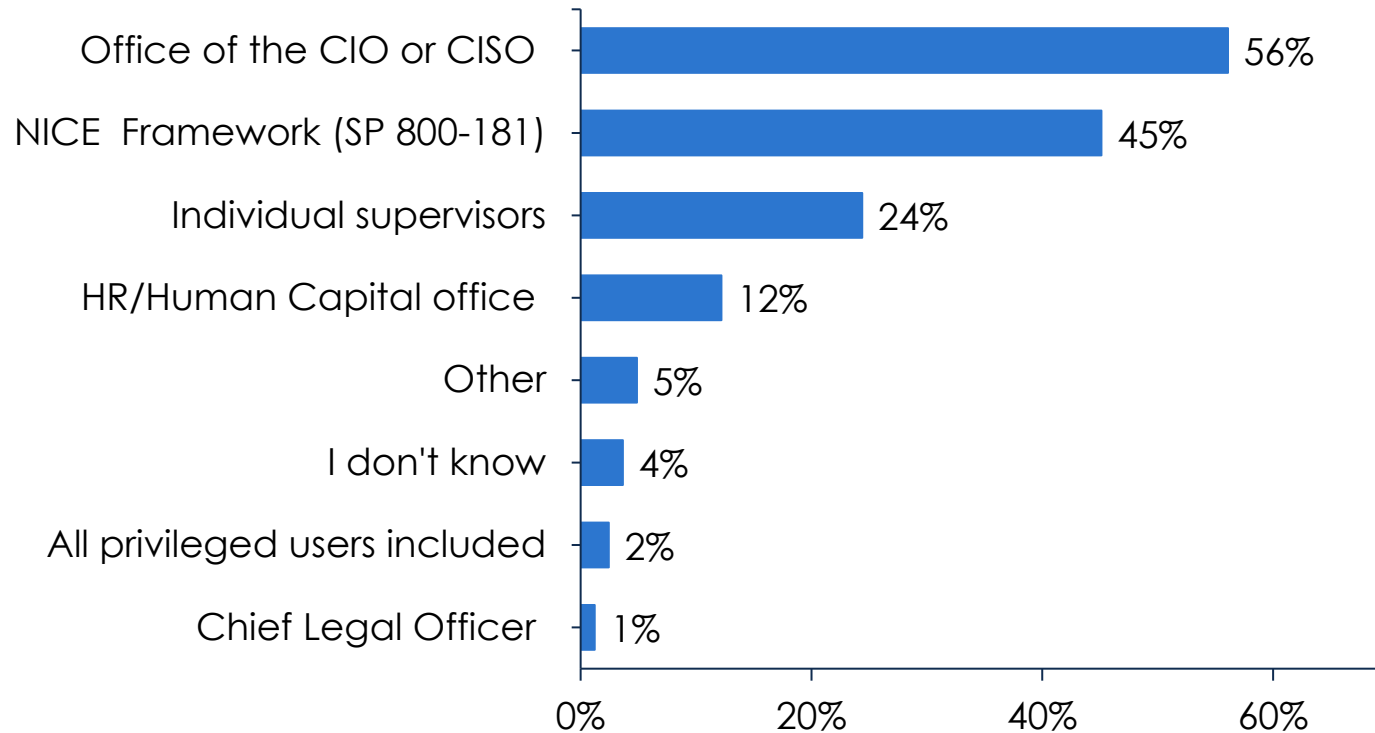


- 1 to 2
- 3 to 5
- 6 to 10
- More than 10



## What we found

# RBT Assignment Responsibility

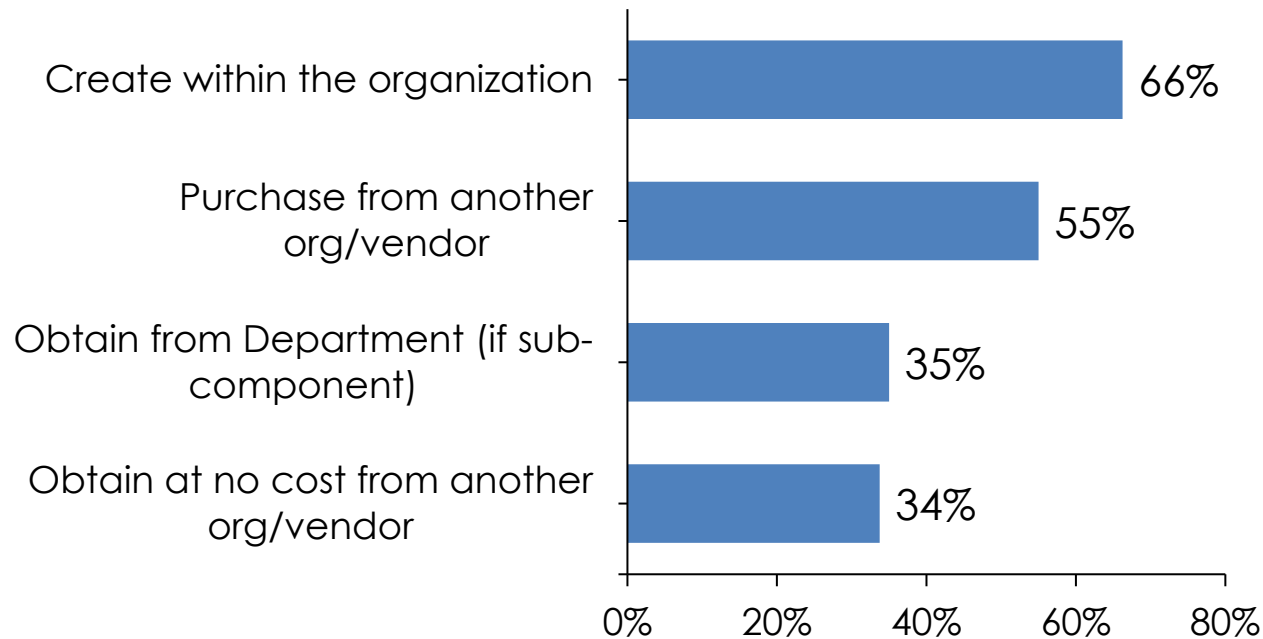


How organizations determine which employees take RBT  
(select all that apply)

**26%:** Identifying which employees need to take RBT is moderately/very challenging

“We need our human resources management system to be upgraded to more accurately track the job roles so that we can automatically align the job roles with the NIST framework and automatically assign role-based trainings to the users.” (Q53)

# RBT Content, Materials, and Guidance



**How organizations obtain RBT content  
(select all that apply)**

**44%:** Finding RBT **content** is moderately/very challenging

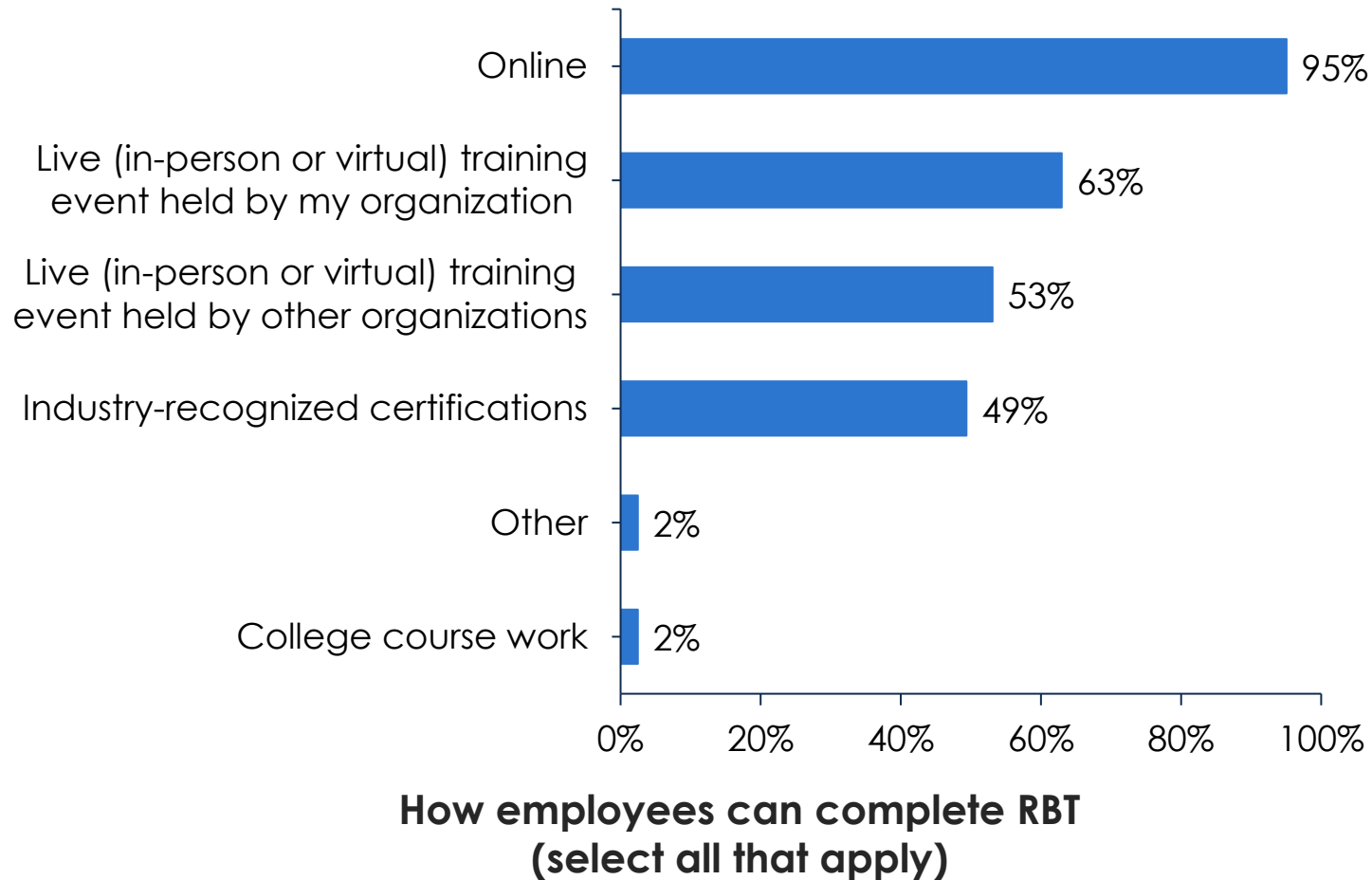
**34%:** Finding RBT **guidance** is moderately/very challenging

Strong desire to have **standard training** available to all feds

“Why does each agency need to develop their own role-based training? Much efficiency could be achieved through centralizing aspects of this.” (Q53)



# RBT Methods and Formats



68% indicated that their organization allows more than one way to complete RBT.

Some organizations allow for employee choice.

“We allow things like any type of event that's at least one hour in length that is cyber related and also applicable to their specific job duties.” (S05)

# Tailoring RBT Content

**54%:** Agreed/strongly agreed that their organization tailors RBT to the **mission**.

**58%:** Agreed/strongly agreed that their organization tailors RBT to current **security risks**.

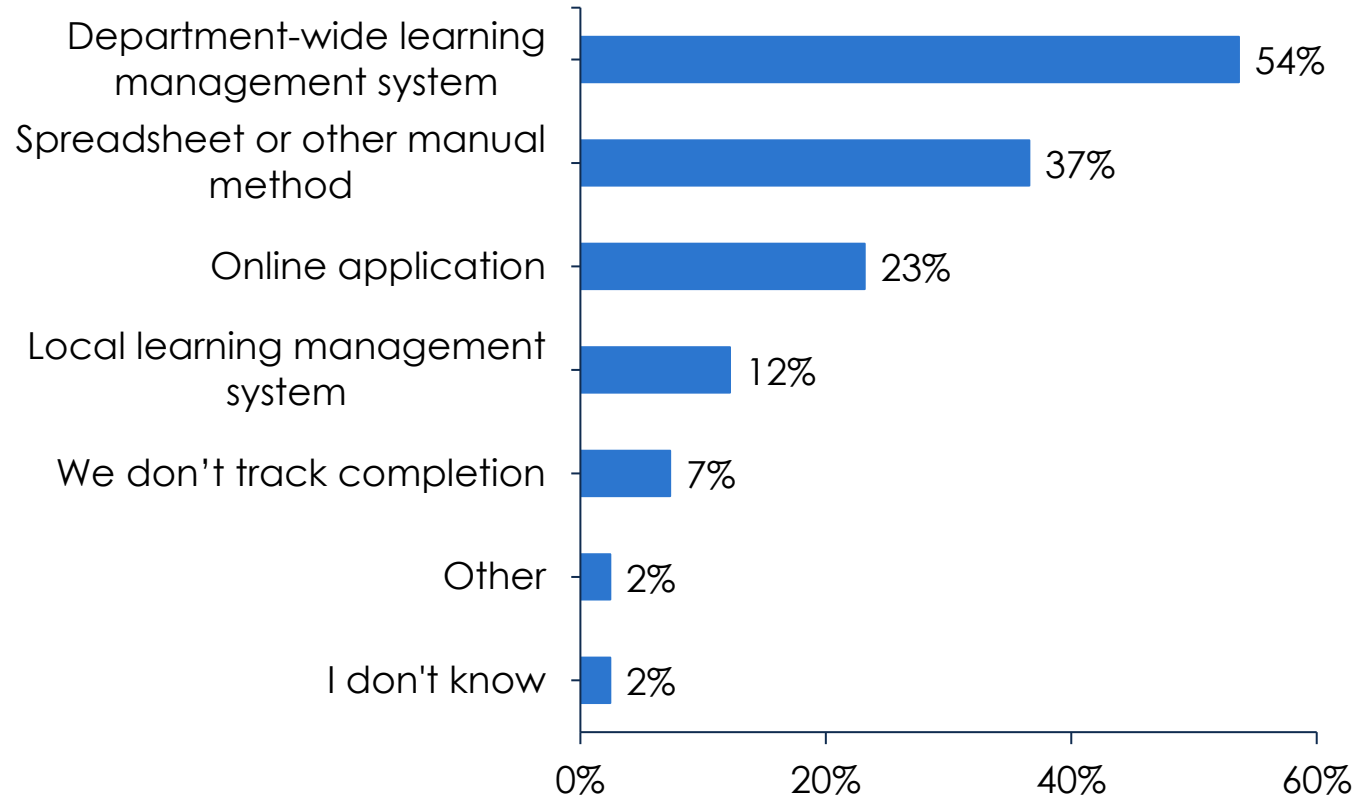
## Successes:

“[We bring] ISSOs together to gather the most issues they see so that we could include those issues in the training.” (Q30)

## Challenges:

“Approach to role-based training is overly tactical, focusing on IT-specific elements (e.g., patching) rather than developing and managing processes that reliably improve cybersecurity outcomes.” (Q23)

# RBT Completion Tracking



**How orgs track RBT completion  
(select all that apply)**

**19%:** Tracking federal employee RBT completion is moderately/very challenging

**29%:** Tracking contractor RBT completion is moderately/very challenging

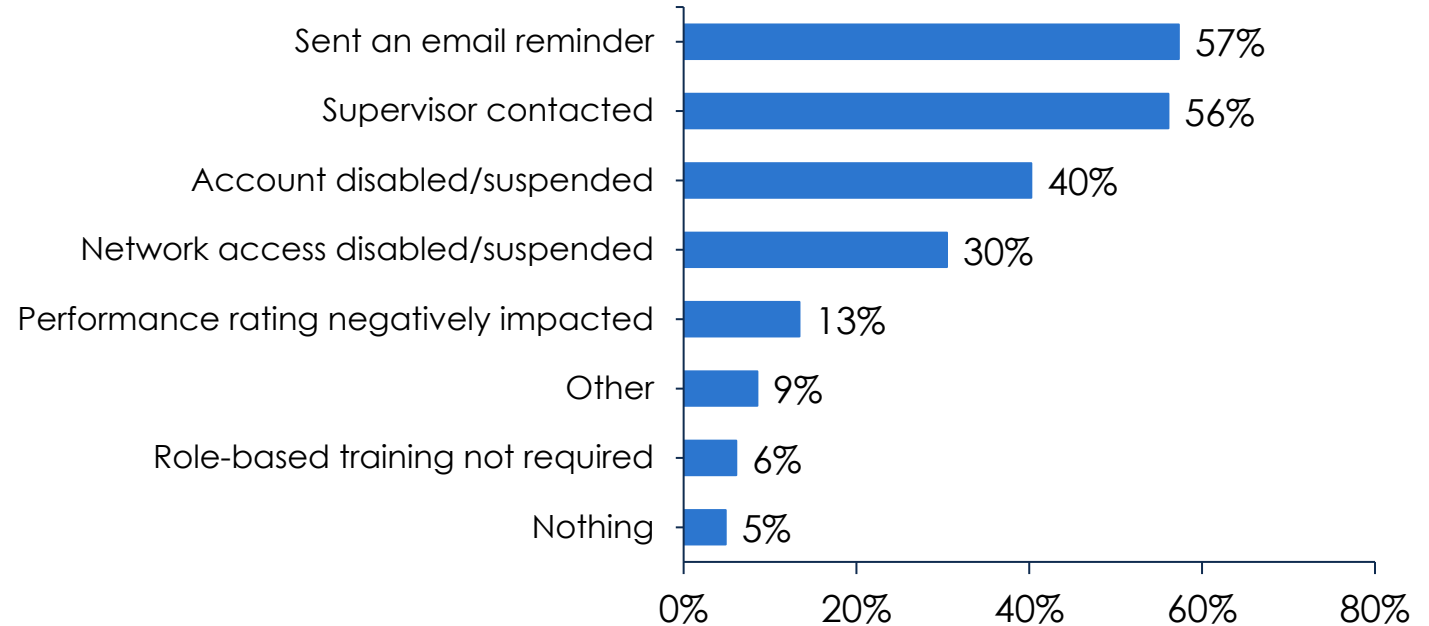
“We've explored self-paced training options, but ensuring compliance and tracking completion is challenging there.” (Q72)

# Employees Training Compliance

**40%:** Getting employees to complete **required** RBT is moderately/very challenging

**42%:** Getting employees to complete RBT that is **not required** is moderately/very challenging

“There is no time. There are too many duties for the few cyber employees. Training and hands-on always fall to the wayside.” (Q59)



**What happens if employees fail to complete required RBT (select all that apply)**

# Workforce Support

**65%** said *employees* and **70%** said *leadership* understand how/why RBT is **relevant** to them.

**66%** said *employees* and **73%** said *leadership* are **supportive** of RBT activities.

Several expressed challenges:

“We do get a lot of pushback where people are saying, ‘What does this have to do with my position or what I’m working in at the time?’ It’s a little frustrating.”  
(N02)

“RBT is not taken seriously by the IT department and leadership at the CIO and above...I have submitted budget requests to improve the program and put comprehensive metrics in place, but they have been denied.” (Q29)

# RBT Resources

**42%:** Disagreed/strongly disagreed that they have adequate **funding**

**52%:** Disagreed/strongly disagreed that they have adequate dedicated **staff**

**28%:** Disagreed/strongly disagreed that they have adequate **technology**

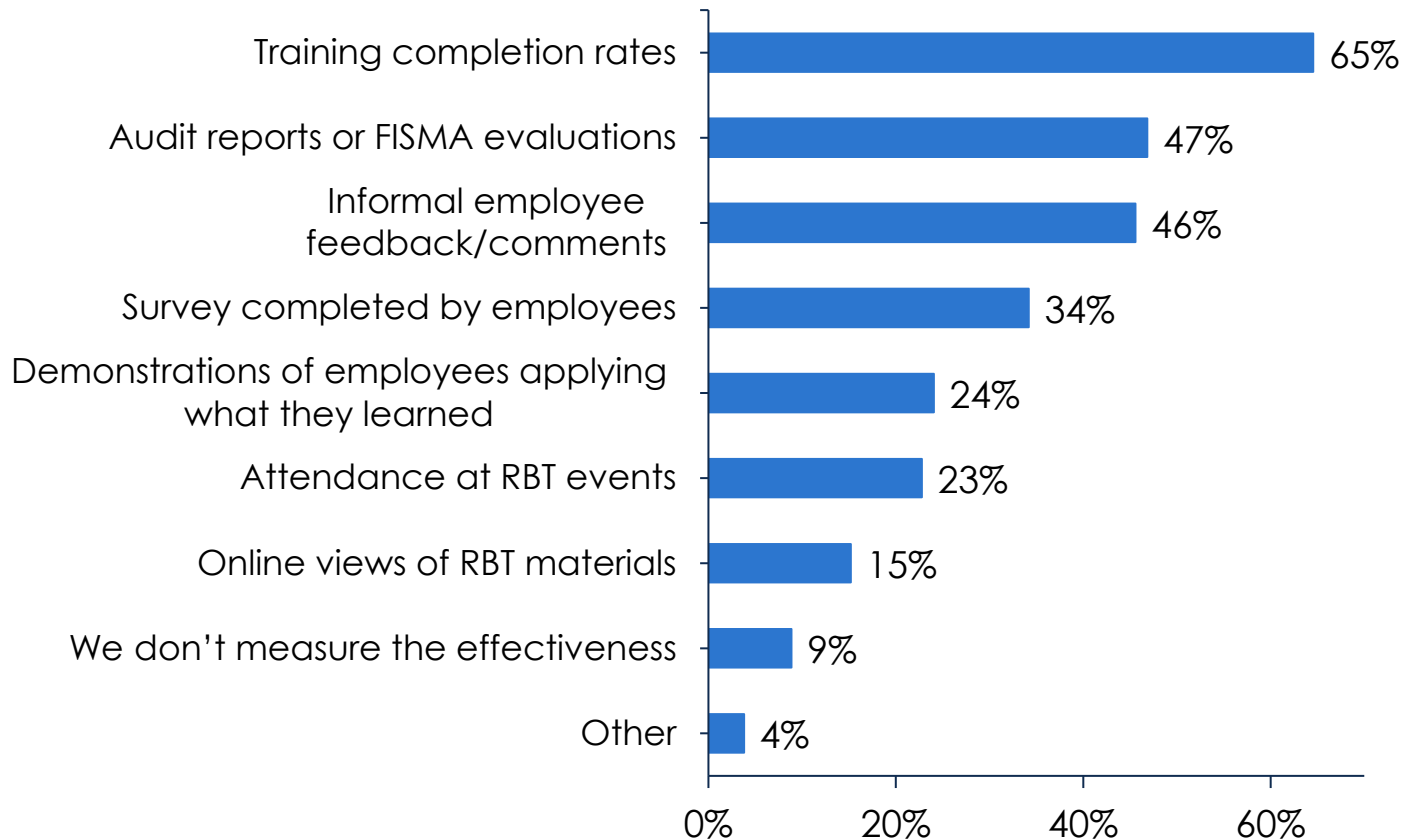
**48%:** **Getting budgetary support** to improve RBT offerings is moderately/very challenging

“We need to develop training that would help improve the security for every single role and we don't have the resources (time, money) to do it.”  
(Q03)

“Our Agency has 0 dedicated funding and 0 dedicated administrative or human capital resources for role-based training.”  
(Q49)



# Measuring Effectiveness of RBT Activities



**Measures of RBT effectiveness  
(select all that apply)**

**58%:** Determining the effectiveness of RBT activities is moderately/very challenging

“More emphasis on measuring the effectiveness of training and some way to prove out/use the skills that were learned from role-based training. People learn best when they have to do a task and if there was modular project that could be used to show the benefits of learning.” (Q24)

# Perceived Success of RBT Activities

**52%:** RBT activities are successful/very successful

- **77%** in security awareness survey

**28%:** RBT activities are slightly successful

- **19%** in security awareness survey

**20%:** RBT activities are unsuccessful/very unsuccessful

- **4%** in security awareness survey

“[Employees] like the core training we provide and are always asking for follow-up training and refresher courses.” (Q75)

“Irrelevant training, and users does not feel motivated in any ways.” (Q02)



# Advice from the field

# The Big Picture

Plan a robust program from the onset

“Get your policies and procedures straight first. Make your processes repeatable and simple.” (Q17)

“Create a program plan that describes the mission, vision, and a phased implementation approach, including a continuous learning cycle.” (Q52)

Obtain support and prioritize resources

“It’s much easier to get management buy-in early in the process and not while you’re trying to get your CIO to do the training.” (Q03)

“Create the metrics to showcase success.” (Q52)

“Prioritize the resources available to meet the critical training gaps.” (Q52)

Assign RBT appropriately

“Define based on job roles, not job series.” (Q16)

“Clearly communicate WHY an individual is assigned role-based training requirement.” (Q33)

# Content and Approaches

Seek out existing and updated training

“Identify existing training resources...There are many free and paid training content available online.” (Q52)

“Stale training is often worse than no training...Security evolves daily, and the training should reflect this.” (Q23)

Tailor RBT to the organization and workforce

“Make the curriculum pertinent to the types of issues your support staff and others have actually had to deal with and solve.” (Q70)

“Listen to the business units regarding what they need.” (Q75)

Be flexible

“Permit ability to assess-out for those having maturity in role.” (Q22)

“Do not require all mandatory courses due at the same time.” (Q60)

# Thank you!



Jody Jacobs: [jody.jacobs@nist.gov](mailto:jody.jacobs@nist.gov)

Julie Haney: [julie.haney@nist.gov](mailto:julie.haney@nist.gov)

Susanne Furman: [susanne.furman@nist.gov](mailto:susanne.furman@nist.gov)

Group Mailbox: [usability@nist.gov](mailto:usability@nist.gov)



NIST Usable Cybersecurity Program:

<https://csrc.nist.gov/usable-cybersecurity>



NIST Cybersecurity Awareness Study reports:

<https://nvlpubs.nist.gov/nistpubs/ir/2022/NIST.IR.8420.pdf>

<https://nvlpubs.nist.gov/nistpubs/ir/2022/NIST.IR.8420A.pdf>

<https://nvlpubs.nist.gov/nistpubs/ir/2022/NIST.IR.8420B.pdf>





# TRANSFORMING THE FEDERAL CYBER TALENT ECOSYSTEM

oooo

***Chris Paris***

Senior Advisor

Cyber Workforce Management

U.S. Department of Veterans Affairs



oooo



# Transforming the Federal Cyber Talent Ecosystem

Federal Cyber Workforce Management and  
Coordinating Working Group

May 2022

Pre-508 | DRAFT



# The Call for Cyber Talent



30 days

825 million site visits

40,000 cyber job vacancies



# Who We Are

## Our Membership



**Do Once, Help Many**  
Pool resources and ingenuity to address shared cyber workforce challenges



**Solution-Based Approach**  
Iteratively develop solutions grounded in the NICE Framework

## Our Partners





# What We Found



## Entry-Level Cyber Talent

*“The incoming and future workforce may use nontraditional routes to enter the cyber workforce (e.g., certifications, boot camps, trade schools).”*



## Cyber Workforce Development

*“Employees may not be pursuing training and certifications relevant to their positions.”*

*“Cyber skills do not transfer well across agencies, minimizing opportunities for movement and growth within the Federal space.”*



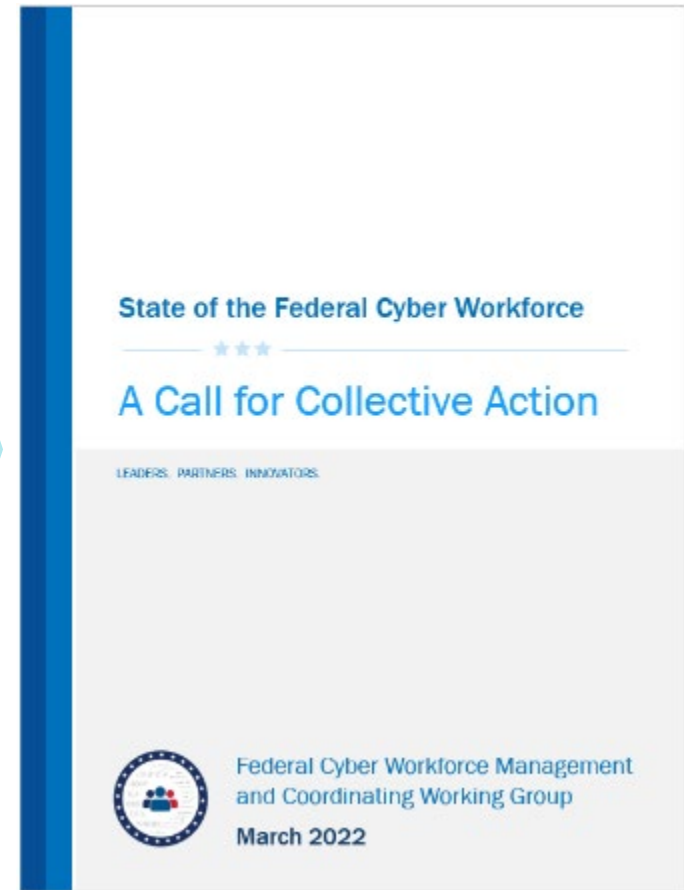
Cyber Workforce Policy & Classification



Cyber Workforce Data



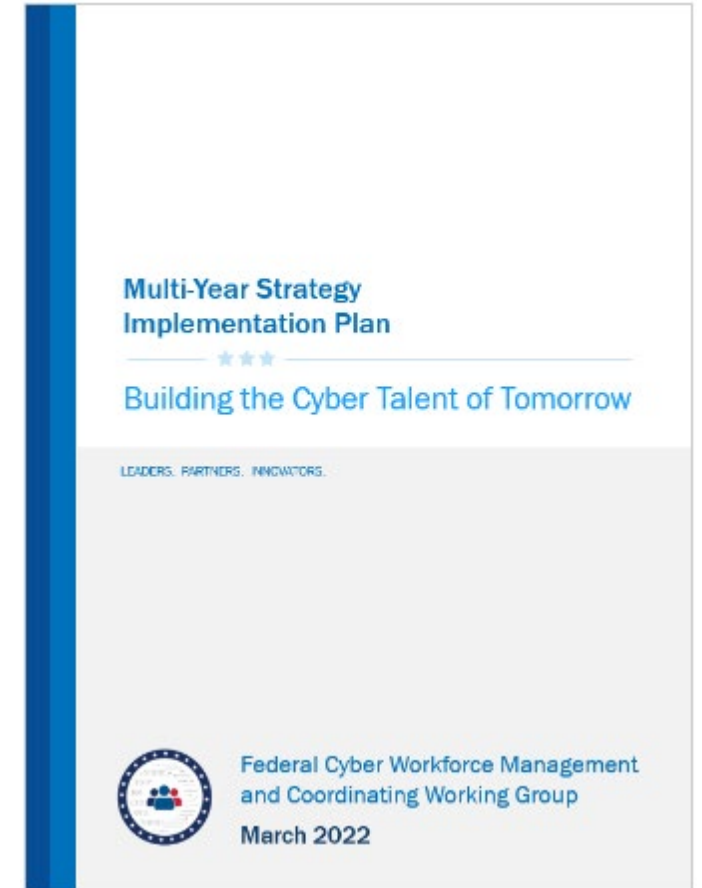
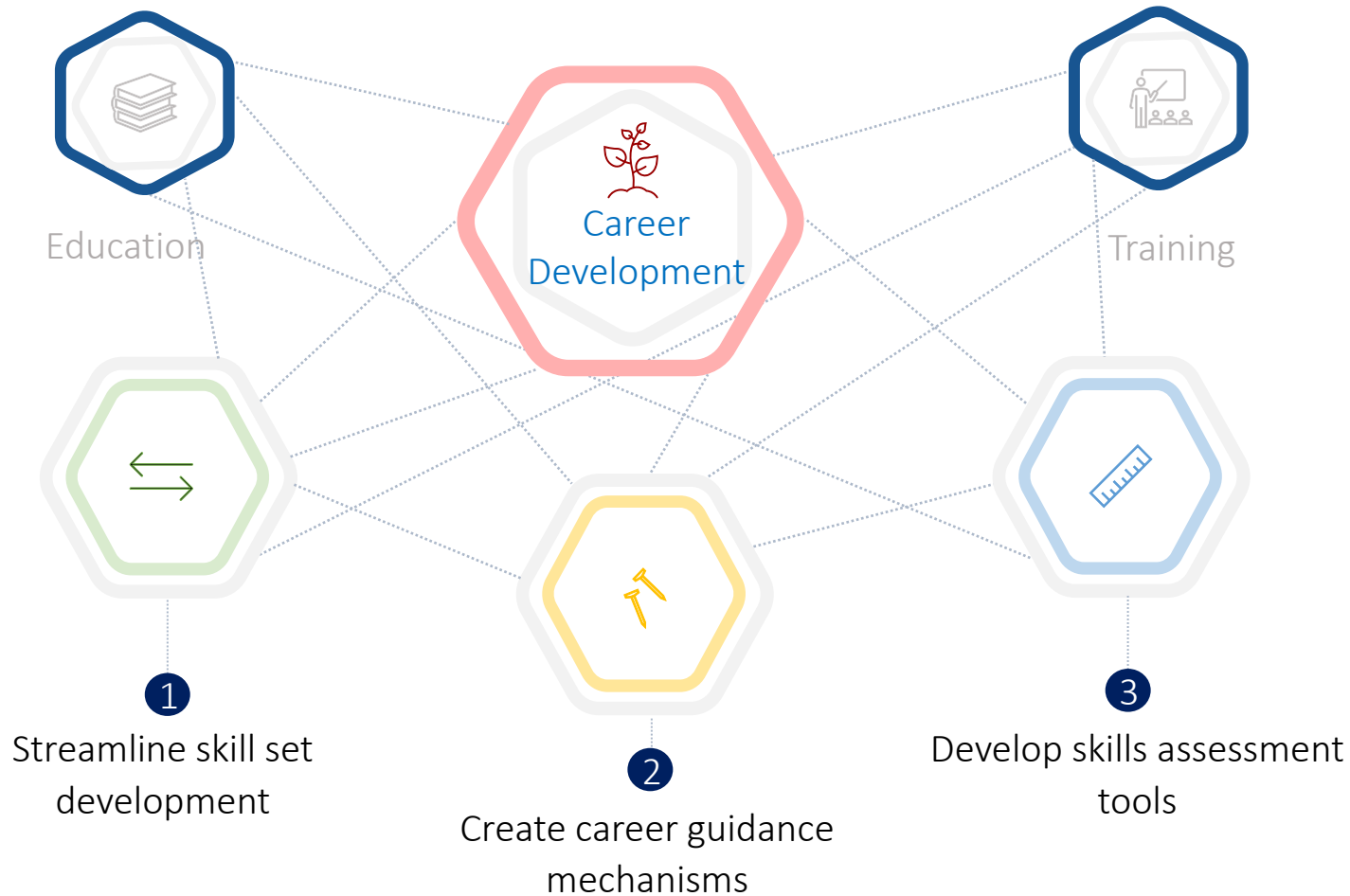
Cyber Workforce Retention





# Our Way Forward

## Integrated Ecosystem







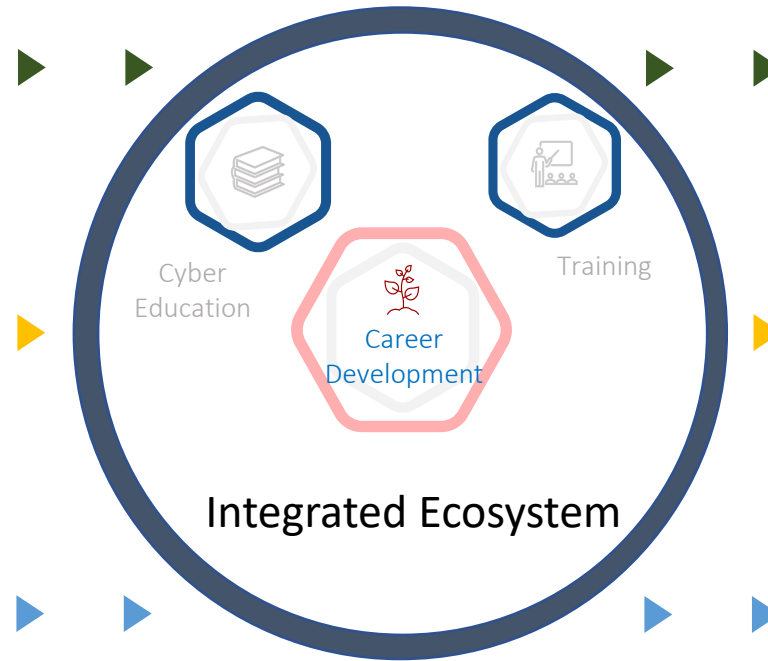
# A Closer Look

## Federal Cyber Training Academy

- 1 Streamline skill set development.**
- NICE Framework work role-aligned trainings
  - Centralized training catalog
  - Cyber Professionals Community

- 2 Create career guidance mechanisms.**
- Career Manager Program Model
  - Cyber Career Pathways Tool & Roadmap

- 3 Develop skills maturity assessments.**
- Library of work role-specific assessments
  - Collection of work-role specific proficiency indicators



## Federal Cyber Professionals

- Grow and build skill portfolio.**
- Meet minimum qualifications
  - Maintain skills
  - Diversify capabilities

- Progress forward.**
- Build personal connections
  - Customize a career plan

- Gauge skill set growth.**
- Identify skill gaps
  - Discover areas of strengths

# Connect With Us



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For more information on the Working Group, visit our page on the OMB Max Portal:

<https://community.max.gov/x/uJ37YQ>

# CLOSING REMARKS

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***Maureen Premo***

FISSEA Co-Chair

Immigration and Customs Enforcement  
Department of Homeland Security



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# *THANK YOU*

We look forward to receiving your feedback via the post-event survey

<https://www.surveymonkey.com/r/2022fisseaspringforum>

# GET INVOLVED



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# ***FISSEA FALL FORUM***

Theme: Role Based Training

November 15, 2022

1:00pm – 4:00pm ET

REGISTER TODAY:  
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LOOKING  
FORWARD





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# *THANK YOU*

We look forward to receiving your feedback via the post-event survey

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