

3 HEARING PROTECTION

4

5 NIST S 7101.55

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7 Effective Date: 04/01/2015
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9

10 1. PURPOSE

11 The purpose of the NIST Hearing Protection Program (HPP) is to reduce the risk of occupational
12 hearing loss through recognition, evaluation, and control of workplace noise-related hazards.
13

14 2. BACKGROUND

15 a. NIST must meet or exceed the requirements established by OSHA in [29 Code of Federal](#)
16 [Regulations \(CFR\) 1910.95](#), Occupational Noise Exposure. Implementation of this suborder
17 through the requirements in Section 6 and the roles and responsibilities in Section 9 exceeds
18 those requirements.
19

20
21 b. This suborder supersedes NIST Health and Safety Instruction (HSI) 4, Hearing Conservation
22 Program, March 1992.
23

24 3. APPLICABILITY

25 This suborder applies to NIST employees and associates who, in the conduct of their official
26 duties, could receive noise doses that equal or exceed NIST noise dose limits, defined in Section
27 6a. It also addresses nuisance noise, defined in Section 7.
28
29

30 4. REFERENCES

31 a. [29 CFR 1910.95](#), Occupational Noise Exposure
32

33
34 b. [29 CFR 1904.10](#), Recording of Cases Involving Occupational Hearing Loss
35

¹ The revision history for this document can be found in Appendix A.

- 36 c. American Conference of Governmental Industrial Hygienists (ACGIH) Threshold Limit
37 Values: Documentation of the Threshold Limit Values for Physical Agents, 2001, 7th Ed.
38
- 39 d. Criteria for a Recommended Standard, Occupational Noise Exposure; Department of Health
40 and Human Services [National Institute for Occupational Safety and Health (NIOSH)]
41 Publication Number 98-126
42
- 43 e. American National Standard, Acoustical Terminology, American National Standards
44 Institute (ANSI) S1.1-1994 (R2004)
45
- 46 f. American National Standard, Specification for Sound-Level Meters, ANSI S1.4-1983
47 (R2006)/ANSI S1.4A-1985 (R2006)
48
- 49 g. [OSHA Publication 3074](#), “Hearing Conservation,” revised edition, 2002
50
51

52 **5. APPLICABLE NIST DIRECTIVES**

- 53 a. NIST S 7101.20: [Work and Worker Authorization Based on Hazard Reviews](#)
54
- 55 b. NIST S 7101.21: [Personal Protective Equipment](#)
56
- 57 c. NIST S 7101.23: [Safety Education and Training](#)
58
- 59 d. NIST S 7101.22: *Hazard Signage*
60
61

62 **6. REQUIREMENTS²**

63 Requirements include the specification of NIST noise dose limits; hazard identification; hazard
64 assessment; control methods, including hearing protection devices (HPDs) selected by competent
65 persons; use of HPDs; audiometric testing; re-review of activity hazard reviews; training; noise-
66 monitoring records; communication; and buy-quiet initiative, all implemented to ensure that
67 employees and associates do not receive noise doses that equal or exceed NIST noise dose limits.
68 In essence, if potential noise doses equal or exceed NIST noise dose limits, engineering or
69 administrative controls must be implemented. If such controls fail to reduce potential noise doses
70 to less than NIST noise dose limits, HPDs must be provided and used to reduce potential noise
71 doses to less than NIST noise dose limits.³

² The requirements in this section apply to employees and associates who, in the conduct of their official duties, could receive noise doses that equal or exceed NIST noise dose limits, and their management.

³ The requirements delineated below for noise doses that equal or exceed NIST noise dose limits, augmented by the responsibilities in Section 9, constitute NIST’s Hearing Conservation Program. NIST’s Hearing Conservation Program is more protective than that specified by OSHA in 29 CFR 1910.95(c), Hearing Conservation Program.

72 a. NIST Noise Dose Limits

73

74 (1) Unprotected employees and associates shall not be exposed, during a work day, to noise
 75 levels above 80 dBA for durations that would result in their receiving noise doses, D,
 76 that equal or exceed 100%, where D is calculated from:

77

$$78 \quad D = [(C_1/T_1) + (C_2/T_2) + \dots + (C_n/T_n)] \times 100\%.$$

79

80 Here, C_i is the total exposure time, during a work day, at a specified noise level L_i (≥ 80
 81 dBA), and T_i is the time exposure limit at that noise level calculated from the following
 82 equations:

83

$$84 \quad T = 8 / 2^{(L - 85)/5} \text{ for } 80 \leq L < 85$$

85

$$86 \quad T = 8 / 2^{(L - 85)/3} \text{ for } L \geq 85,$$

87

88 with L measured on the A-scale of a standard sound-level meter set at SLOW response
 89 and T measured in hours.⁴ Use of these equations yields the following time exposure
 90 limits, T, at different sounds levels, L:

91

L (dBA)	T (h)
80	16
81	13.93
82	12.13
83	10.56
84	9.19
85	8
86	6.35
87	5.04
88	4
89	3.17
90	2.52
91	2
92	1.59
93	1.26
94	1

⁴ The equation for $L > 85$ dBA corresponds to that for the time exposure limits established by ACGIH. The equation for $80 \text{ dBA} \leq L < 85 \text{ dBA}$ corresponds to that for the action levels established by OSHA in 29 CFR 1910.95(c). Its use in that range, rather than the equation for $L \geq 85$ dBA, is necessary to ensure compliance by NIST with the requirements of 29 CFR 1910.95(c) for exposure times greater than 8 hours.

97	0.5
100	0.25
103	0.13
106	0.06
109	0.03
112	0.02
...	...

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(2) Protected employees and associates shall not be exposed to noise levels that would result in their receiving noise doses that equal or exceed 100%, taking into account the attenuation provided by the use of HPDs.

b. Hazard Identification

(1) If a concern arises⁵ regarding potential noise hazards in an already ongoing activity, a consultation shall be scheduled as soon as possible with a competent person to determine if noise doses could equal or exceed 100%.⁶

(2) If the hazard review of a new activity identifies potential noise hazards, a consultation shall be scheduled with a competent person to determine if noise doses could equal or exceed 100%.

(3) If the hazard review of a change in an existing activity identifies new noise hazards or potential increases in previously identified noise hazards, a consultation shall be scheduled with a competent person to reevaluate potential noise doses.

c. Hazard Assessment

(1) If consultation with a competent person indicates that noise doses could equal or exceed 100%, arrangements shall be made for a competent person to conduct noise monitoring to determine the noise dose.

⁵ Such a concern could be raised by any individual, e.g., a worker, a coworker, a supervisor, a Division Safety Representative, or a competent person.

⁶ For definitions of "Potential Noise Hazard," "Noise Hazard," and "Competent Person," see Section 7.

122 d. Control Methods

123

124 (1) Noise Doses that Equal or Exceed 100%

125

126 (a) Feasible⁷ engineering or administrative controls (such as noise-attenuating devices,
127 worker relocation, and reduced exposure times) shall be implemented in an effort to
128 reduce noise doses to less than 100%.

129

130 (b) If feasible engineering and administrative controls fail to reduce noise doses to less
131 than 100%, HPDs identified by a competent person as providing sufficient noise
132 attenuation shall be provided and used to reduce noise doses to less than 100%.

133

134 (3) Nuisance Noise

135

136 (a) If practicable, engineering and administrative controls should be implemented to
137 reduce nuisance noise or exposure to nuisance noise.

138

139 (b) HPDs may be used to reduce exposure to nuisance noise provided that their use does
140 not impede the ability of employees and associates to engage in necessary
141 communications or to hear alarms or other notifications. Decisions to wear HPDs to
142 reduce nuisance noise should be made on a case-by-case basis.

143

144 e. Use of HPDs

145

146 (1) HPDs other than ear muffs shall not be traded or shared in work areas in which
147 unprotected employees and associates would receive noise doses that equal or exceed
148 100%.

149

150 (2) Ear muffs traded or shared in work areas in which unprotected employees and associates
151 would receive noise doses that equal or exceed 100% shall be sanitized between uses.

152

153 (3) The use of audio headphones or ear buds in place of, or in conjunction with, HPDs is
154 prohibited.⁸

155

156

157

⁷ OSHA currently considers feasible engineering and administrative controls to be those for which the costs of such controls are less than the cost of an effective Hearing Conservation Program.

⁸ OSHE may waive this requirement on a case-by-case basis, e.g., in the case of headphones which have been rated by ANSI for noise reduction and which have been determined by a competent person to provide sufficient noise attenuation.

158 f. Audiometric Testing

159

160 (1) All employees and associates required to wear HPDs to reduce noise doses to less than
161 100% shall be subject to the following audiometric testing requirements:

162

163 (a) Within 30 days of it being determined that an employee must wear HPDs, the
164 employee must receive an audiogram administered by the Health Unit and to be used
165 as the baseline against which subsequent audiograms are compared.

166

167 (b) Employees and associates required to wear HPDs must receive annual audiograms
168 administered or arranged by the Health Unit.

169

170 (c) All baseline and repeat annual audiograms shall be preceded by at least 14 hours
171 without exposure to workplace noise at levels above 80 dBA and should be preceded
172 by at least 14 hours without exposure to non-workplace noise at levels above 80
173 dBA.⁹

174

175 (d) If an employee's annual audiogram shows a NIOSH significant threshold shift
176 (NSTS) or an OSHA standard threshold shift (OSTS), the employee must receive a
177 repeat audiogram administered by the Health Unit within 30 days.

178

179 g. Re-Review of Activity Hazard Reviews

180

181 (1) Upon determination by the Health Unit that an OSTS has occurred, the applicable activity
182 hazard review shall be re-reviewed in accordance with the requirements of the Hazard
183 Review suborder.

184

185 (2) As part of the re-review of the hazard review, a consultation shall be scheduled with a
186 competent person to re-evaluate the noise exposures of affected employees and
187 associates.

188

189 h. Training

190

191 (1) Training provided by OSHE on the NIST HPP shall be completed annually by employees
192 and associates required to wear HPDs to reduce noise doses to less than 100%.

193

⁹When at least 14 hours without exposure to workplace noise cannot be achieved, HPDs identified previously by a competent person may be used as a substitute during that period for the requirement that baseline audiograms be preceded by at least 14 hours without exposure to workplace noise.

- 194 (2) Retraining provided by OSHE on the NIST HPP, including refitting of HPDs, should be
195 completed by each employee who has been notified by the Health Unit that he or she has
196 suffered a NSTS.
197
- 198 (3) Retraining provided by OSHE on the NIST HPP, including refitting of HPDs, shall be
199 completed by each employee who has been notified by the Health Unit that he or she has
200 suffered an OSTs.
201
- 202 (4) One-time-only training provided by OSHE on the NIST HPP shall be completed by
203 Official First-Level Supervisors of employees and associates required to wear HPDs to
204 reduce noise doses to less than 100%.
205
- 206 (5) One-time training provided by OSHE on the NIST HPP should be completed by
207 employees and associates exposed to nuisance noise who elect, or who are mandated by
208 their management, to wear HPDs.
209
- 210 (6) Training shall be recorded in accordance with the requirements of the NIST Safety
211 Education and Training Program, and training records made available to affected
212 employees and associates upon request.
213

214 i. Noise-Monitoring Records
215

- 216 (1) The results of hazard assessments, i.e., the results of consultations, including the results
217 of sound-level-meter screening surveys, noise monitoring, identified engineering and
218 administrative controls, and required HPDs, shall be noted, referenced, or included as
219 part of the activity-hazard-review documentation.
220
- 221 (2) Noise-monitoring results requiring employees and associates to wear HPDs to reduce
222 noise doses to less than 100% shall be provided to the Health Unit for inclusion in
223 employee medical files.
224

225 j. Communication
226

- 227 (1) Hazard signage shall be posted at entrances to areas in which administrative controls or
228 HPDs are required to reduce noise doses to less than 100%. Hazard signage shall clearly
229 indicate the noise hazard and state the required administrative controls and HPDs.
230 Appendix B provides an example of hazard signage meeting these requirements.
231
- 232 (2) Electronic or hard copies of this suborder and of [29 CFR 1910.95](#) shall be made available
233 to affected employees and associates or their representatives.

234 k. Buy-Quiet Initiative

235

236 (1) Manufacturers' noise specifications should be evaluated by a competent person prior to
237 the purchase of equipment capable of producing noise hazards. If a quieter alternative is
238 available, it should be considered; if not, the use of noise-attenuating devices should be
239 considered.

240

241

242 7. DEFINITIONS

243 a. Audibility Threshold – The sound intensity at a given frequency which is the minimum
244 perceptible by a normal human ear under specified standard conditions.

245

246 b. Audiogram – A chart, graph, or table resulting from an audiometric test showing an
247 individual's hearing levels as a function of frequency.

248

249 c. Audiologist – A professional specializing in the study and rehabilitation of hearing, and
250 certified by the American Speech-Language-Hearing Association or licensed by a state board
251 of examiners.

252

253 d. Audiometric Test – A clinical evaluation of a person's hearing capacity using a calibrated,
254 pure-tone audiometer and performed in accordance with OSHA 29 CFR 1910.95(g) and (h).

255

256 e. Baseline Audiogram – An audiogram that is preceded by a 14-hour period of quiet and
257 obtained from an audiometric examination administered before employment or within the
258 first 30 days of employment.

259

260 f. Certified Industrial Hygienist (CIH) – An individual who is board certified by the American
261 Board of Industrial Hygiene and has met the minimum requirements for education,
262 experience, and through examination has demonstrated a minimum level of knowledge in
263 occupational health subject areas such as hearing protection.

264

265 g. Certified Safety Professional (CSP) – An individual who is board certified by the Board of
266 Certified Safety Professionals and has met the professional challenge of demonstrating
267 competency through education, experience, and examination.

268

269 h. Competent Person – A CIH or CSP in the NIST Office of Safety, Health and Environment
270 (OSHE) or another NIST Organizational Unit (OU), a consultant CIH or CSP, or an
271 individual directed by a CIH or CSP, who is capable of recognizing, controlling, and
272 evaluating potential occupational hazards.

273

- 274 i. dB – Decibel. See Sound Pressure Level.
275
- 276 j. dBA – Unit representing the sound level measured in dB on the A-weighted scale of a sound-
277 level meter. The A-weighted scale closely resembles how the human ear perceives common
278 sounds.
279
- 280 k. dB(C) – Unit representing the sound level measured in dB on the C-weighted scale of a sound-
281 level meter. The C-weighted scale represents how the human ear perceives sound at high
282 sound levels.
283
- 284 l. Frequency – The number of cycles of a periodic motion per unit time. The SI unit of
285 frequency is Hertz (Hz).
286
- 287 m. Hearing Protection Device (HPD) - A type of personal protective equipment specifically
288 designed to prevent hearing damage. Earplugs and earmuffs are the most common hearing
289 protection devices.
290
- 291 n. Hertz (Hz) – Unit of measurement of frequency, numerically equal to cycles/second (c/s).
292
- 293 o. Intermittent Noise – Noise levels that are interrupted by intervals of relatively low sound
294 levels.
295
- 296 p. NIOSH Significant Threshold Shift (NSTS) – An increase in an individual’s audibility
297 threshold value of 15 dB or more at any of the frequencies 500, 1000, 2000, 3000, 4000, or
298 6000 Hz, in either ear, from the baseline audiogram to the current audiogram.
299
- 300 q. Noise Dosimeter – An instrument that integrates cumulative noise exposure over time and
301 directly indicates noise dose. Noise dosimeters are used to conduct noise monitoring during a
302 work day or monitoring period.
303
- 304 r. Noise Hazard – Sound within the audible frequency range heard by the human ear (20 –
305 20,000 Hertz) at levels that, without controls, would result in employees and associates
306 receiving noise doses that equal or exceed NIST noise dose limits (see Section 6a).
307
- 308 s. Noise Monitoring – Process or method of measuring a person’s individual exposure to noise
309 levels over a given time period.
310
- 311 t. Nuisance Noise – Noise which would not result in employees and associates receiving noise
312 doses that equal or exceed NIST noise dose limits (see Section 6a) but which is capable of
313 causing discomfort.

- 314 u. Octave Band Analyzer – A type of sound-level meter that can separate monitored noise
315 levels into specific frequency bands.
316
- 317 v. OSHA-Recordable Standard Threshold Shift – An OSTS in an individual with an overall
318 hearing level of 25 dB or more above audiometric zero, averaged at the frequencies 2000,
319 3000, and 4000 Hz in the same ear as the OSTS, that has been determined by an audiologist
320 or physician to be workplace-noise induced.
321
- 322 w. OSHA Standard Threshold Shift (OSTS) – An increase of 10 dB or more in the average of an
323 individual’s audibility threshold values at the frequencies 2000, 3000, and 4000 Hz, in either
324 ear, from the baseline audiogram to the current audiogram.
325
- 326 x. Peak Noise Level – The highest instantaneous sound pressure level recorded during a
327 measurement interval. Peak measurements are independent of noise dosimeter settings for
328 response rate or weighting. According to [29 CFR 1910.95](#), unprotected employees and
329 associates may not be exposed to peak noise levels greater than 140 dBC.
330
- 331 y. Potential Noise Hazard – Sound within the audible frequency range heard by the human ear
332 (20 – 20000 Hertz) that makes it difficult to have a conversation with someone three feet
333 away, or has resulted in a complaint by one or more employees and associates, and to which
334 there is a reasonable likelihood that employees and associates could be exposed.
335
- 336 z. Sound-Level Meter – An instrument used to measure noise levels. A Type 1 sound-level
337 meter is used for precision measurements in the field, and a Type 2 sound level-meter is used
338 for general-purpose measurements.
339
- 340 aa. Sound Pressure – The root-mean-square instantaneous sound pressure at a point during a
341 given time interval.
342
- 343 bb. Sound Pressure Level (dB) – Ten times the logarithm to the base ten of the ratio of the time-
344 mean-square sound pressure, in a stated frequency band, to the square of the reference sound
345 pressure in gases of 20 μ Pa.
346
- 347 cc. Temporary Threshold Shift – A temporary shift in an ear’s audibility threshold possibly
348 caused by exposure to high-intensity acoustic stimuli. It also may be caused by the use of
349 aspirin or other drugs.
350
- 351 dd. Unprotected Employee – An employee not wearing hearing protection devices.
352
353

354 **8. ACRONYMS**

355 a. ACGIH – American Conference of Governmental Industrial Hygienists

356

357 b. ANSI – American National Standards Institute

358

359 c. CFR – Code of Federal Regulations

360

361 d. CIH – Certified Industrial Hygienist

362

363 e. CSP – Certified Safety Professional

364

365 f. HPD – Hearing Protection Device

366

367 g. HPP – Hearing Protection Program

368

369 h. NIOSH – National Institute of Occupational Safety and Health

370

371 i. NIST – National Institute of Standards and Technology

372

373 j. NSTS – NIOSH Significant Threshold Shift

374

375 k. OSHE – Office of Safety, Health, and Environment

376

377 l. OU – Organizational Unit

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379 m. STS – Standard Threshold Shift

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381

382 **9. ROLES AND RESPONSIBILITIES**

383 a. Employees and Associates Engaged in Activities that Could Result in Their Receiving Noise
384 Doses that Equal or Exceed 100%:

385

386 (1) If a concern arises regarding potential noise hazards in an already ongoing activity,
387 schedule a consultation with a competent person as soon as possible to determine if noise
388 doses could equal or exceed 100%;

389

390 (2) If the hazard review of a new activity identifies potential noise hazards, schedule a
391 consultation with a competent person to determine if noise doses could equal or exceed
392 100%;

393

- 394 (3) If the hazard review of a change in an existing activity identifies new noise hazards or
395 potential increases in previously identified noise hazards, schedule a consultation with a
396 competent person to reevaluate potential noise doses;
397
- 398 (4) Inform Official First-Level Supervisors of any consultations scheduled with competent
399 persons and of the results of those consultations;
400
- 401 (5) If consultation with a competent person indicates that noise dose could equal or exceed
402 100%, arrange for a competent person to conduct noise monitoring to determine the noise
403 dose;
404
- 405 (6) If the noise dose equals or exceeds 100%, implement feasible engineering or
406 administrative controls (such as noise-attenuating devices, worker relocation and reduced
407 exposure times) in an effort to reduce noise doses to less than 100%;
408
- 409 (7) If feasible engineering and administrative controls fail to reduce noise doses to less than
410 100%, use HPDs identified by a competent person to reduce noise doses to less than
411 100%; and
412
- 413 (8) Ensure that the results of hazard assessments, i.e., the results of consultations, including
414 the results of sound-level-meter screening surveys, noise monitoring, identified
415 engineering and administrative controls, and required HPDs, are noted, referenced, or
416 included as part of the activity-hazard-documentation.
417
- 418 b. Employees and Associates Required to Wear HPDs to Reduce Noise Doses to Less than
419 100% (in addition to the responsibilities of above):
420
- 421 (1) Use their HPDs in accordance with the requirements of the activity hazard review and
422 their training on HPD fit, use, and care;
423
- 424 (2) Participate in audiometric testing as specified in Section 9f;
425
- 426 (3) Complete the annual training provided by OSHE on the NIST HPP;
427
- 428 (4) Upon being notified by the Health Unit that they have suffered a NSTS, strongly consider
429 completing the retraining provided by OSHE on the NIST HPP, including refitting of
430 their HPDs, or complete this training if it is assigned to them by their official first-level
431 supervisors; and
432

- 433 (5) Upon being notified by the Health Unit that they have suffered an OSTs, complete the
434 retraining provided by OSHE on the NIST HPP, including refitting of their HPDs.
435
- 436 c. Official First-Level Supervisors of Any of the Above Employees and Associates:
437
- 438 (1) Ensure that competent persons from outside of OSHE engaged by the OU to conduct
439 hazard assessments and specify HPDs understand the responsibilities delineated below
440 for competent persons;
441
- 442 (2) Provide the results of hazard assessments resulting in employees and associates being
443 required to use HPDs to all such affected employees and associates, the OSHE Hearing
444 Program Protection Manager, and the Health Unit for inclusion in employee medical
445 files;
446
- 447 (3) Ensure that the results of hazard assessments are noted, referenced, or included as part of
448 the activity-hazard-review documentation;
449
- 450 (4) Make electronic or hard copies of this suborder and of [29 CFR 1910.95](#) available to
451 those employees and associates who are required to wear HPDs, or their representatives;
452
- 453 (5) Provide affected employees and associates with HPDs identified by competent persons
454 as providing sufficient noise attenuation, at no cost to affected employees and
455 associates;
456
- 457 (6) Provide affected employees and associates the opportunity to select HPDs from a variety
458 of suitable HPDs;
459
- 460 (7) Assign training to affected employees and associates in accordance with the
461 requirements in Section 6h;
462
- 463 (8) When employees and associates they supervise are required to wear HPDs, complete the
464 one-time only training provided by OSHE on the NIST HPP;
465
- 466 (9) Make training records available to affected employees and associates upon request;
467
- 468 (10) Ensure that hazard signage meeting the requirements of Section 9j is posted at entrances
469 to areas in which administrative controls or HPDs are required; And
470
- 471 (11) Upon being notified by the Health Unit that employees and associates they supervise
472 have suffered workplace-noise-induced OSTs, ensure that all applicable activity hazard

473 reviews are re-reviewed in accordance with the requirements of the Hazard Review
474 suborder, and, as part of the re-reviews, that consultations with competent persons are
475 scheduled to re-evaluate the noise exposures of affected employees and associates.
476

477 d. Employees and Associates Exposed to Nuisance Noise:

478
479 (1) Strongly consider completing the one-time-only training prescribed by OSHE on the
480 NIST HPP.

481

482 e. OSHE Hearing Protection Program Manager:

483

484 (1) Ensure that training provided by OSHE on the HPP is available and includes, at a
485 minimum:

486

487 (a) An overview of the NIST HPP;

488

489 (b) Physical and psychological effects of noise and hearing loss;

490

491 (c) Recognition of noise hazards;

492

493 (d) Noise control principles:

494

495 i. Engineering controls;

496

497 ii. Administrative controls, including hazard signage; and

498

499 iii. HPDs, including selection, fit, use, and care; and

500

501 (e) Overview of audiometric-testing requirements;

502

503 (2) Ensure that training provided by OSHE on the HPP is documented in NIST's electronic
504 safety training application;

505

506 (3) Ensure that non-web-based training provided by OSHE on the HPP and completed by
507 affected employees and associates is recorded in NIST's electronic safety training
508 application;

509

510 (4) Ensure that all OSHA-recordable OSTs are recorded on the OSHA 300 log maintained
511 by OSHE in accordance with the requirements of [29 CFR 1904.10](#), Recording of Cases
512 Involving Occupational Hearing Loss; and

513 (5) Assist NIST staff in the development of signage that complies with the requirements of
514 this suborder and the NIST Hazard Signage Program.

515
516 f. Competent Persons:
517

518 (1) Consult with potentially affected employees and associates to determine if noise doses
519 could equal or exceed 100%;

520
521 (2) When it has been determined that noise doses could equal or exceed 100%, conduct noise
522 monitoring, document the results in writing, and provide those results to the employee
523 who scheduled the assessment and his or her Official First-Level Supervisor;

524
525 (3) When conducting noise monitoring, inform affected employees and associates in areas
526 being monitored, along with any designated employee representatives, of the purpose of
527 the noise monitoring and provide them with the opportunity to observe noise-monitoring
528 activities;

529
530 (4) When employees and associates are required to wear HPDs to reduce noise doses to less
531 than 100%, specify the necessary protection in accordance with [29 CFR 1910.95](#),
532 [Appendix B](#): "Methods for Estimating the Adequacy of Hearing Protection Attenuation";

533
534 (5) Recommend a variety of suitable HPDs for selection and proper fit; and

535
536 (6) If noise monitoring identifies a potential noise hazard or a potential increase in a
537 previously identified noise hazard, work with affected employees and associates to ensure
538 that noise doses do not equal or exceed 100%;

539
540 (7) Ensure that:

541
542 (a) Noise screening and octave-band analysis is conducted using ANSI Type 1 or Type 2
543 sound-level meters;

544
545 (b) Noise monitoring is conducted using ANSI Type 2 noise dosimeters;

546
547 (c) Noise dosimeters used for noise monitoring integrate all sound levels between 80
548 dBA and 130 dBA and measure peak sound levels up to and including 140 dB; and

549 (d) Sound-level meters and noise dosimeters are calibrated at least annually and
550 according to manufacturers' specifications; and

551

552 (8) Re-evaluate the noise exposures of employees and associates who have suffered
553 workplace-noise-induced OSTSs.

554

555 g. Each Health Unit:

556

557 (1) Maintain an audiometric testing program in accordance with 29 CFR 1910.95(g),
558 Audiometric Testing Program;¹⁰

559

560 (a) Notify employees and associates that during the 14-hour period immediately
561 preceding a baseline or repeat annual audiometric examination, they must avoid
562 exposure to workplace noise at levels above 80 dBA and should avoid exposure to
563 non-workplace noise at levels above 80 dBA;

564

565 (2) Conduct audiometric tests in accordance with 29 CFR 1910.95(h), Audiometric Test
566 Requirements;

567

568 (3) Determine whether NSTSs and OSTSs have occurred, and upon determining that they
569 have, notify affected employees and associates, affected employees' and associates'
570 Official First-Level Supervisors, OU Safety Coordinators, and the OSHE Hearing
571 Protection Program Manager in writing within 21 days;

572

573 (4) Upon determining that OSTSs have occurred, arrange for audiological evaluations as
574 necessary to assist in determining whether the OSTSs are workplace-noise induced;

575

576 (5) Upon determining that OSTSs are workplace-noise induced, notify affected employees
577 and associates, affected employees and associates' Official First-Level Supervisors, OU
578 Safety Coordinators, and the OSHE Hearing Protection Program Manager; and

579

580 (6) Maintain audiometric test records in accordance with 29 CFR 1910.95(m),
581 Recordkeeping.

582

583

584 **10. AUTHORITIES**

585 There are no authorities specific to this suborder alone.

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¹⁰ NIST does not use age correction to attempt to differentiate between hearing losses caused by age-related factors and those caused by noise exposures.

589 **11. DIRECTIVE OWNER**

590 Chief Safety Officer

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593 **12. APPENDICES**

594 a. Appendix A. Revision History

595 b. Appendix B. Hazard Signage



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Appendix A. Revision History

Revision	Date	Responsible Person	Description of Change
0	03/20/2014	Amber Carlberg	None – Initial suborder approval
1	02/06/2015	Richard Kayser	<ol style="list-style-type: none">1. Addition of Revision History in Appendices.2. Revisions throughout to include NIST associates.3. Addition of NIOSH Significant Threshold Shift.4. Inclusion of statement that it is NIST policy not to use age-correction factors.5. Addition of audiological evaluations to assist in making determinations of work-relatedness.
2	01/07/2021	April Camenisch	Updated suborder links.

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 WARNING	
NOISE HAZARD	
EXCEEDS REGULATORY NOISE LIMITS DURING EQUIPMENT OPERATION	
CAN CAUSE NOISE-INDUCED HEARING LOSS	
DO NOT EXCEED 2 HOURS IN ROOM DURING EQUIPMENT OPERATION	
WEAR EAR PROTECTION	
MINIMUM NOISE REDUCTION RATING (NRR) REQUIRED FOR DUAL EAR PROTECTION: EAR PLUGS (NRR 33), EAR MUFFS (NRR 28)	